

THE FITNESS NETWORK



ONE PLATFORM.
EVERY SIDE OF FITNESS.

INSIDE TRAINER.A

FOR TRAINERS.

Here's how Trainera.fit works.

The all-in-one platform for personal trainers and coaches — to run, scale, and grow their business.

• TURN THE PAGE →

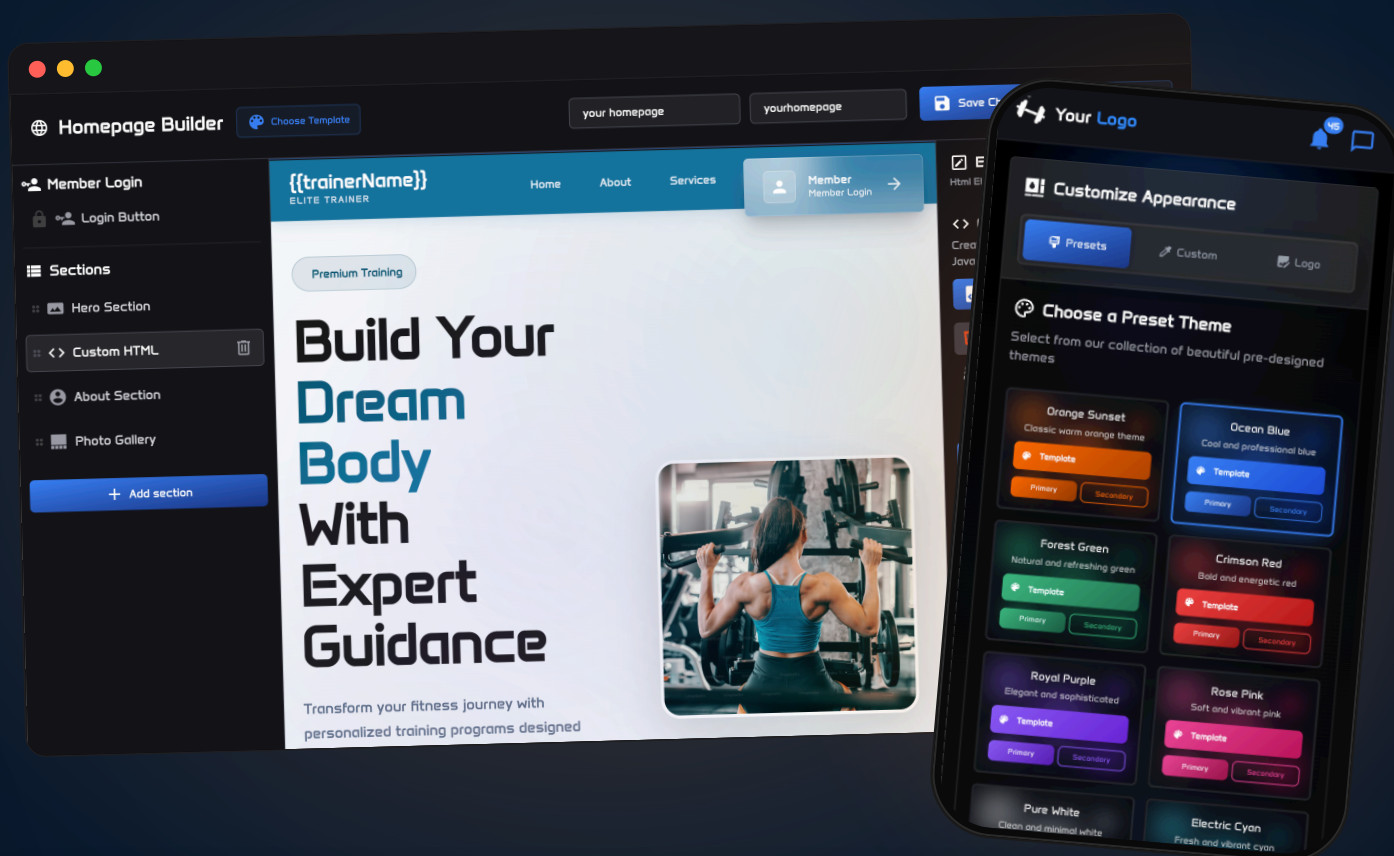
Your brand, front and center.



