

...NOT IN THISDAY STYLE? THEN YOU'RE NOT IN STYLE

SUNDAY, OCTOBER 10, 2021

THIS DAY

Sty

KUNLE  
AFOLAYAN

FILMMAKER AND CRUSADER

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# COVER

Swallow, a Netflix film, scripted from a book written by Sefi Attah, is a movie that recreates the 1980s in Nigeria when the country's government declared zero tolerance for indiscipline. The film has a theme on drug trafficking as a build-up to self-discovery. The movie also highlights negative persuasion as a threat to morality, as seen in the case of Rose and Tolani Ajao. **AZUKA OGUJIUBA** reports

Photography : @Oluwatobbie@gmail.com  
Makeup : @mikka\_glam | Outfits: @kunleao

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## THISDAY STYLE

FASHION DIRECTOR/EXECUTIVE EDITOR  
RUTH OSIME 08111847085

EDITOR PRINT  
OLUFUNKE BABS-KUFEJI 08111847086

EDITOR DIGITAL  
KONYE NWABOGOR 08111847087

SENIOR ART DESIGNER  
MATHIAS ARCHIBONG 07054965500

CONTRIBUTORS  
ISIOMA USIADE

GUEST CORRESPONDENTS  
AZUKA OGUJIUBA  
ZINA ANUMUDU  
JOANNA MACGREGOR  
SEYI ALAWODE

PHOTOGRAPHER  
TY BELLO

DIRECTOR, PRINT PRODUCTION  
CHUKSONWUDINJO 08077092196



If there is one industry that is growing in leaps and bounds in this economy, it's the creative industry. Many stories are being told about our history, culture and social issues and it is most pleasing to know that the world is listening and watching.

Our cover personality this week, KUNLE AFOLAYAN is one of Nigeria's best storytellers as his films always have a message. His latest movie *Swallow* is an adaptation from Sefi Atta's book, about drug-trafficking in the 80s. A must watch in comparison to how far Nigeria has come over the period.

Going to the cinema is also fast become a trend as everyone is quick to jump on the bandwagon once a movie is released. There's nothing quite like a huge box of popcorn and watching a movie with good content.

Most times when you do go out to watch these movies, comfort dressing is also key. No need to wear something you have to spend all night adjusting. *SHORT IT UP* reveals several pairs of shorts that are very comfortable to wear on movie nights out. The good thing is that they come in different lengths and fit so there is at least one or two pairs you can try out to suit your style. And if you are not into shorts, *BAGGY JEANS IS BACK* provides a much more comfortable alternative without exposing as much skin. Raid your boyfriend/partner's wardrobe to achieve this look because it's nice if the Jeans are slightly baggy. They have a cool sexy and confident vibe. A somewhat androgynous look where even though everything hangs loose, the sex appeal still remains high on the thermometer!

Ruth

FASHION DIRECTOR/EXECUTIVE EDITOR

Instagram: @thisdaystyle | Twitter: @thisdaystyleon | Instagram: @thisdaystyle |  
Website: www.thisdaystyle.ng

# Bold

## Conversations

by Veuve Clicquot



On the 23rd of September 2021, Bold by Veuve Clicquot hosted the inaugural edition of Bold Conversations; a platform that brought together phenomenal business leaders to discuss key findings from the first International Women's Barometer study on the state of female entrepreneurship in Nigeria.

Bold Conversations by Veuve Clicquot provided an opportunity for women to engage, network, discuss and proffer solutions on the state of female entrepreneurship in Nigeria.

For more information, on Bold Conversations by Veuve Clicquot, please visit <https://www.veuvecliquot.com/en-int/bold-conversations-nigeria>

See photos below



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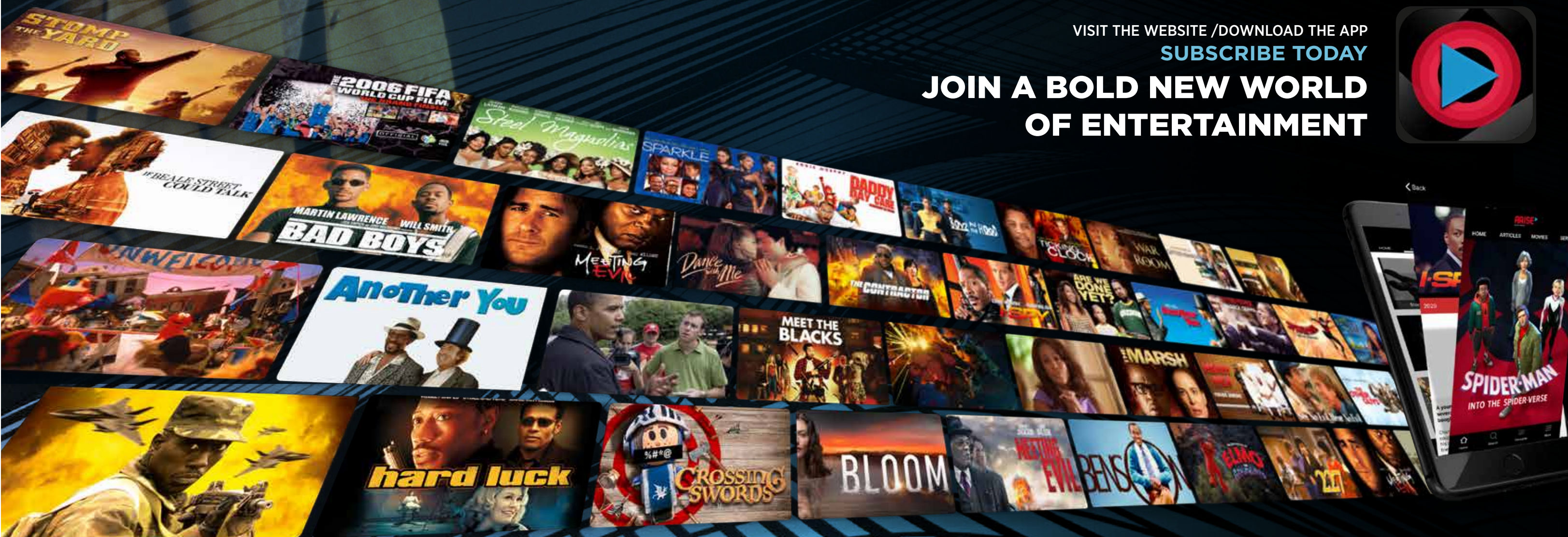


