

ARIZONACROSS COUNTRY™

2022 Dave Murray INVITATIONAL

TUCSON COUNTRY CLUB

Tucson, Arizona

UA/ASU/UTEP/NEW MEXICO ST./GCU

FRIDAY, Sept. 30th, 2022

7:00 AM	Women	6k
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7:45 AM	Men	8k
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MEET INFORMATION

IMPORTANT INFORMATION AND DEADLINES:

TUESDAY SEPT. 27TH 2022 | ENTRY DEADLINE | 5:00PM

Entries must be submitted on Direct Athletics between Thursday, Sept. 1, 2022 and Tuesday, Sept. 27th 2022 by 5:00pm PST. You may edit and update your entries online any time before the entry deadline.

Teams: University of Arizona, Arizona State, UTEP, SDSU, and NMSU, GCU

Entry fees: There will be an entry fee of \$300 per team \$600 for Men and Women.

Entry Restrictions: You can only enter a maximum of 10 athletes/gender.

Payment: You must pay your team or individual entry fee online when you register.

Unattached/Open/Club Athlete Entries:

There will be a \$20 per individual athlete entry fee paid online through DirectAthletics.com. All unattached athletes are required to complete an assumption of risk and COVID-19 screening form and release from liability form prior to competing. This form will be available at the check-in table the day of competition.

MEET DIRECTOR: ALL MEET-RELATED COMMUNICATION SHOULD BE DIRECTED TO THE DIRECTOR OF OPERATIONS HEATHER FRUSHOUR HFRUSHOUR@ARIZONA.EDU

MEET REFEREE: Jerry Price-Please direct any questions to Jerry who will be on the course and at the finish line.

COUNTRY CLUB & COURSE ADDRESS: 2950 N Camino Principal, Tucson, AZ 85715

Course Inspection:

The course will be available for inspection from 5:00PM-6:00PM on Thursday, Sept. 29th. PLEASE DO NOT RUN ON THE COURSE BEFORE THIS SCHEDULED TIME!!!! The team entrance gate will open at 5:00pm for packet pickup and team setup. Entrance to the course is located in Tucson Country Club Estates and you will be let in at the at the main gate and then drive to the clubhouse and park in the team area or utilize the bus drop off area and then park the bus in the designated areas.

Bib Numbers:

Bib Numbers are to be worn on the front of the uniforms. Each bib will have a disposable chip adhered to the back. Please double check to make sure this is intact before race time. Packets will include a sheet that needs to list all athletes that do not complete the race, this should be turned into the timing company or meet director immediately following each competition.

Timing:

Finished Results Professional Timing Company will do all timing for the Dave Murray Invitational. Accepted entries and final results will be



posted on www.finishedresults.com as well as on our website www.arizonawildcats.com. Finished results will also provide a live results link where results will be posted during the competition, as well as a live results App (free download on App Store) and final results to be followed during the competition.

Post-meet results will be posted on our website www.arizonawildcats.com and on www.directathletics.com. Please contact Finished Results for meet entry questions or concerns:

Parking: Spectator parking lot immediately upon arriving at course/First come first serve. Team parking in the team area or utilize the bus drop off area and then park the bus in the designated areas.

Restrooms: There will be restrooms in the Clubhouse to utilize as well as Portable Bathrooms near the Start/Finish line.

Medical Staff & Athletic Trainers: The University of Arizona athletic trainers will set up over by the Start/Finish line. Your athletic trainers can set-up near your team tent. Emergency Medical Services Please contact Lukas Passalacqua with any questions: lpassalacqua@arizona.edu or (360) 631-4819.

ADDITIONAL MEET GUIDELINES & SAFETY SUGGESTIONS:

Prior to Meet Day:

Teams should consider scratching or leaving at home any student-athlete, coach or team personnel who in the previous 72 hours have exhibited any of these symptoms:

- Temperature of 100.4 degrees or higher
- Repeated shaking or chills
- Persistent cough, that is new or different than normal
- Shortness of breath not associated with pre-existing conditions such as asthma
- New loss of smell or taste
- Diarrhea, upset stomach or nausea
- Muscle or body aches not associated with physical workouts
- Sore throat
- Headache that is different than normal
- Congestion or runny nose, not associated with pre-existing conditions such as allergies

Upon Arrival:

- COVID-19 daily wellness symptom screening should be done by your staff before coming on UA campus/Course
- Face Coverings are encouraged indoors in group gatherings.
- Athletes and Coaches should provide their own water and water bottles. Water/Cups will be available at the finish line for athletes only

Team Tent Area:

Teams may bring their own tents, but an area will be designated for each team. Appropriate **physical** distancing is encouraged. The tent area is only for athletes, coaches or team personnel. Teams will get ready (put on spikes, remove sweats etc.) in their designated areas prior to reporting to the start line. Team tent area will be marked.

Starting Area and Race Start:

The starting area will be marked with wide boxes for teams. There will be two rows of athletes in each box, distanced as much as possible.

Runners can choose to wear their face covering to race but will not be required to do so. There will be a trash bin (can) for athletes to put their disposable mask right before the start. (If the athlete has a special mask, they must carry it with them or have team personnel take the mask). The starter will give 3 separate calls- first call 10 min prior, second call 5 minutes prior, third and final call 2 minutes prior. Teams will report to the start line after the third call. Pre-race strides should be done prior to final call. There will be no stride-outs after final call.

Finish Line:

The finish line will be wider than normal to allow runners to spread out as they finish. There will be no finish corrals. Runners that fall will not be assisted up by meet officials but can be assisted by their own teammates and/or coaches. Only if deemed an emergency will the host AT step in. Only competing athletes, coaches and approved health care professionals will be allowed in the finish area. After finishing, runners are asked to get somewhere out of the area that is socially distanced. Other team members will not be allowed to crowd together at the finish line.

Meet Officials:

Requirements for race officials:

Self-Screen for your own wellness before arriving the day of the meet and report to Nippy Feldhake if you need to report any symptoms that will keep you from attending.

It is suggested that you wear a face covering and practice physical distancing.

Spectators:

This is a non-ticketed event and spectators are allowed to come to the event but will be asked to follow social distancing and meet protocols.

Sanitation:

Hand washing stations and hand sanitizer will be available for use (1 near the participant restrooms and near water station.)



Arizona Cross Country Course

Tucson Country Club

Men's 8k Map



Arizona Cross Country Course

Tucson Country Club

Women's 6k Map



Race Bib Instructions

INSPECT your Team Packet

- Confirm you have the correct team roster, and the matching bibs
- If you notice anything missing/incorrect, please notify meet management, before you leave the pickup area

DISTRIBUTE your BIBS to your competing athletes

- All competing athletes **MUST** wear their assigned Bib as listed on your Team Roster
- Athletes that are not registered should not use someone else's bib. Failure to follow these instructions will result in inaccurate results

PROPERLY ATTACH the bibs for each athlete (see picture)

- Race bibs should be placed up-right on the torso, between the chest and stomach
- Be sure each athlete uses 4 safety pins to securely affix their bib
- **DO NOT FOLD OR DAMAGE BIBS**



RACE BIBS - POST EVENT

- Please return any unused bibs and safety pins to the timer so they can be recycled or used at another event
- Athletes may keep their race bib as a souvenir or discard them in the proper recycling