AVAILABLE ON
App Store



GET IT ON
Google Play



✓ Your logo, colors, and identity

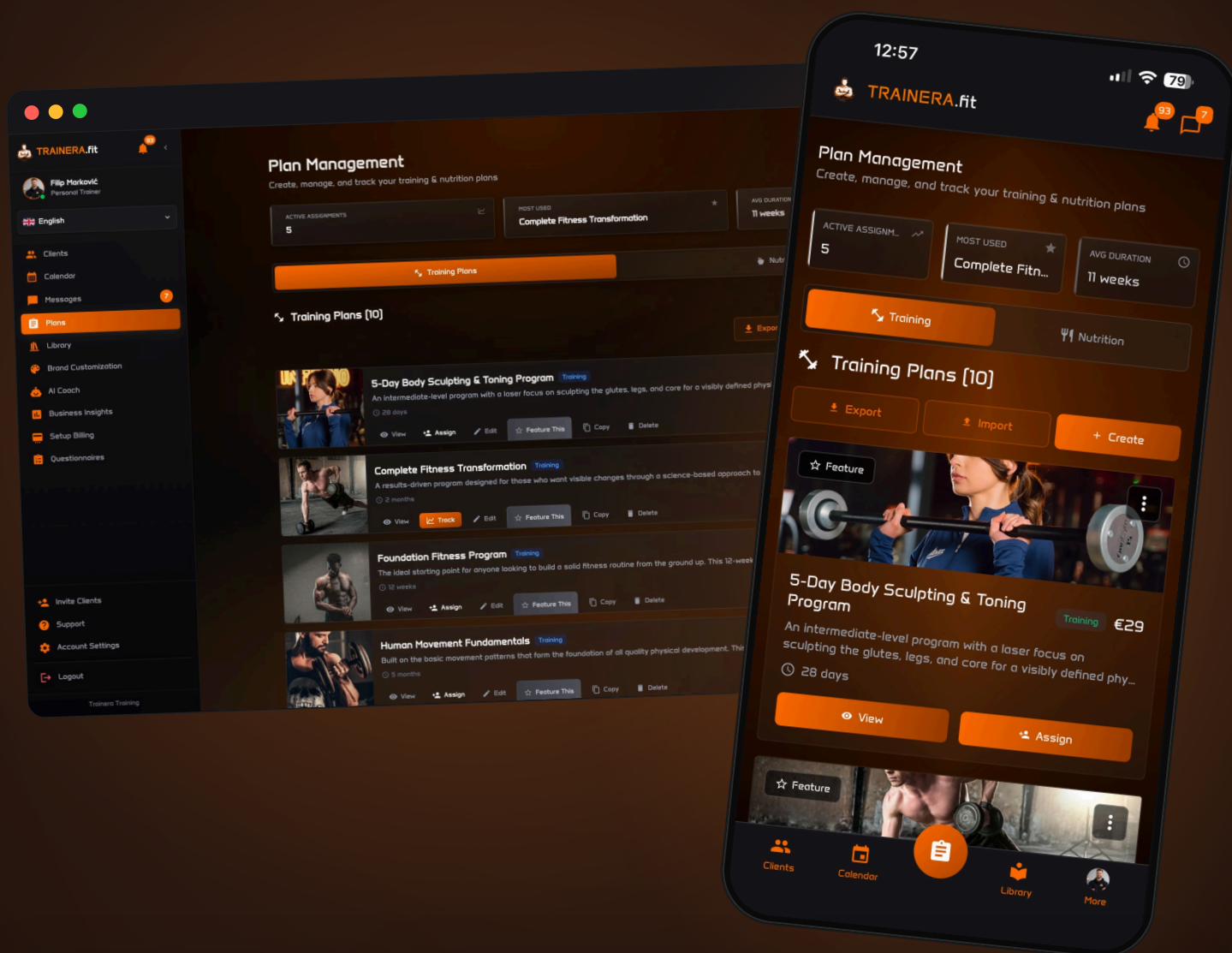
✓ Your own website + mobile app

✓ Launch on iOS & Android

✓ No-code homepage builder

A premium experience — 100% yours

Design training plans. In minutes.



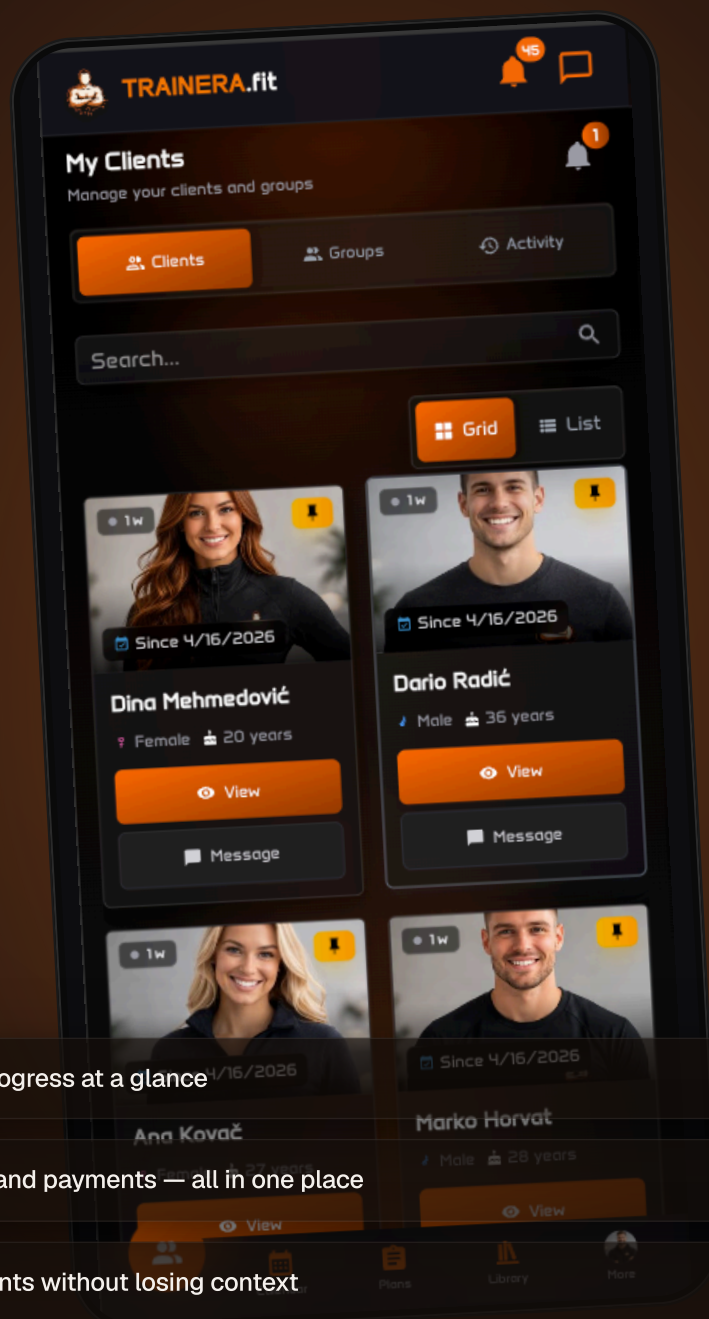
✓ Drag-and-drop plan builder for fast creation