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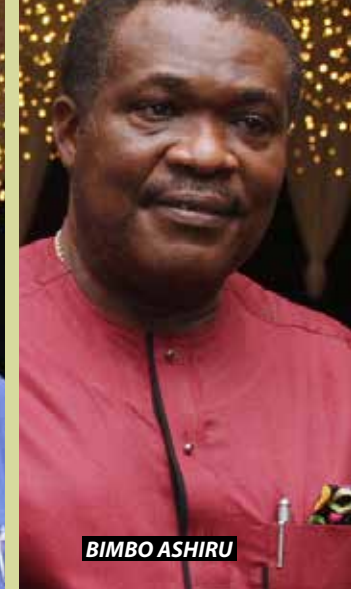
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MR & MRS FOLABI FASANMI



ADESUWA & FAFAA DAN PRINCEWILL



## Efe Egbarin-Davis at 60!

The children of Efe Egbarin-Davis, at a high octane event held at Louis Solomon, Garden in Victoria Island, threw their mum a party to celebrate her 60th birthday. The event was well attended by the family and friends of the celebrant, who came from far and wide to honour and celebrate with her on this milestone birthday. The venue was beautifully decorated by Naphtali event, and delicious meals were served by ace caterer Scotch Bonnet to the delight of the guests. The celebrant looked beautiful on her special day and was elated to see all those who turned out to celebrate her. It was indeed a splendid day for the guests and celebrant alike.

PHOTO CREDIT ABIODUN AJALA



EFE EGBARIN-DAVIS



HAMRA OBAIGBENA, CHIBUZOR ETEBEFIA & EFE OBAIGBENA



EKA & KENIM OBAIGBENA



ELVIS EGBARIN



OLOGUN OSKAR IBRU



SIR STEVE & MOJISOLA OMOJAFOR



MOFE & DOROTHY ATAKE



# 5 TRENDY FASHIONABLE FABRICS

Fashionable clothing does not only rely on the style and cut, but Fabrics are also essential to ensure comfort, fit, flexibility and match. The fabric and texture of a piece of clothing can elevate and add interest to even the simplest of basics and add an Insta-worthy touch to your ensembles. So what fabrics are trending now that we recommend investing in? We look to the runway to see what fabrics are dominating the fashion space right now.

BY ISIOMA USIADE



MODEL IN SELAM FESSAHAYE

## LEATHER

Leather is a time-less fabric that is most well known for being used on jackets. However, recently leather has transitted from jackets only to other clothing items like pants, skirts, and more! Leather is lush and makes anything look high end and expensive.



MODEL FOR MAI ATAFO

## VELVET

Velvet is the most luxurious fabric there is! It is a fabric that has been used throughout history for royals and the rich. Thankfully, the material is for everyone nowadays and is found on a wide range of clothing items. Velvet's high praise is because it is incredibly soft, the texture is smooth and feels good on the skin.



MODEL FOR ONALAJA

## METALLIC

Metallic fabric is excellent for making a statement. It is bright, shiny and reflective and is the perfect material for special occasions. If you want to make an entrance, walk into a room wearing metallic, you will make heads turn. And if you don't want to make as big an entrance, you can try accessorising with metallics. It is a more subtle way to incorporate the fabric into your style but still brings a stunning pop of shine and playfulness to any look.



MODEL FOR TURFAH

## SHEER MESH

Mesh is another trendy fabric, and many designers are adopting this fabric in their collections. It is super sexy and what's better is that it looks great and feels great on the skin. It is super lightweight, provocative and adds a playful feel to any piece of clothing.



SHARON OOLA

## SILK

Silk is both comfortable and chic. It is super lightweight and makes for very comfortable clothing. Silk makes any piece of clothing look expensive and has superb insulation. Having a few pieces of silk clothing is a must for a comfortable yet elegant look.

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# LOOK FOR LESS

If you've been lusting after a pricey pair of designer shoes, you may want to take to the high street - to bag one of these look-alike versions. Scores of high street stores have all been taking inspiration from designer fashion shows offering similar looks for a fraction of the price that won't break the bank. From stiletto heels to trainers, cute pumps to mules, these are some of the best look-alikes out there to cup right now.



