The C Major Scale in Contrary Motion

both hands start on C4 and move apart — two octaves out and back, with the standard fingering

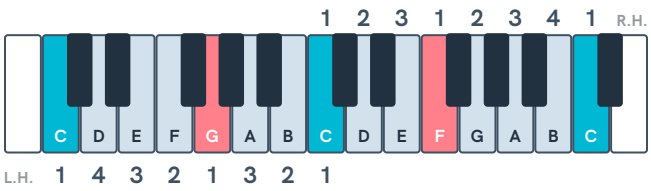
LISTEN
Scan to hear every example

One key, two hands, opposite directions. Put both hands on the same C — middle C, written once in each staff — then the right hand climbs while the left hand falls, two octaves each way, and both come home to that C. The fingering is exactly the parallel C major scale's (Handout 241); the left hand simply reads its own fingering backwards.

● home note (tonic) ● the hand shifts: thumb tucks under (out) / finger crosses over (back) ● the other notes

START TOGETHER — THE MAP & THE MIRROR

BOTH HANDS FROM ONE C — R.H. FINGERS ABOVE, L.H. BELOW



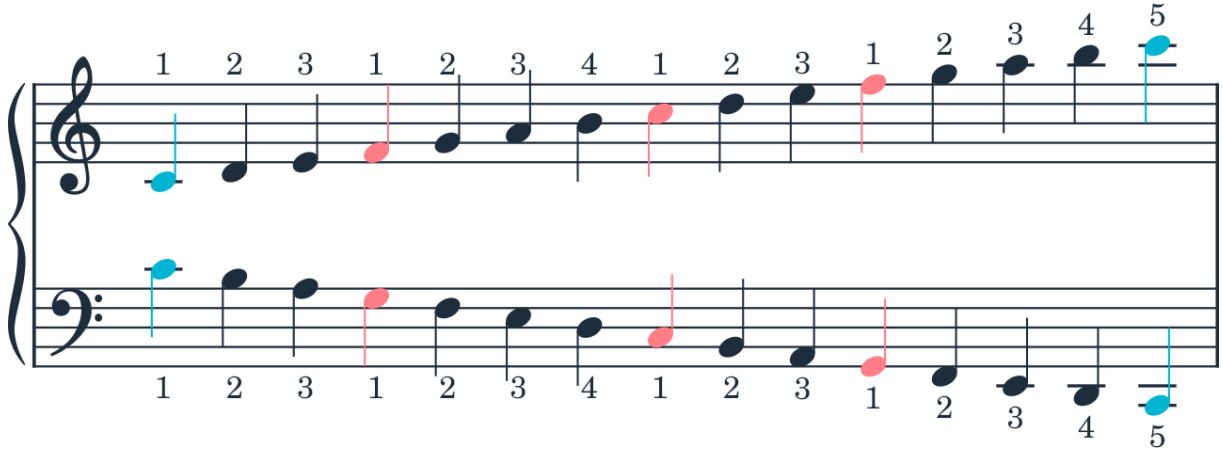
THE MIRROR

A true mirror. Same finger, both hands, every note.

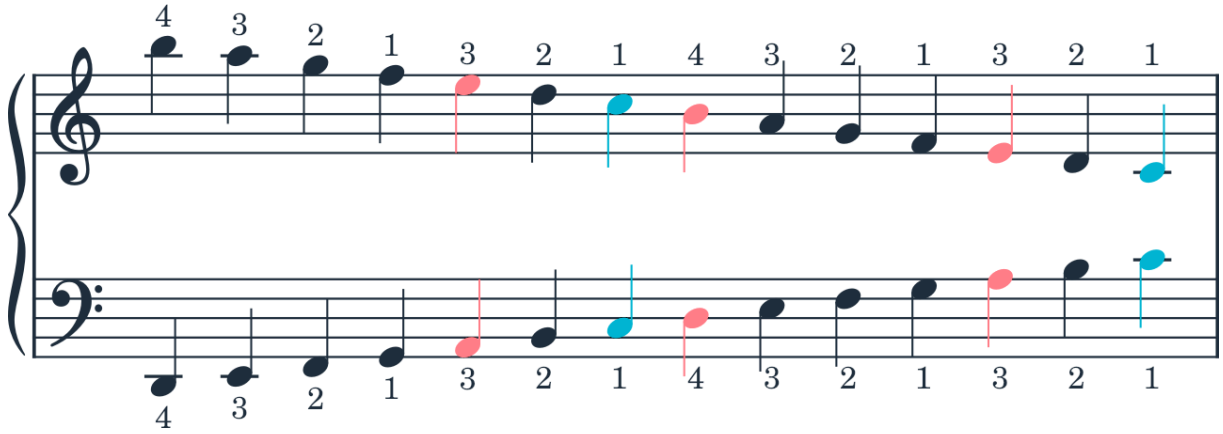
Both hands start on finger 1; **3 meets 3**, then both thumbs tuck under at the same moment (the coral notes stand one above the other). The hands are each other's reflection, so a slip in one hand shows at once in the other.

TWO OCTAVES OUT AND BACK — HANDS TOGETHER

OUT
APART



BACK
HOME



Try it Play it **hands separately first**, then together, slowly: say the finger numbers out loud — in this key both hands say the same one. Feel both thumbs tuck under together going out, and the 3rd fingers cross over together coming back. **Next:** the parallel C major scale (Handout 241); every key on one chart (Handout 331). **Minor:** C minor (Handout 371). **Chromatic:** Handout 361.

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