ARIZONA STATE CROSS COUNTRY

2016 ARIZONA STATE XC INVITATIONAL

FRIDAY, OCTOBER 21, 2016

WOMEN - 4:20 PM - 3 MILES MEN - 5:00 PM - 4 MILES



MEET INFORMATION



ARIZONA STATE XC INVITATIONAL OCTOBER **21, 2016**PAPAGO GOLF COURSE, PHOENIX, AZ



<u>WHERE TO ENTER</u>: Teams and individuals wanting to compete <u>must</u> register online at <u>www.directathletics.com</u>. Entries only will be accepted online via Direct Athletics. Questions regarding entering athletes on the DirectAthletics.com web site should be sent to <u>support@directathletics.com</u>. Entries must be submitted by 5pm (PT) on Tuesday, October 18, 2015. These entries will be considered FINAL. Entries will be open on October 1, 2015 at 10:00am (PT).

INDIVIDUAL ENTRY (PROFESSIONAL, POST-COLLEGIATE, CLUB OR UNATTACHED): If you are an

individual that would like to compete in this meet you must email the Meet Director, Jeremy Rasmussen (jeremy.rasmussen@asu.edu), to discuss possible entry and final approval. Entries must include a link to the PROOF OF PERFORMANCE within the last two years in order to be considered (2013-2015 Cross Country Marks). Approved entrants will be given the go ahead to enter into the meet and complete online entry. All individual athletes MUST PAY their entry fee BEFORE the race and all payments are FINAL.

ASU STUDENTS: Arizona State students (with valid ASU student ID) will be able to compete for no entry fee at all Arizona State home meets. ASU students wishing to enter into a meet must do so by emailing Jeremy Rasmussen (jeremy.rasmussen@asu.edu) with seed mark(s) (DO NOT ATTEMPT TO ENTER ONLINE).

MEET ENTRY FEE:

- Meet costs this year are \$150 per team (6 or more athletes in uniform) per gender.
- A team bringing men and women would be \$300 (\$150 for the men, \$150 for the women).
- Individual/unattached athlete (required to get an approval from meet director) costs are \$25.
- Meet entry closes at 5pm on October, 18th on directathletics.com.
- Entry fees must be paid in full BEFORE the start of competition or that team/individual will be scratched.
- ASU Students will be able to enter for free (must have valid ASU ID) as long as entry deadline is met.

COURSE INSPECTION TIME: The course will be available at a time TBD on Friday, October 21rd. PLEASE DO NOT RUN ON THE COURSE BEFORE THIS SCHEDULED TIME!!!!!! If you arrive early please make sure you stay in the parking lot of the golf course until the allowed time. You will be able to set up team camp starting at 2:00pm. A map of all important areas of the course will be emailed out 1 week prior to the event.

RACE INFORMATION: Each racer will be required to wear a bib number on the front of their uniform. Each bib number will have a tear tag attached and this is not to be removed. It will be torn off after each runner has entered the finish chute after crossing the finish line. All racers are to at the start line 15 minutes prior to the start of the race. **NO SPIKES ARE ALLOWED ON THE COURSE (RACING FLATS, WAFFLES OR XC RACING SHOES (ex. Adidas XCs) WITHOUT THE SPIKES IN BOTTOM) WILL BE ALLOWED!**

PARKING: Parking will be onsite at the Papago Golf Course parking lot. This will be used for both the teams and spectators. (Papago's address is – 5595 E Moreland St, Phoenix, AZ 85008)

CONTACT INFORMATION: Meet Director – Jeremy Rasmussen – jeremy.rasmussen@asu.edu – 480-727-0578

Athletic Trainer – Toshi Hirano – 402-617-7311

Sports Information – Mitch Terrell – mitchell.terrell@asu.edu – 602-989-2296



ARIZONA STATE XC INVITATIONAL

COURSE MAP



