Where Does the Finger Finish?

Pluck the same E with the same finger. Change where the stroke ends.

1 · PLUCK STRING 1; WATCH STRING 2

Standard tuning, open strings, no capo. String 1 sounds E4; string 2 sounds B3. Use **i (right-hand index finger)** for each E. Your teacher demonstrates a comfortable movement.

Free stroke



After plucking E, i clears the B string.

Rest stroke



After plucking E, i lands on the B string.

Symbolic paths only: no hand shape or travel distance is prescribed.

2 · COMPARE ONE E, WITH B SILENT



Play this E with free stroke, then with rest stroke. Begin with both strings quiet. Ask your teacher to show you how to stop E at each written rest without touching B. Keep i and the notes the same. **Both can suit this isolated note.** A written rest is a silence in a voice; “rest stroke” names a movement.

3 · KEEP B RINGING UNDER E



Start B with your teacher’s chosen finger. Let B ring for all four beats of each bar; pluck E on beats **2 and 4** with i, using **free stroke**. Stop only E at its rests; keep B ringing. Each B overlaps two E attacks. Landing on B would cut its sound short.

Guitar staff: written E5/B4 sound E4/B3 (one octave lower). Upper rests leave the lower voice ringing. Quarter note = 60 in the audio; choose a comfortable practice pace.

Try it Which stroke clears string 2 when B must keep ringing? _____ Watch the finish of i, then listen for B under both E attacks.

Listen: scan or visit tissimo.co/worksheets/guitar-free-rest-neighbor-string
Neutral piano: sustained B, then deliberately shortened B. Artificial pitch/time models; neither recording identifies a physical stroke.

Mini-check: free stroke clears B under this sustain requirement.

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