Mules are hot right now, and the JW Anderson chain loafer mule is a big hit for the fashion IT crew. To purchase one, you will need to fork out over two hundred thousand naira to own a pair, but with the Cape Robin look-alike to the rescue, you can have this comfy mule in every colour and still not break the bank.



Ego has a history of impressive dupes of designer shoes, and this block heel mule, costing just N30,000, is no different.

The mule is loved by many, and they are dead-ringer for a The Attico Devon pair, priced at an eye-watering N430,000



It's another triumph from Steve Madden, who has a knack for imitating many high-end shoes with the Margie Dad sandals.

They're very similar to Chanel's best selling Quilted Dad Sandals, which retail for a whopping N1,500,000.



The fashion IT crowd have gone into a frenzy over Amina Muaddi Plexi phoenix slingback pumps, and even we can get enough of these delicate comfy beauts.

If these delicate, pretty pumps are already making you swoon, you can purchase the POG dupes for only fifteen thousand naira.



Ego has a history of impressive dupes of designer shoes, and this block heel mule, costing just N30,000, is no different.

The mule is loved by many, and they are dead-ringer for a The Attico Devon pair, priced at an eye-watering N430,000



The Michael Kors Sadlers are a total steal at only N70,000, which is a whole deal in comparison to the Christian Dior Dway which cost N452,000



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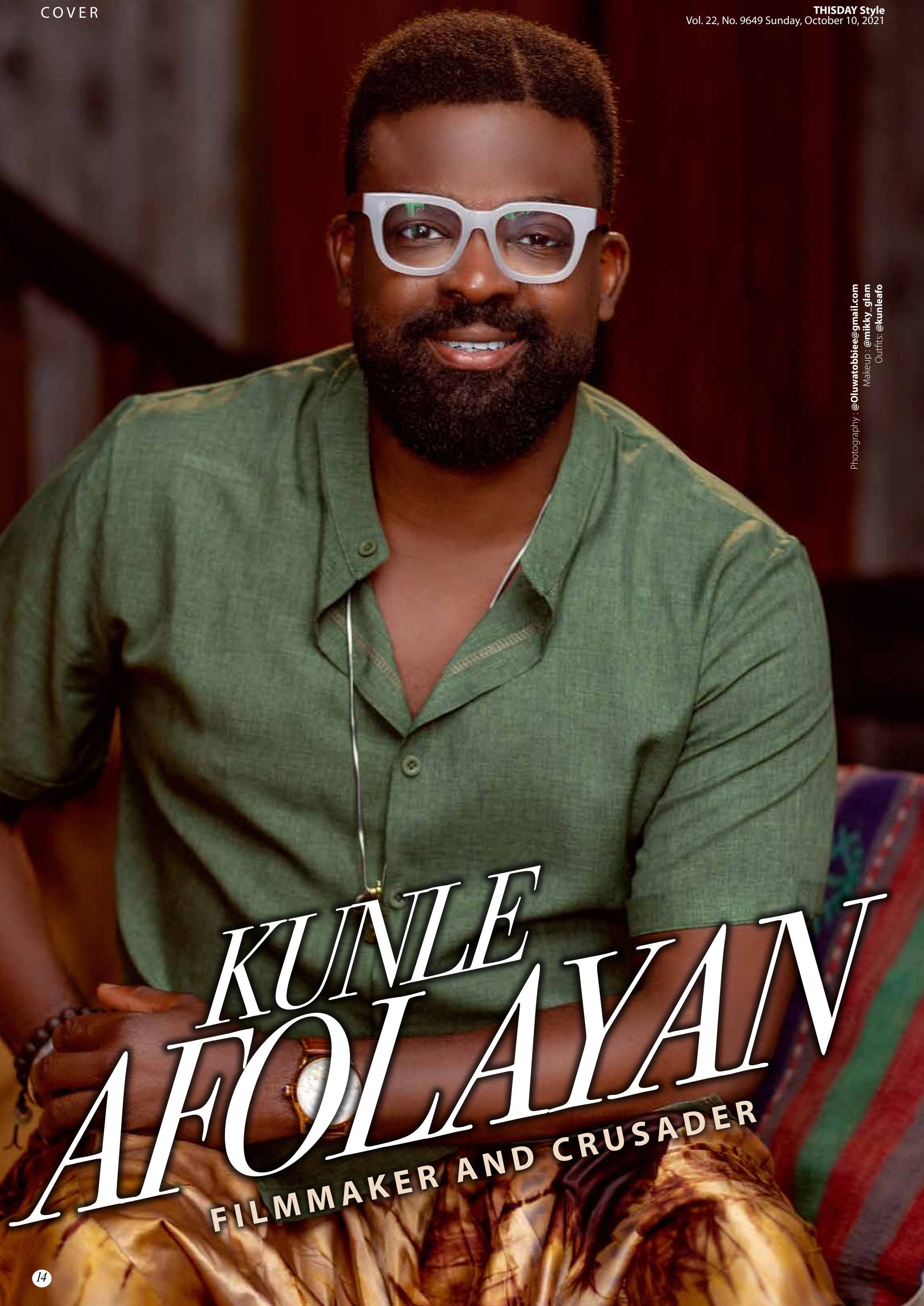