✓ Reuse templates and save hours every week

✓ Assign with one click — clients see it instantly

1,000+ exercises ready to drop in

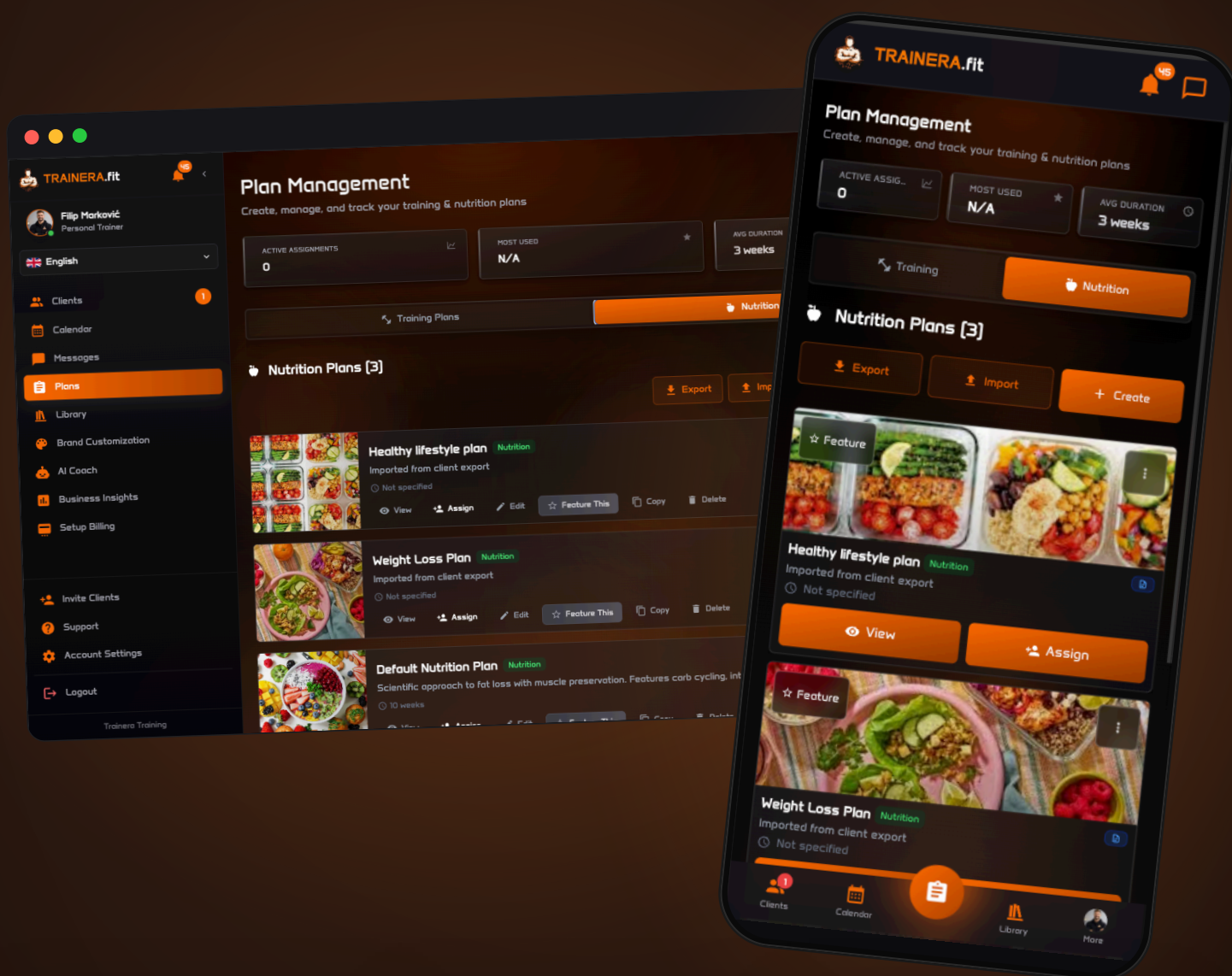
All your clients. One dashboard.



- ✓ See every client's progress at a glance
- ✓ Track status, plans, and payments — all in one place
- ✓ Switch between clients without losing context

Your entire roster — always organized

Fuel your clients. Personalized nutrition.



