The C 5-Finger Scale: left hand

The same first scale you already know, now for the **left hand**: the same five notes — C · D · E · F · G — an octave lower, written in the **bass clef** (the curly clef with two dots, Handout 352).

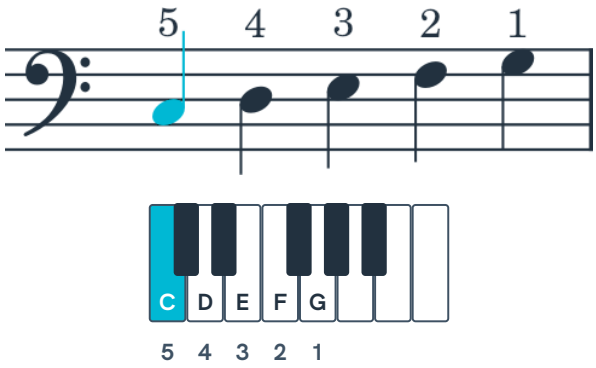
FIVE NOTES, FIVE FINGERS

Put your left **pinky** on **C** (the white key just left of the two black keys, Handout 350). Let the other four fingers rest on the next four white keys — D, E, F and G, with your thumb landing on G. Same rule as before: **one finger per key, and the hand never moves**.

Finger numbers always start from the thumb — so in the left hand the numbers **run 5 4 3 2 1 as you walk up**. The small numbers above the notes tell you which finger plays.
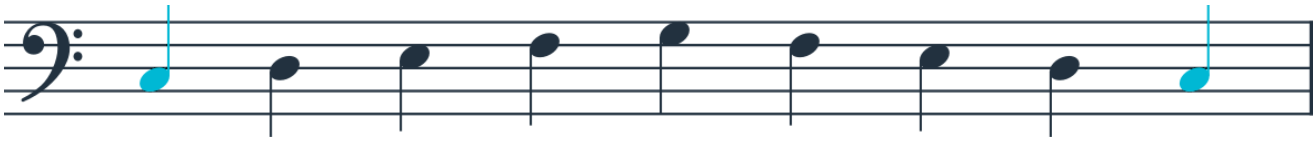


Right hand? Thumb on C, numbers running 1 2 3 4 5.



START AT HOME, COME BACK HOME

C is still the **home note** — the note the scale is named after, and the place where your pinky starts. Walk up four steps to G, then walk back down. Just like before, the last **C** feels like arriving: **ending on the home note is what makes music sound finished**.



Up four steps, then back down — fingers 5-4-3-2-1-2-3-4-5. The colored notes are **home**.

Try it Rest your left hand on the five keys and play up and back: C-D-E-F-G-F-E-D-C. The thumb is the turnaround point. When it feels easy, **play both hands together** — same notes, an octave apart. Left and right will mirror each other: pinky with thumb, thumb with pinky. All 24 positions: 5-Finger Positions in Every Key (reference chart).

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