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Makeup: @miky\_glam  
Outfits: @kunleleo

# KUNLE AFOLAYAN

## FILMMAKER AND CRUSADER

*When the name Kunle Afolayan is mentioned, what comes into mind is the quality and depth of his movies. Over time, the consistency of his delivery has remained excellent. In his recent movie Swallow, Kunle Afolayan again re-echoes what he is known for; digging up history, dwelling on social issues not to mention his emotive and educating movies.*

*Swallow, a Netflix film, scripted from a book written by Sefi Attah, is a movie that recreates the 1980s in Nigeria when the country's government declared zero tolerance for indiscipline. The film has a theme on drug trafficking as a build-up to self-discovery. The movie also highlights negative persuasion as a threat to morality, as seen in the case of Rose and Tolani Ajao.*

*In this interview with AZUKA OGUJUBA, the Movie Producer/ Director talks about the process of making the movie, the casting, why and how he selected his actors, and so much more.*

### What inspired you to make the movie Swallow?

I think Swallow is a remarkable film because of the subject matter which is one of the things that got decadent in the society. It's not just a film about entertainment, it is a film that addresses social issues and things that need to be addressed, for me, it quite a special film.

### Why was it vital for you to make the book Swallow into a film?

It is important to adapt Sefi Atta's book into a film because for me, first of all, it captures a period that was very significant in the history of drug-trafficking in Nigeria in the 80's. A lot of young people these days, were not born then or were relatively young. But I am sure some of these people today might have tried to do the same at some point or are trying to do so now probably. So I feel the film is one of the tools that can be used as a corrective measure to prevent that and also to enlighten and caution people.

If you look all the films we have made in Golden Effects and KAP motion pictures, we always give more than entertainment, we give lessons to learn. We send a message. Hence, our films are quite educative and informative but at the same time entertaining.

### Q: How did yourself and Sefi Atta come to terms with adapting her book to a movie?

Sefi Atta is one of the recognized and brilliant writers we have in Nigeria. I had never read any of her books until someone recommended Swallow. At that time, I was discussing with Netflix. They asked that I pitch a project, so I started fishing for books I can make some adaption with. I read quite a number of her books, Swallow being one of them. After reading it, I got fascinated because firstly, the time period and secondly, the subject matter. I also liked her style of writing because it is very natural and easy to read. I visualized myself in Ebutte-metta in the '80s while reading the book, so I reached out to her. After we had exchange one or two pleasantries and E-mails, I got her number and reached out to her. She told me, "Remember, I came to you in 2010 that we should do something together. Anyway, here we are!" She agreed to the partnership. I must point out that it is also rare that the writer of the book works on the screenplay or the adaptation for the film. But in this case, I decided to involve her because I wanted to retain most of the dialogue and style in the book. We figured it was better if we both worked on the screenplay and it was a good collaboration.

### Any time one watches your movies, it is obvious you invest heavily on location shooting. Where did you shoot Swallow?

Let me even start from Citation, we shot Citation in 2019, and we were so lucky that as soon as we finished filming was when the pandemic began, so all the time there was a lockdown, we were used that opportunity to edit and do post-production for Citation. In January, we decided to shoot Swallow. At that time, the lockdown had eased to an extent, but we still needed to follow all the protocols and guidelines, precautions and all. Since we were already used to the rudiments of Covid, we decide to put all required measures in place. You can't do social distancing if you are filming, but everyone was wore face masks. We had sanitizers and medics on set throughout the shoot. We shot in Lagos

“  
*If you look at the films we have made in Golden Effects and KAP motion pictures, we always give more than entertainment, we give lessons to learn. We send a message. Hence, our films are quite educative and informative but at the same time entertaining*  
”



and partly in Abeokuta but predominantly in Lagos. It wasn't difficult to pull it off because we had become accustomed to the new reality

### You have a love for historical movies which also reflects in your dressing. Your sense of style tilts toward fashion of the 60s/70s. What is your fascination with periodic pieces?

Let me put it this way, I think different people have different styles, every time I see Alex Ekubo, he is always wearing black, and sometimes it is a form of identity. When he first started, he wanted to create a niche for himself. An identity of sorts if you like. For me, firstly, I don't do beyond myself. Secondly, it is not about how expensive a brand is, and more so, I am local. People's definition of being indigenous seems different. I am from Kwara and Oyo, and with the combination of the

two, I am a local sell.

I try to be as authentic as possible and more so, we have local talents we can sell as export, from fashion to your looks, your products and whatever you do. I have just tried to create my own identity and influence people to believe that what we have here can sustain us.

### How long does it take you to shoot the movies like Swallow?

We filmed for five weeks, pre-production was for five to six months before the shoot, post-production took another five months.

### You are a very good storyteller. What motivates you to continue to tell African stories?

I get inspired by the environment, life, people, the country, the culture, and all of that.

### What can you tell us about Netflix in Nigeria? To what extent do you think they are investing in Nigerian content?

I think Netflix is doing great because they are not only buying and acquiring content, they are also investing in the industry because they have supported some educational institutions. They have trained many Nigerians, even outside of Nigeria, to better their craft, so I think they are here for good.

### Do you see any of your kids following your footsteps in future?

If any of them want to do what I do, I will support it, but I can't force what I do on any of them; they can choose whatever path they want to take.