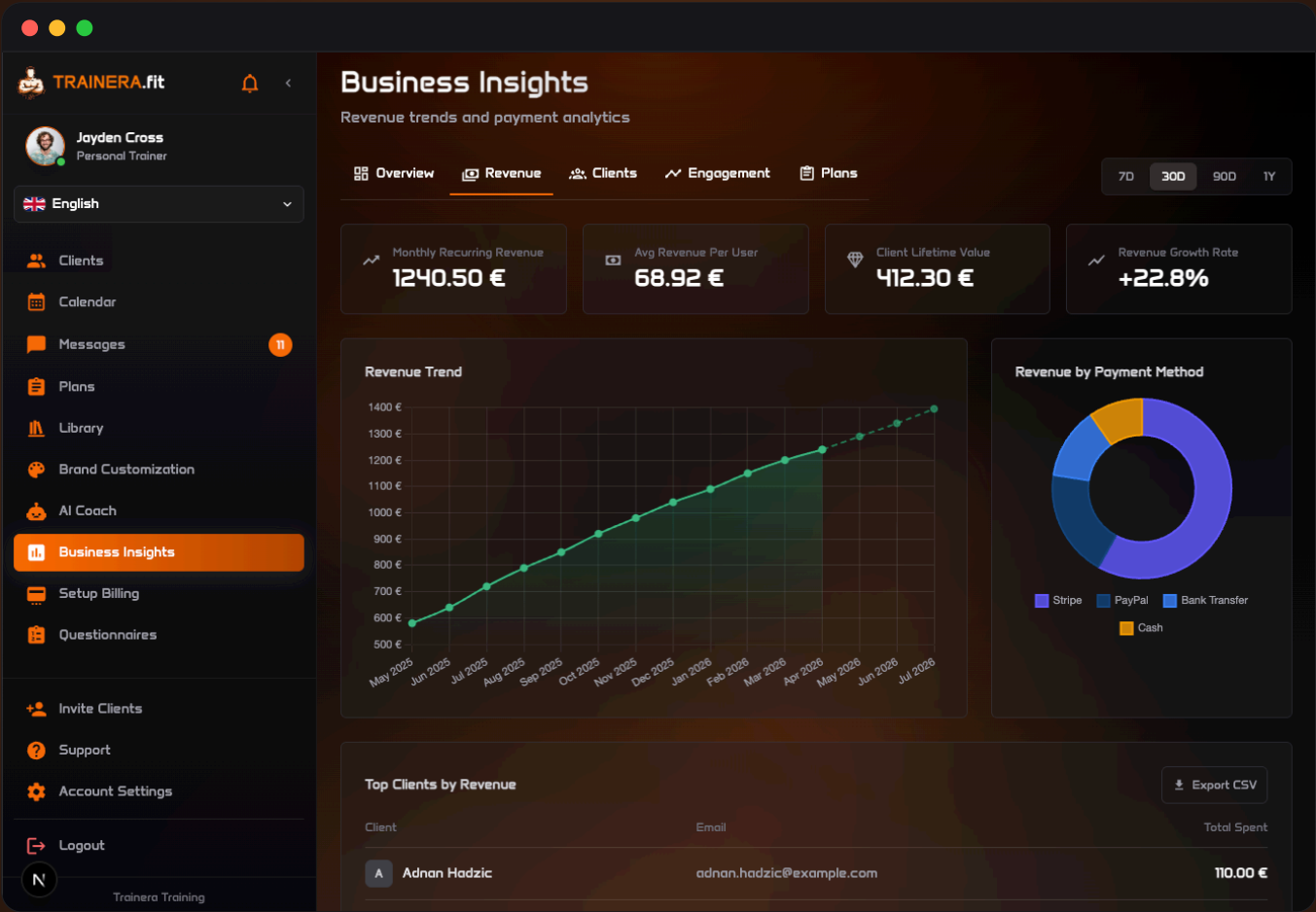
✓ Build unlimited meal plans with ease

✓ Access 600+ recipes ready to use

✓ Track macros, calories & micronutrients

Built-in TDEE calculator for every client

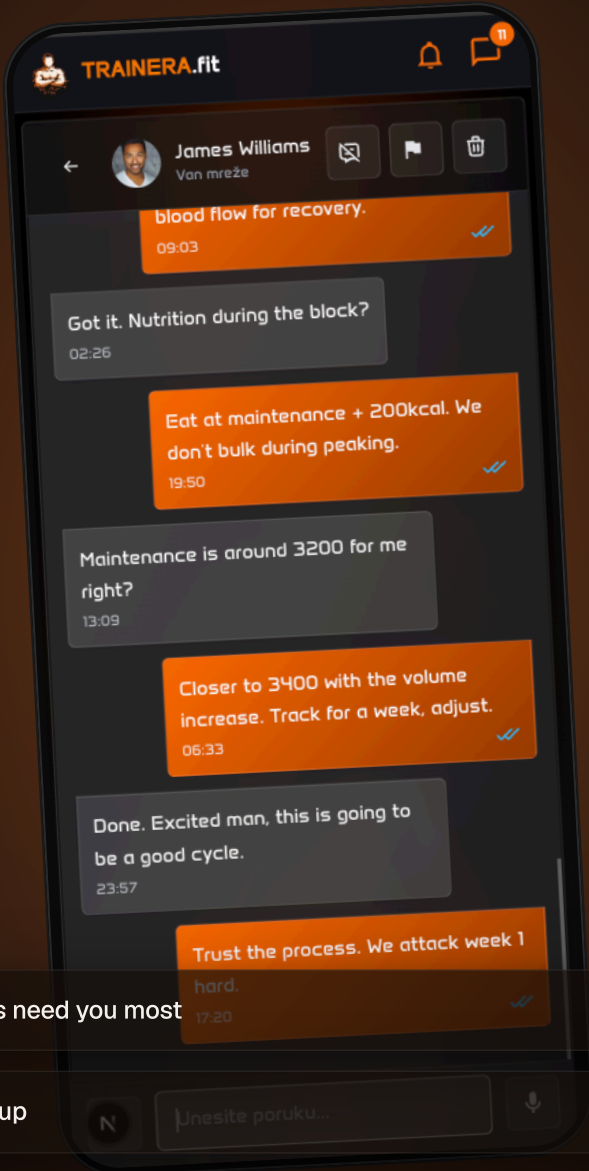
Know your numbers. Grow your business.



- ✓ Track revenue, clients, and growth in real time
- ✓ See which plans and offers actually convert
- ✓ Spot drop-offs before they cost you money

Real-time signal on the whole business

Stay connected. Anytime, anywhere.



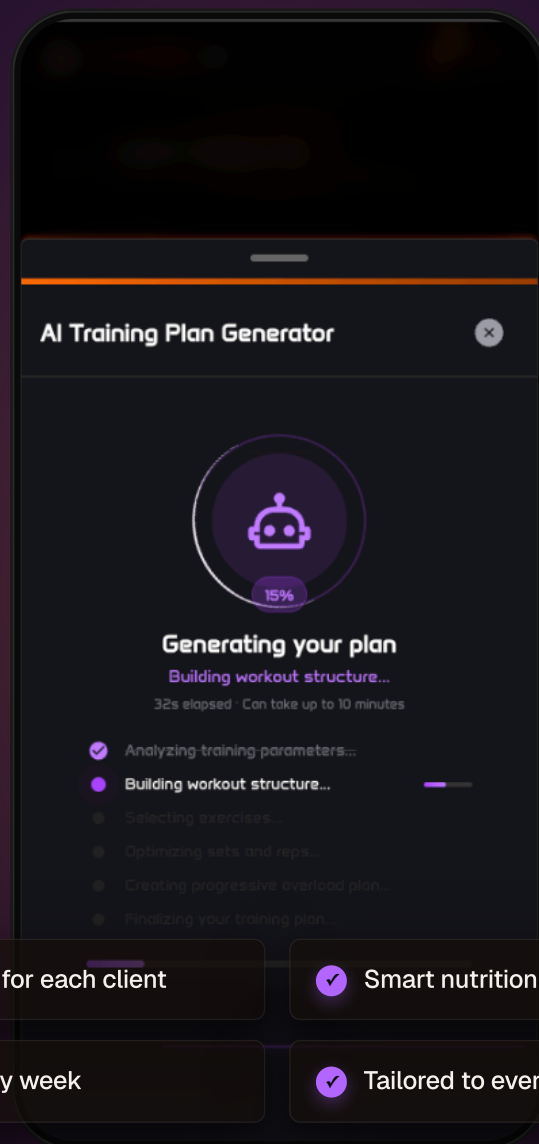
✓ Be there when your clients need you most

✓ Connect 1-on-1 or as a group

✓ Share personalized voice notes

Foster community and engagement

Generate plans in seconds.



✓ AI-generated training plans for each client

✓ Smart nutrition plans based on goals

✓ Save hours of planning every week

✓ Tailored to every client's preferences

Powered by AI — personalized for every client

Get paid directly. No middleman.



✓ Subscriptions, per-plan, or pay-per-request

✓ Secure credit card checkout in-app

✓ Get paid directly from your clients

Industry-grade security. No middleman.

