The F 5-Finger Scale

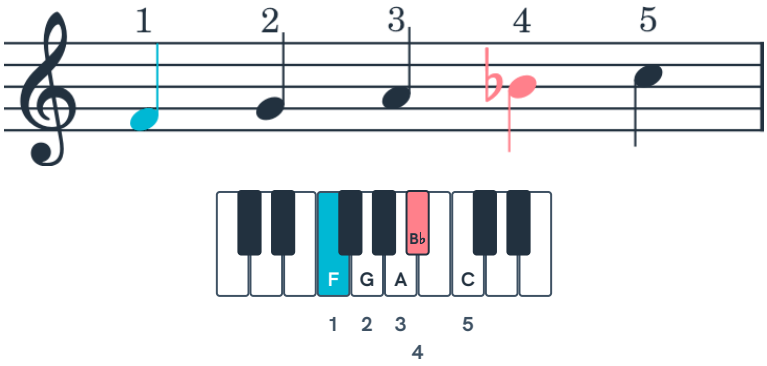
Home moves to **F** — and for the first time, the five-finger shape needs a **black key**.
Meet B♭ in the wild: F · G · A · B♭ · C.

FIVE NOTES, ONE SURPRISE

Thumb on **F**, one finger per key: F, G, A… and then your **ring finger climbs onto a black key**: B♭. Pinky lands on C.

This is the first five-finger scale that isn't all white — and it's not a fluke. The scale **needs** that flat.

1	2	3	4	5
F	G	A	B♭	C



WHY THE BLACK KEY? THE RECIPE DEMANDS IT

F 1 — W — G 2 — W — A 3 — H — B♭ 4 — W — C 5

Every five-finger scale follows the same recipe: **whole, whole, half, whole** — with the half step between fingers 3 and 4. Starting from F, a plain B would make that gap too wide. **Flatting it to B♭** shrinks the step back to a half — recipe rescued. (This is exactly what flats are for.)



Try it First play it **wrong on purpose**: F–G–A–B–C, with plain B. Hear how it stops sounding like the scale you know? Now play F–G–A–**B♭**–C. There it is. Your ear knew the recipe all along — the flat just keeps it honest. All 24 positions: 5-Finger Positions in Every Key (reference chart).

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