### Your father was a very respected actor, Movie Producer/Director. Do you have any plan to do a movie about his life in the future?

I will thank my father for leaving such a legacy. The thing about filmmakers and filmmaking is the fact that we don't die because our work will always be there as references. My father has done his bit, and we have managed to restore some of his films. In fact, some of them were shown recently, and we are still going to re-show them. We plan on doing a remake of his film, why not, but when the time comes. I am working on my first book. Of course, my father featured greatly in the book, so people will get to know more about him.

### When you are not at work, how do you relax?

Even relaxing for me is work. I watch many movies, hang around with friends, drink my whiskey, eat my Nkowi, smoke my cigar, and dance. I am a jolly good fellow.

### Are there still things you desire to do?

The thing is that things come to me, then I plan for it. For example on September 30, we are opened KAP Hub. This has always been a dream. It is a one-stop place for creatives to come. There is a film school, a restaurant and bar, KAP cinema that seats 120 capacity and a studio. These have always been things I wanted to do. To see people go in and out, learn, eat, be merry, and dance. We will also be doing live band and all of that. I have just achieved this dream. What is next is not up to me. It is up to whoever put things in my head, and that is God.



## WHAT PEOPLE ARE TALKING ABOUT;

# BIG BROTHER NAIJA **SEASON 6** "SHINE YA EYES" SHOW!

### STEAL A GLANCE...

October is starting with a big bang, especially in fashion. From the Independence Day themed celebrity fashion to the big brother reality show grand finale, it is clear that we're in for some distinctive style in this new month. Steal a glance from these fashionable reality TV stars.

BY USIADE ISIOMA



**MARIA CHIKE**

Another fresh face in the style department from the bbnaija season 6 house. She makes her debut on our looks to steal. In this floor-length deep cut side slit dress, she looks regal and royal. She accessorised with a gold clutch and high heeled strap sandals that give the extra oomph the outfit needs to

**QUEEN MERCY ATANG**

From her hair and makeup to her off-duty looks, the BBNaija housemate knows how to look good. Her outfit while in the house certainly delivered drama and sex appeal in spades.



**MICHAEL EBUKENGE**

Michael has a great style that makes him stand out from his counterpart. He continued to prove throughout the show that personal style can be fun and playful yet elegant at all times.



**SASKAY**

If you called her a real-life melanin Barbie, you wouldn't be wrong. Saskay looks stunning in this mini yellow dress with a cape. The colour gives her skin the pop she needs to stand out.



**PEACE OGOR**

Peace's style can be described as timeless and elegant, and it's mainly due to her willingness to play with silhouettes and push boundaries with fabrics and fits.



**JACKIE BENT**

Fresh out of the Big Brother Naija house and straight into our best-dressed list, Jackie B looks every inch a sexy chic in this dress, and her matching sandals and make up finishes off the look very nicely.



**NINI**

Nini never fails to dazzle. The reality TV star and model looks breathtaking and opulent in this black, glittery dress. Sultry, very Sultry.



**SAGA ADEOLU**

There's a big difference between dressing well and having style. Dressing well is something you can learn but style, is not only about clothes; it's also about attitude, innovation and boldness of which Saga exudes all.

**YUSEF GARBA**

Ex-Big Brother Naija season 6 housemate Yousef also makes a statement with his look to the grand finale looking dapper in a sleeveless suit. He paired it with some leather accessories and finished off the look with a hat.

**TOKE MAKINWA**

Leading event host Toke Makina is one of the hottest ladies on the block, and for good reasons. Other than having a perfect body and perfect skin to match, she also knows her fashion. This week, she stunned in a black dress by Xtrabrislagos for the bbnaija grand finale.

**EBUKA OBI UCHENDU**

Ebuke's sense of style is timeless, unique, and bold; he has thoroughly impressed us with his elegant and sharp style that could inspire any guy to step up his wardrobe game. His fashion was one of the reality show highlights that kept everyone looking forward to the fashion enthusiast look at every eviction show.



**PERE EGBI**  
(2ND RUNNER UP)



**Hazel Oyeze Onou aka WHITE-MONEY (WINNER)**



**Roseline Afije aka LIQUOROSE**  
(1ST RUNNER UP)

The biggest, most talked about Nigeria reality show, Big Brother Naija, just concluded another Season themed "Shine Ya Eye" on Sunday 3rd of October. The 11-week television reality show began on the 24 of July 2021 and featured 26 housemates over the course of the 'Shine Ya Eye' season. And after nine live eviction shows, Hazel Oyeze Onou AKA White Money, a 29-year-old businessman from Enugu state, emerged as the winner of Big Brother Naija Season 6 with a grand prize of ₦90 million, which included 30million cash prize, a car, a 2 bedroom house and more – finishing ahead of first runner-up Liquorose and second runner-up Pere.





DORCAS SHOLA FAPSON

ABISOLA KOLA DAISI

IDIA AISIEN

AMA GODSON

RE/DONE DENIM SHORTS

**BERMUDA SHORTS**  
The Bermuda short or trouser short isn't just for your modest mom these days it's a trend many designers and high street shops are embracing because of its versatility.