INSIDE TRAINER A

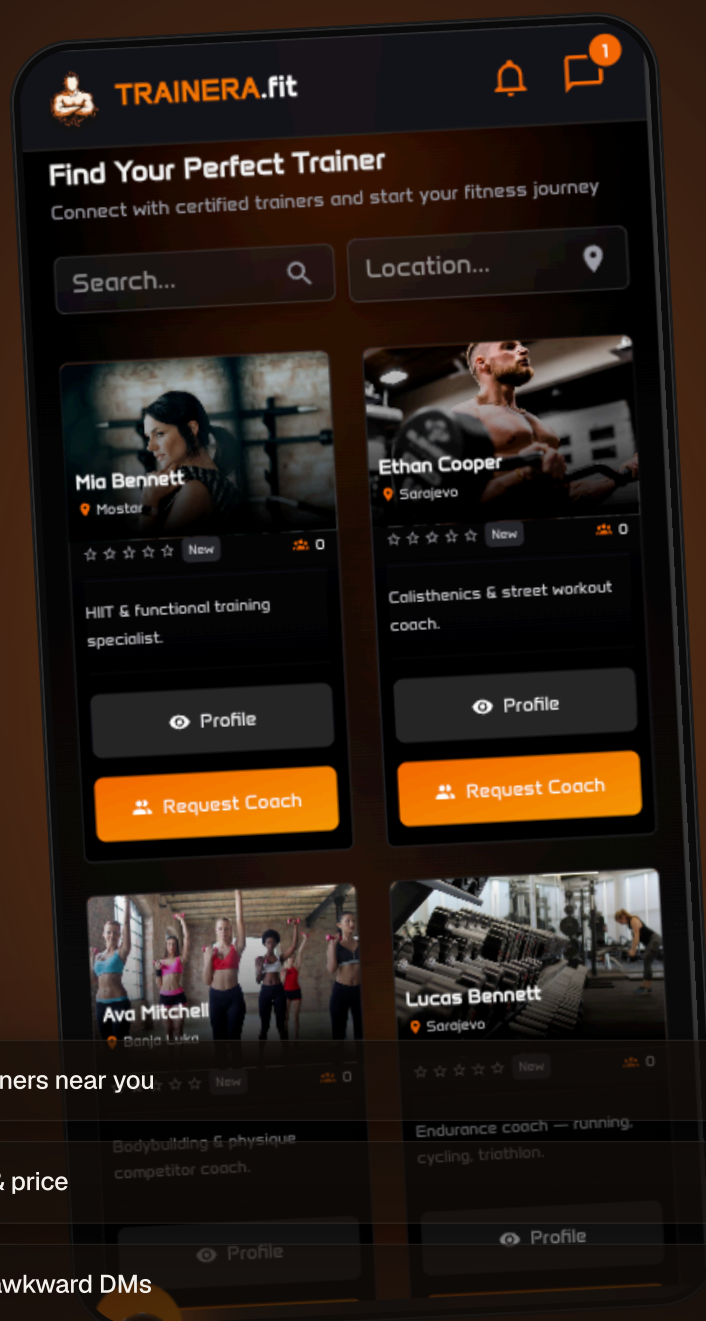
FOR CLIENTS.

Here's how Trainera.fit works.

The all-in-one fitness app to find your trainer, track workouts, log meals, and crush your goals.

• TURN THE PAGE →

Find the right coach. In one tap.



✓ Browse certified trainers near you

✓ Filter by goal, style & price

✓ Book directly — no awkward DMs

1,000+ trainers ready to coach you

Train smarter. Anywhere.



✓ Follow your trainer's plan step-by-step

✓ HD video for every exercise

✓ Log sets, reps & weights in real time

Your gym in your pocket

Log every meal. Stay on track.



✓ Track calories, protein, carbs & fats

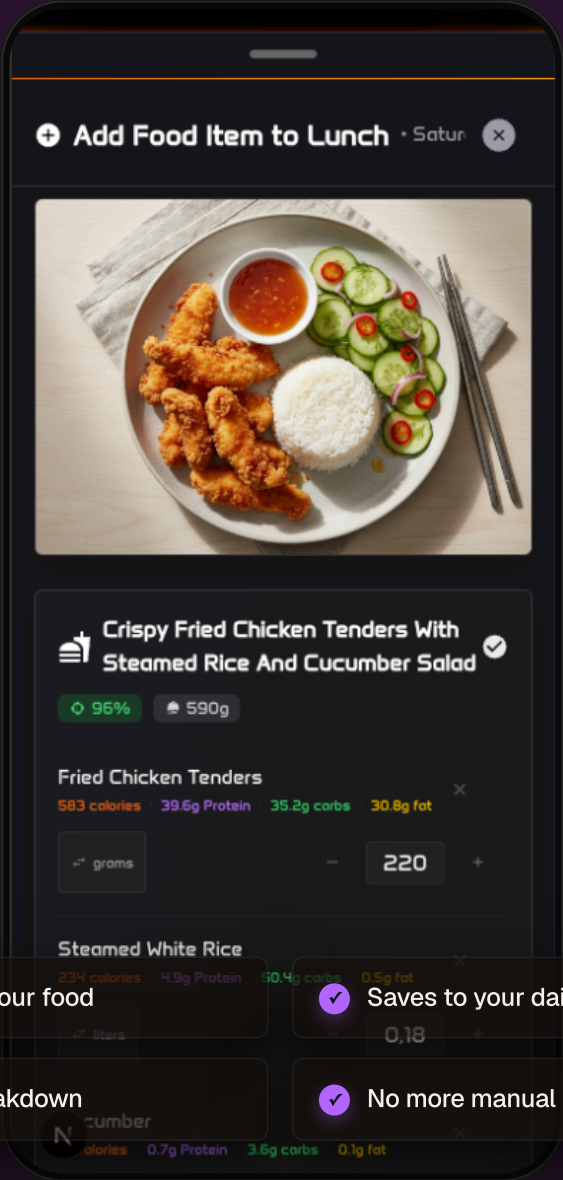
✓ 600+ meals from your trainer

✓ See your daily progress instantly

Hit your macros — every single day

Snap your meal.

AI does the rest.



