

Bend Toward a Note

For electric guitar after your teacher approves the setup and introduces a comfortable bend. Hear the destination, match it, then return.

1 · FIND THE START AND HEAR THE REFERENCES

Standard tuning, no capo: string 2 is open B3 (MIDI 59). Fret 8 sounds G4: $59 + 8 = 67$. All note names below describe **sounding** pitch.

STRING 2 · FRET 8

G4

MIDI 67

STRING 2 · FRET 9

A $\flat$ 4

MIDI 68

STRING 2 · FRET 10

A4

MIDI 69

The higher frets locate ordinary fretted reference notes. They are **not slide instructions**. During the bend, keep the fretting address at string 2, fret 8.

2 · CHOOSE THE DESTINATION, THEN MATCH IT

These targets use 12-tone equal temperament.

$\frac{1}{2}$ -step rise → A $\flat$ 4

From G4: 1 semitone = 100 cents.

Hear the reference at **fret 9**.

At fret 8, match A $\flat$ 4 with a teacher-led bend; then lower the pitch back to G4.

Whole-step rise → A4

From G4: 2 semitones = 200 cents.

Hear the reference at **fret 10**.

At fret 8, match A4 with a teacher-led bend; then lower the pitch back to G4.

The interval names a pitch change, not a sideways travel distance. Your teacher chooses a comfortable movement for your guitar and strings.

3 · PREPARE WITH SEPARATE NOTES

Four **independent** 4/4 bars: play the two references on beats 1 and 2; be silent on 3 and 4. These bars show separate notes, not a continuous bend.

1. G4 → A $\flat$ 4



String 2: frets 8 → 9

2. G4 → A4



String 2: frets 8 → 10

3. A $\flat$ 4 → G4



String 2: frets 9 → 8

4. A4 → G4



String 2: frets 10 → 8

Staff = sounding pitches. Ordinary guitar treble notation is written one octave higher. Here G4 is shown as G4 so the staff, labels and piano agree.

Try it Name the whole-step destination above G4 before checking below. With your teacher, compare the target first, then the return to G4. Stop if uncomfortable; your teacher can change or postpone the task.



Listen: scan or visit tissimo.co/worksheets/guitar-bend-target-pairs

Pairs 1–4: separate references.

Check 1: G4–A $\flat$ 4–G4 (half step). Check 2: G4–A4–G4 (whole step).

Neutral piano · quarter = 60 · pitch/time only; no continuous bend or technique demonstration.

Mini-key: whole step above G4 = **A4** (reference fret 10).