**DENIM SHORTS**  
Denim shorts are an all time classic and will never fade out of our wardrobes simply due to their effortless and easy-to-wear nature. When the temperatures rise, it's time to swap your favorite skinnies for your favorite denim cutoffs.

JOSEPH BERMUDA SHORTS

**BIKER SHORTS**  
The biker shorts trend shows no signs of slowing down as it made its way from the runways to the streets and into our wardrobes and hearts.

ADIDAS IVY PARY BIKER SHORTS

NIKE SHORTS

**ATHLETIC SHORTS**  
If you want to take the athleisure trend the extra mile, experiment with wearing athletic shorts outside of your workout class. Like biker shorts, you can pair them with unexpected items such as a blazer and heels.

**PAPERBAG WAIST SHORTS**  
A paperbag waist cut means the garment has a little extra fabric at the waist to give it that cinched "paper bag" look when belted. Typically worn high on the waist, the cut creates a very flattering, feminine silhouette. A cinched waist always adds shape to boxier garments.

ALEXANDRIAH SHO-SILVA

BRODIE PAPER WAIST SHORTS

# SHORT IT UP!

BY FUNKE BABS-KUFEJI

Shorts are undoubtedly a girl's favourite. They are a great way to handle heat and humidity without feeling constricted, and they work well even in the rains. Shorts are the perfect garment to add a slightly informal and care-free touch to any look, whether on vacation, at work, or simply going about daily life.

# THE SURVIVORS

By Dr. Kemi DaSilva-Ibru



Dear Reader,

Welcome to WARIF Survivor Stories Series, a monthly feature, where stories of survivors of rape and sexual violence are shared to motivate and encourage survivors to speak their truth without fear of judgement or stigmatization and to educate the public on the sheer magnitude of this problem in our society. The Women at Risk International Foundation (WARIF) is a non-profit organization set up in response to the extremely high incidence of rape, sexual violence and human trafficking of young girls and women in our society. WARIF is tackling this issue through a holistic approach which covers initiatives in health, education and community service.

## This is Ebonula's story-

My name is Ebonula, I am 22 years old and the only biological child of my parents. My parents are both civil servants who believe in hard work and dignity of labour. They are never known to cut corners or engage in sharp practices despite the high level of corruption and moral decadence in the society. Growing up for me was quite stressful because our home was known as the "Home of Masses" where we had many extended family members living with us per time, there's no time that we had less than 12 family members in my household. As such, my home was crowdy and noisy but I don't blame my mom because she was saddled with a lot of responsibilities. When my dad could not afford money for feeding, she stepped into the shoes of providing resources to meet the needs of the ever-increasing family members.

It all began when I turned 5, one of my so-called uncles who lived with us and was one of the most trusted and loyal members of the family would he would take me to his room most days after school. He would put me on his laps and finger me until he pour out a white substance, then he would tell me he loved me, beg me not to tell anyone and promise to buy me anything I wanted. He would buy me clothes, beautiful toys and fancy things to show that he cared for me and probably appease his conscience. My parents were happy that he cared for me and seemed to be concerned about my growth and development and so they did not suspect anything. I realized he was my dad's nephew and my dad trained him through the University. He resumed to manage my father's confectionery business after his university education and so he was always around. This abuse became so intense that once he came back from work, he would call me with the pretence to help with my homework and then violate me. Although, he tried to be gentle but I was always in so much pain. As I grew older, he started using his penis to fondle the tip of my vagina and try to push it in between my laps and I would cry for pain. Around 7 years of age, he succeeded and penetrated my vagina and while he would be moaning in pleasure, I would be screaming for pain. How I did not get pregnant is still surprising to me because I started my period at 9 years and I believe it was due to constant exposure to sex. This continued till he left my house to get married. For me, it was a rude shock as I was beginning to enjoy my sexual adventure with him. I noticed that I started pleasuring myself since there was no one to satisfy my sexual urges. I started masturbating at any slightest opportunity.

“

*I planned to kill myself so I choose my birthday to carry out my nefarious act. I was turning 20 with no plan for my life, it seemed everywhere I turned, I was subject to one form of sexual violence or the other so what was the point? I was about to gain admission into university and I already knew my fate so why bother.*

”

My second contact with sexual abuse began after my so-called uncle left and my parents employed a maid. She was in her mid-twenties and she started to make sexual advances at me when no one was around. This maid would call me into her room and remove her clothes and put her hands into her vagina and ask me to do same to her until she orgasms. She introduced me into using objects that is shaped as a penis to achieve sexual pleasure. We continued on this adventure of sexual satisfaction which I later got to know is lesbianism for 3 years until my parents asked her to leave for reasons they did not share with me. I refused to tell anyone because I was enjoying the attention these molesters were giving me as a young child meanwhile, my parents were too busy with the business of others rather than attending to their own child. All these adults who were molesting me were giving me the attention I was not getting from my parents so I did not see the need to report to my parents or anyone.