✓ Just point your camera at your food

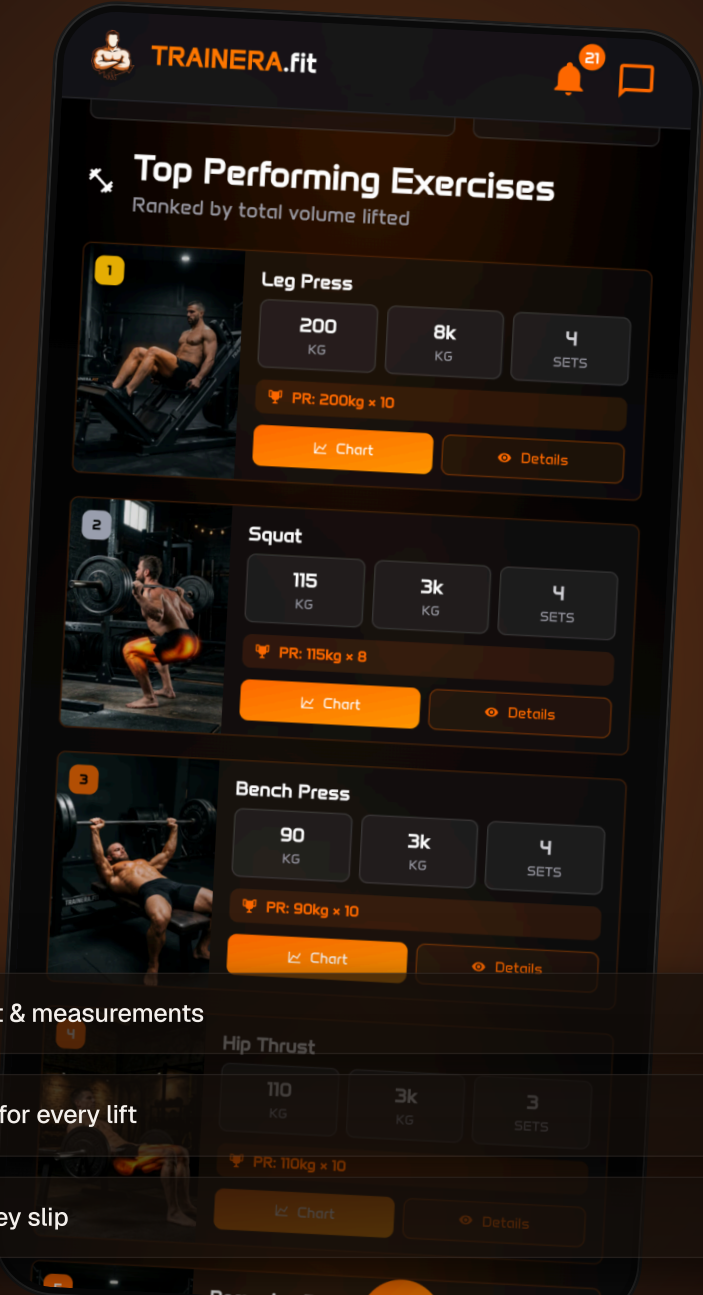
✓ Saves to your daily log automatically

✓ Instant calorie & macro breakdown

✓ No more manual food entry

Powered by AI — logging on autopilot

See your progress. In real numbers.



- ✓ Track weight, body fat & measurements
- ✓ Strength progression for every lift
- ✓ Spot trends before they slip

Real data. Real results.

Your whole health. In one place.



✓ Syncs with Apple Health & Google Fit

✓ Steps, sleep, heart rate & more

✓ Your trainer sees the full picture

Connect your watch. Sync your life.

Never miss a session.



Access for group trainings at your gym



1-on-1 sessions with your personal trainer



Solo workouts you book on your own



Smart reminders so you never miss a session

Your week — perfectly organized

Train from your wrist.



AVAILABLE ON
Apple Watch



AVAILABLE ON
Wear OS



Full workout control on
Apple Watch



Live heart rate & calories
tracking



Works seamlessly with
Wear OS too

Leave your phone in the locker

INSIDE TRAINERA

FOR GYMS.

Run your facility. End to end.

*Members, classes, staff, payments, and access — all in
one platform built for fitness businesses.*

• TURN THE PAGE →

Run your gym from one screen.

 FITZONE

 FitZone
Gym Manager

English

Overview

Clients

Trainers

Plans

Planner

Pricing

Transactions

Brand Customization

Messages

Support

Account Settings

Logout

N

Trainera Training

Overview

Your gym at a glance

CHECK-INS (30D)
327

UNIQUE VISITORS (30D)
24

NEW MEMBERS (30D)
1

ACTIVE MEMBERS
20

Manual Check-in

Manage Clients

Live Check-ins

Today: 9



Liam Thompson

Checked in at 07:54 PM

Off-Peak

Active 8 days remaining Already checked in today



Ava Wilson

07:39 PM



Ethan Miller

Already checked in today

07:19 PM



Sofia Roberts

Expired Renew +30d Change Package

06:59 PM



Elizabeth Mitchell

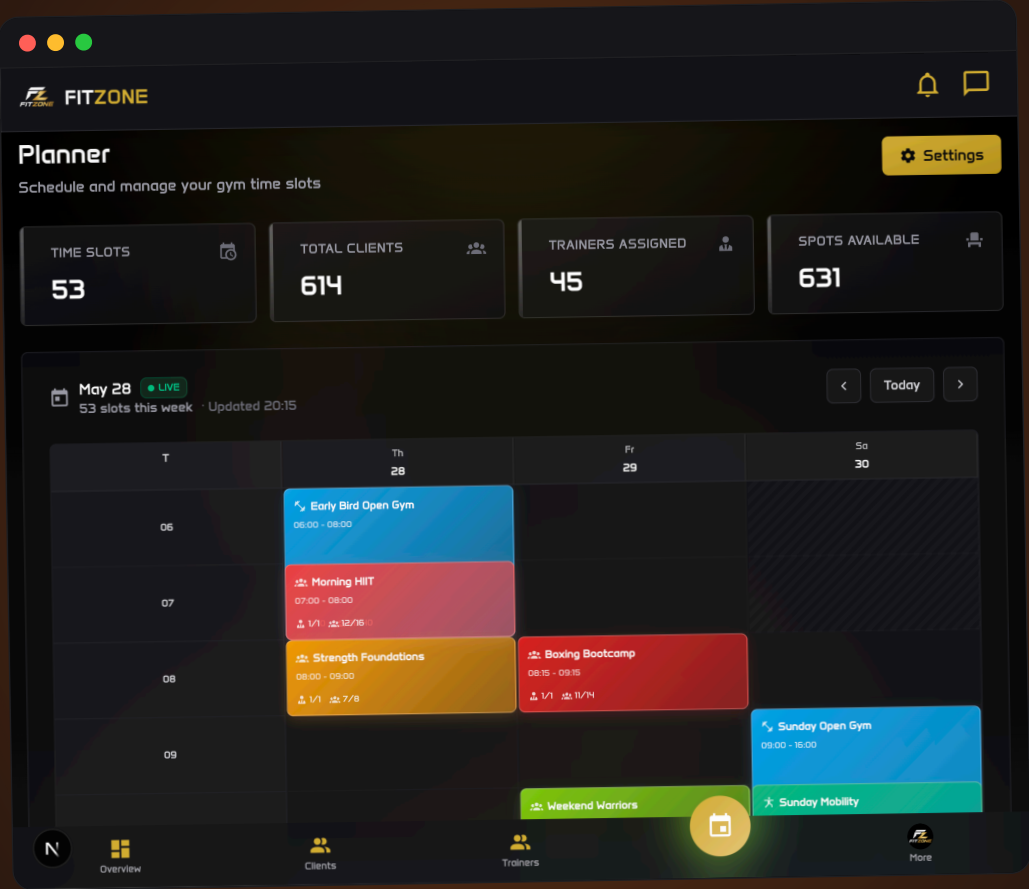
06:39 PM

Recent Members

MEMBER	PACKAGE	STATUS	JOINED	EXPIRES	CHECK-INS	ACTIONS
 Liam Thompson	Off-Peak	Active	Apr 23	May 29	32	Manage

Real-time pulse on every part of your business

Schedule once. Run all week.



- ✓

Drag-to-build weekly grid
- ✓

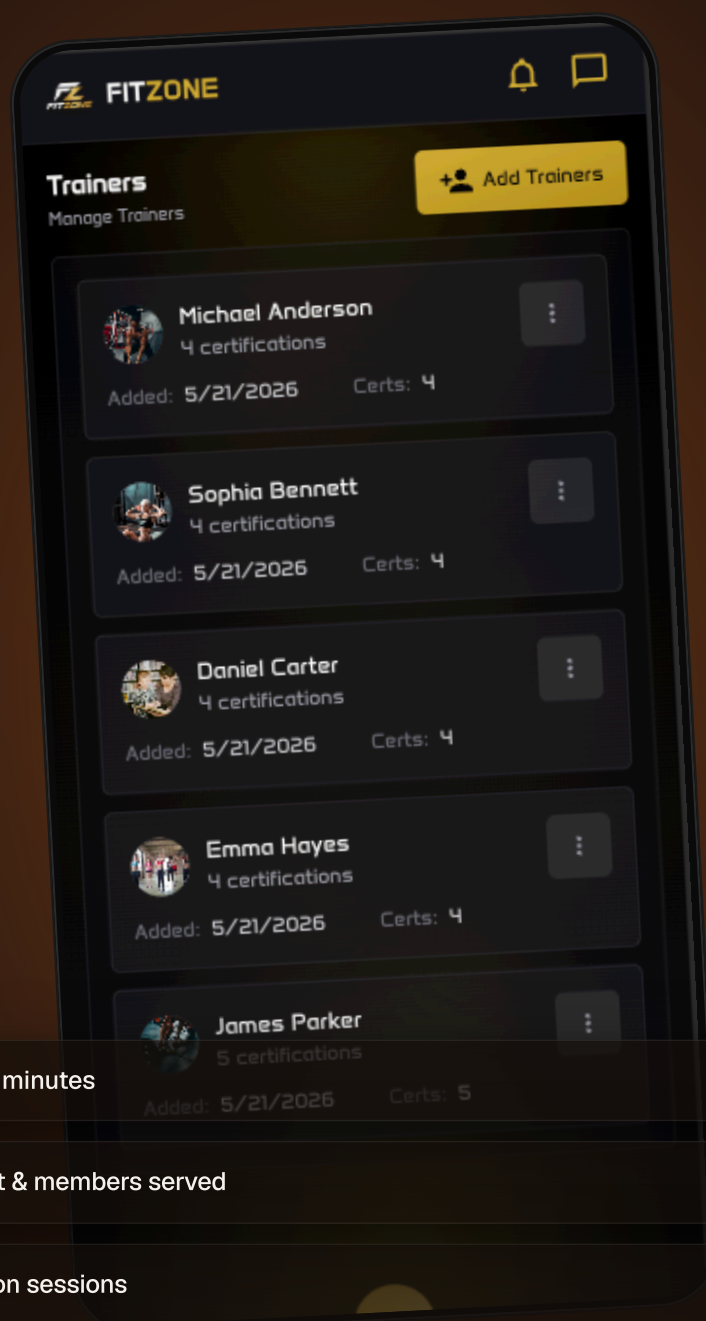
Auto-fill recurring classes
- ✓

Live capacity & waitlists
- ✓

Members book in 2 taps

No more spreadsheet tetris

Your whole team. In one roster.



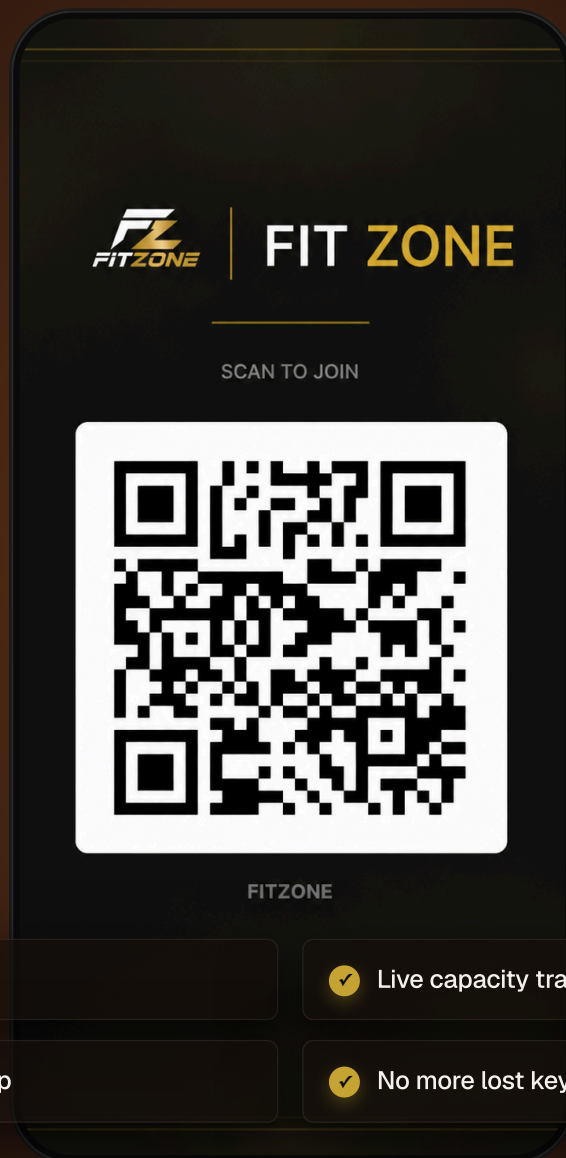
✓ Onboard coaches in minutes

✓ Track classes taught & members served

✓ Auto-payroll based on sessions

Built for the entire team — not just owners

One scan. In the door.