Fast forward to secondary school, one of my friends invited me to his house for a birthday party and raped me in one of the rooms. He threatened that if I told anyone, he would kill me so I remained silent. I felt so bitter and hurt and started performing below expectations. My perpetrator was in a higher class and was one of the coolest guys in my high school. When I realized that he wasn't sorry and was carrying on as if nothing happened, I approached him and begged to have a relationship with he so I could deal with him. He accepted and I realized it was a bad idea as it led to an extremely toxic situation. He would invite whenever he wanted to have sex and rape me endlessly to his satisfaction while I cried out in pain. At a point I felt I had endured enough that I was not going to heed his request when next he invited me but I was wrong because he worked hard on deflating my self-esteem. He would tell me that he was doing me a favour by sleeping with me that if I left him, I would never find anyone to love me and that he would not accept me back so I stayed put in the abusive relationship. The climax was when I found out I was pregnant I told him and in his usually cold manner he asked me to give him some time to think about it. The next time he called me, he told me to meet him up that he had found a place where the pregnancy will be terminated without even asking my opinion. I felt so useless and disappointed in myself but I had no choice but to comply. I cannot begin to tell you what happened in that process because I nearly lost my life. I lost so much blood after the process because his so-called

doctor was quack and he almost killed me. Anyway, I survived the terrible experience. This incident led me to begin to resent myself and question my existence. I have been exposed to so much pain, molestation and abuse from a tender age for no fault of mine. After that experience, I began to resent all men including my dad. I attributed all my pain to their existence and wish I could have the strength to repay them for everything I have been subjected to.

I planned to kill myself so I choose my birthday to carry out my nefarious act. I was turning 20 with no plan for my life, it seemed everywhere I turned, I was subject to one form of sexual violence or the other so what was the point? I was about to gain admission into university and I already knew my fate so why bother. I told my parents that I would spend the week with my cousin and celebrate my birthday with her. I didn't want to implement my plan in their home, I would wait for my cousin to go out and then drink the substance I had bought. I was surprised to see more of my cousins when I arrived at the house and they told me about all the interesting activities that were planned for my birthday, I could not believe it! They took me out to see many lovely places and within a short time, I began to feel warmth, genuine love and acceptance. I was bold enough to open up to my cousin Temilade and I told her all that I have been through from childhood and my plan to end my life. She patiently listened to my story and encouraged me to seek for professional help, saying that she too had a sexual assault experience.

We searched online for organizations that offer free support and came across WARIF, we called the number provided and explained my situation. The staff at the centre encouraged us to come over to the centre and that was my saving grace. Better put, the beginning of a new chapter in my life. I knew I had been battered mentally and emotionally and psychological and I needed help but I didn't know what type of help. At the WARIF Centre, my counselling sessions with the counsellor have been so impactful and very helpful. I was taught coping mechanisms to help deal with my emotions and I can confidently say am in place of hope, healing and peace. In short, I feel liberated. I do not feel like ending my life again because I see the light at the end of my ordeal. I was also exposed to the fact that there are many potentials am yet to achieve in life. I also look forward to becoming an advocate for the sexually violated in the society. Thank you so much WARIF for restoring hope and confidence in me.

Dear survivor, please know that you are not alone and it is not your fault. Help is available.

If you have been raped or you know someone who has, please visit us at The WARIF Centre - 6, Turton Street, off Thorburn Avenue, Sabo, Yaba or call our 24-hour confidential helpline on 08092100009. For questions or more information please contact: info@warifng.org

\*Real name of survivor changed for confidentiality





### Puffy sleeves & baggy jeans

Puffy sleeves are also a popular trend, blouses and shirts. And they look great with baggy jeans, because they balance out the wide legs with more volume on the arms. They are also a feminine look, so we keep our sex-appeal even if we are wearing heavy engineer's boots. **PRISCA**

### Tucked-in style

And if you don't like the cropped styles or can't afford to re-do your whole wardrobe, you'll be fine if you just wear the clothes you already have, but tucked-in at the waist! The tucked-in, all around the waistband look is another key to the high-waist, baggy jean style and contrasts with the oversized tee-shirt or sweater look. But the point is not to all wear the same, exact styling with your wide leg pants, but to pick and choose

what suits your budget and most of all your body-shape! **JARIATU DANITA**



### Printed T-shirts and baggy jeans

This is another area of fashion that has just exploded with new prints and designs to keep us looking and feeling fresh this year! They are the perfect type of tee-shirt to wear with your baggy jeans. Go for random designs that just appeal to you. **LISA FOLAWIYO**



### Baggy jeans platform shoes & boots

You can pair baggy jeans with a variety of shoes and boot styles, but chunky footwear is the best option for an overall contemporary vibe. Platform shoes in any footwear style will give you a good balance in proportions with baggy jeans. And if you're not very tall, the extra inches of a platform shoe, boot or sandal will give you a more flattering, taller silhouette by making your legs look longer. Baggy jeans should be worn long enough to cover your platform shoes or boots. **NAFY BELLA**



### Fab colours for sweaters & tops

There are lots of fabulous new colours in the tops you'll be wearing with your snazzy baggy jeans. There are lots of pretty pastel shades in lavender, blue, green, soft orange, burnt orange and pink. **SHARRON CLEAR**

### Super-cool baggy jeans

If you're a fan of distressed, surfer and skater baggy jeans, there are plenty of baggy jeans to suit your taste! Baggy jeans are super-casual and cool, and they send a message that you wear your clothes for comfort and don't fuss about having a tailored look. And if you can't find the clothes designed to be oversized in your size, try just sizing up one size with a normal cut for a slouchy fit! **GERIEE**

### Cropped tops

Look out for versatile and trendy crop bra top that complements your jacket and blue jeans. It's quite an exciting time in fashion, as just about everything has been updated! **KEMI**

# BAGGY JEANS IS BACK

*If you've ever felt squashed in your skinny jeans, you'll be delighted with the new range of baggy jeans in the stores right now. It's great news for women who like more comfort and room to move about in their jeans. And it's also a totally up-to-the-minute look, so from now on, you can be comfy and trendy in your casual wear. However, this huge change in jeans' styles means you have to re-arrange the rest of your fashion clothes to put together a balanced look. So, this is your easy guide to how to style baggy jeans for a fresh new image.*



BY USIADE ISIOMA

Whether you're looking to calm irritated skin, brighten a dull, dry complexion, or simply boost your mood, STYLE got you covered with the best face mists that'll uplift and refresh your skin. No matter what your skin goals may be, there's a mist for you Out there for you.

**Neutrogena Soothing Clear Turmeric Mist**  
Armed with antioxidant-rich turmeric, Neutrogena's Soothing Clear Turmeric Mist is an affordable line of defense to help soothe red and inflamed acne-prone skin. It is also great for hydrating skin throughout the day, and imparts a subtle glow for an extra pick-me-up.

**Banila Co Dear Hydration Facial Mist**  
If you've ever been spooked by unexpectedly harsh sprays, you'll find solace in this Banila Co Dear Hydration Facial Mist infused with bamboo, fermented lotus water, and neem leaf extract to boost hydration levels, it doesn't disturb your makeup or make your skin feel soaking wet.

**Elizabeth Arden Eight Hour Mirade Hydrating Mist**  
Elizabeth Arden's ultra-fine Eight Hour Mirade Hydrating Mist spiked with açai berry and energizing caffeine gives dull, sleepy skin an instant boost of hydration and brightness.

**Tower 28 Beauty SOS Save.Our.Skin Daily Rescue Facial Spray**  
The name alone draws you to this Tower 28 mist, this SOS Save.Our.Skin spray is particularly catered towards calming sensitive and stressed skin, and keeps it simple with just three ingredients: water, sodium chloride, and hypochlorous acid. It is certified cruelty-free.

**Olay Mist Ultimate Hydration Essence**  
Olay Mist Ultimate Hydration Essence comes in multiple formulas, so whether you're looking for something to pick you up or help you relax, you'll find what you need. Vitamin C you up or help you relax, you'll find what you need. Vitamin C you up or help you relax, you'll find what you need.

**Saturday Skin Daily Dew Hydration Essence Mist**  
If you've been searching for a multitasking face mist, this Saturday Skin Daily Dew Hydration Essence Mist works double duty as a toner and essence, and leaves skin with a dewy glow, thanks to a concoction of hyaluronic acid, kiwi and grapefruit extracts, and peptides. Use it in between your cleansing and essence steps, or whenever your face needs a wake-up call.

**True Botanicals Renew Nutrient Mist**  
Swap this True Botanicals Renew Nutrient Mist in for your morning pick-me-up, since it contains antioxidant-rich green and white tea and pH balancing Kombucha. Algae extract also helps prevent water loss throughout the day and beyond. Consider your skin quenched.

**Mario Badescu Facial Spray with Aloe, Herbs, and Rose Water**  
Get a major glow in a matter of seconds by misting your face with the pro-favourite Mario Badescu Facial Spray with Aloe, Herbs, and Rose Water. It's made with gardenia, rose, and aloe vera and loved by makeup artists and aestheticians alike, it won't pinch your wallet.

**Fresh Vitamin Nectar Antioxidant Glow Water**  
The words "Fresh" and "face mist" go together like Vitamin C and E, which is to say, extremely well. This energizing Fresh Vitamin Nectar Antioxidant Glow Water is packed with skin-brightening nutrients derived from citrus fruit, plus a blend of magnesium and zinc to help snap sleep-deprived skin into shape.

**Supergoop Defense Refresh (Re)setting Mist SPF 40**  
Supergoop Defense Refresh (Re)setting Mist is packed with SPF 40 and beneficial essential oils such as rosemary to protect the skin's barrier and peppermint to soothes and refresh.

**Glow Recipe Watermelon Glow Ultra-Fine Mist**  
In case you've been sleeping under a rock, watermelon has become a buzzy ingredient in skin-care, due to its major hydrating, soothing, and amino-acid-boosting qualities. Glow Recipe Watermelon Glow Ultra-Fine Mist gently coats the entire face with just one spritz of its 84-percent watermelon, blended with hyaluronic acid and hibiscus. Oh, it also smells like the fresh melon.

**Burt's Bees Hydrating Facial Mist**  
This Burt's Bees Hydrating Facial Mist is a drugstore fave. Formulated with aloe water, it leaves skin feeling both hydrated and revitalized. Keep one at your desk for mid-day breaks, and then move it over to your vanity for extra hydration post-night-time routine.

**Garnier SkinActive Soothing Facial Mist**  
Garnier SkinActive Soothing Facial Mist will not only leave your thirsty skin feeling quenched but also baby-soft and refreshed thanks to rosewater, green tea, and aloe juice. It straight-up smells like a flower shop. Joy to the nose and skin.

FACE MISTS  
TO KEEP YOUR SKIN HYDRATED ALL DAY

SHARON OOJA

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