✓ QR codes in member's app

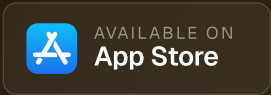
✓ Live capacity tracking

✓ Auto-validates membership

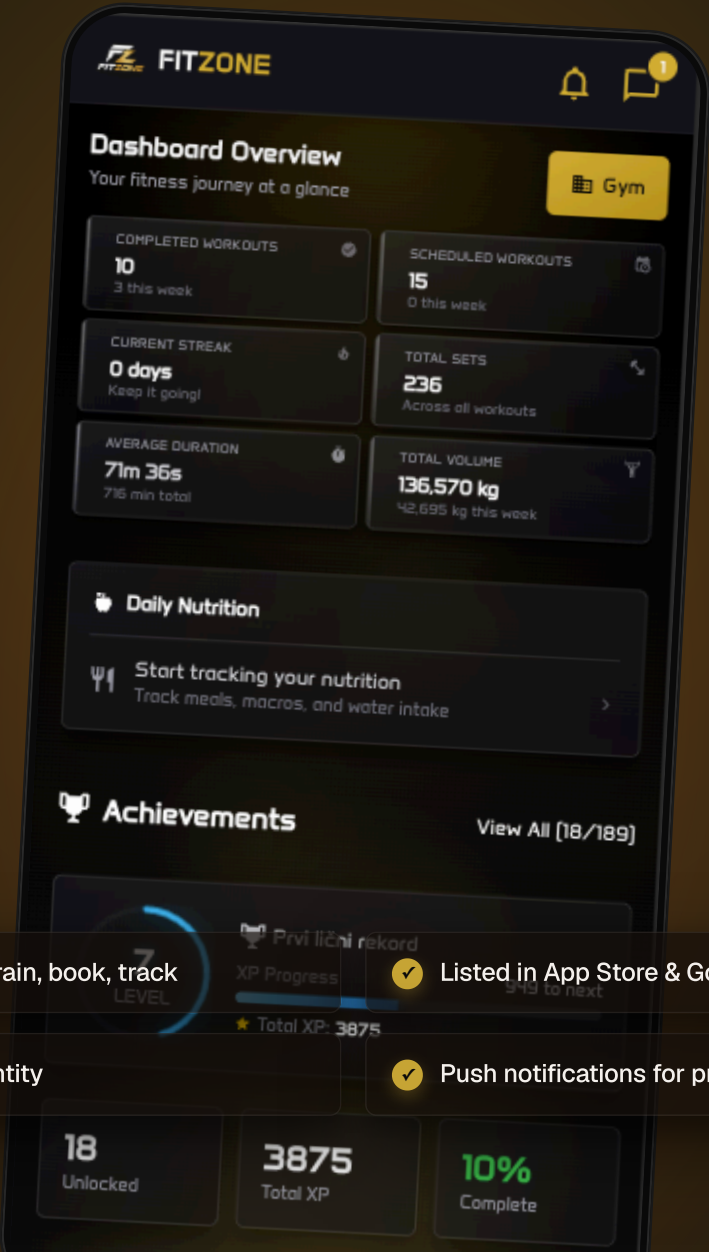
✓ No more lost keycards

Frictionless entry. Zero front-desk queues.

Your gym. Your app.



WHAT YOUR MEMBERS SEE



✓ Full branded app — train, book, track

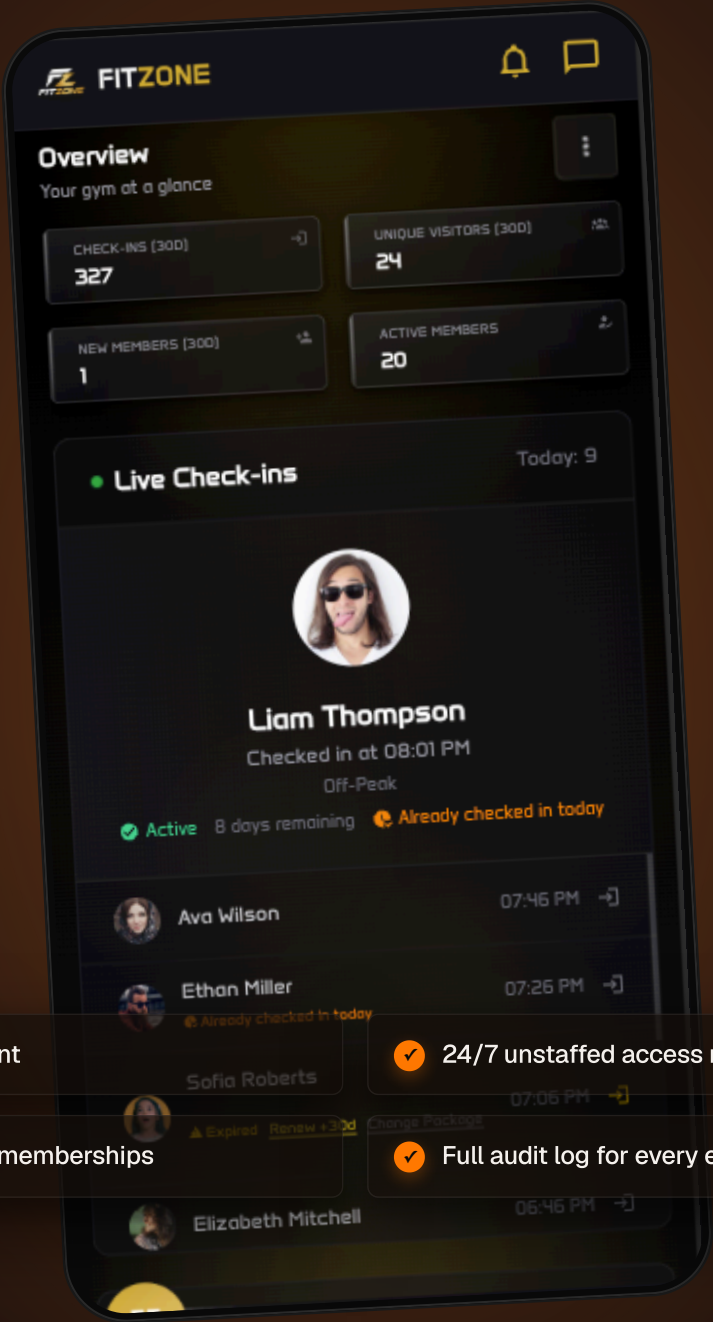
✓ Listed in App Store & Google Play

✓ Your logo, colors, identity

✓ Push notifications for promos & news

Compete with chains — on equal footing

Know who's in. In real time.



- ✓ Live in-gym headcount
- ✓ 24/7 unstaffed access ready
- ✓ Auto-blocks expired memberships
- ✓ Full audit log for every entry

Open 24/7 — without staffing 24/7


FITZONE





FitZone
 Gym Manager


 English
 

 Overview

 Clients

 Trainers

 Plans

 Planner

 Pricing

 **Transactions**

 Brand Customization

 Messages

 Support

 Account Settings

 Logout

 Trainera Training

Transactions

Payment history and financial overview

TOTAL REVENUE
€3210

TRANSACTIONS
26

AVERAGE
€123

PERIOD
Apr 30 - May 21

Period:
 This Month
Last Month
Last 3 Months
This Year
All Time

From

 April 30, 2026
 

To

 May 21, 2026
 

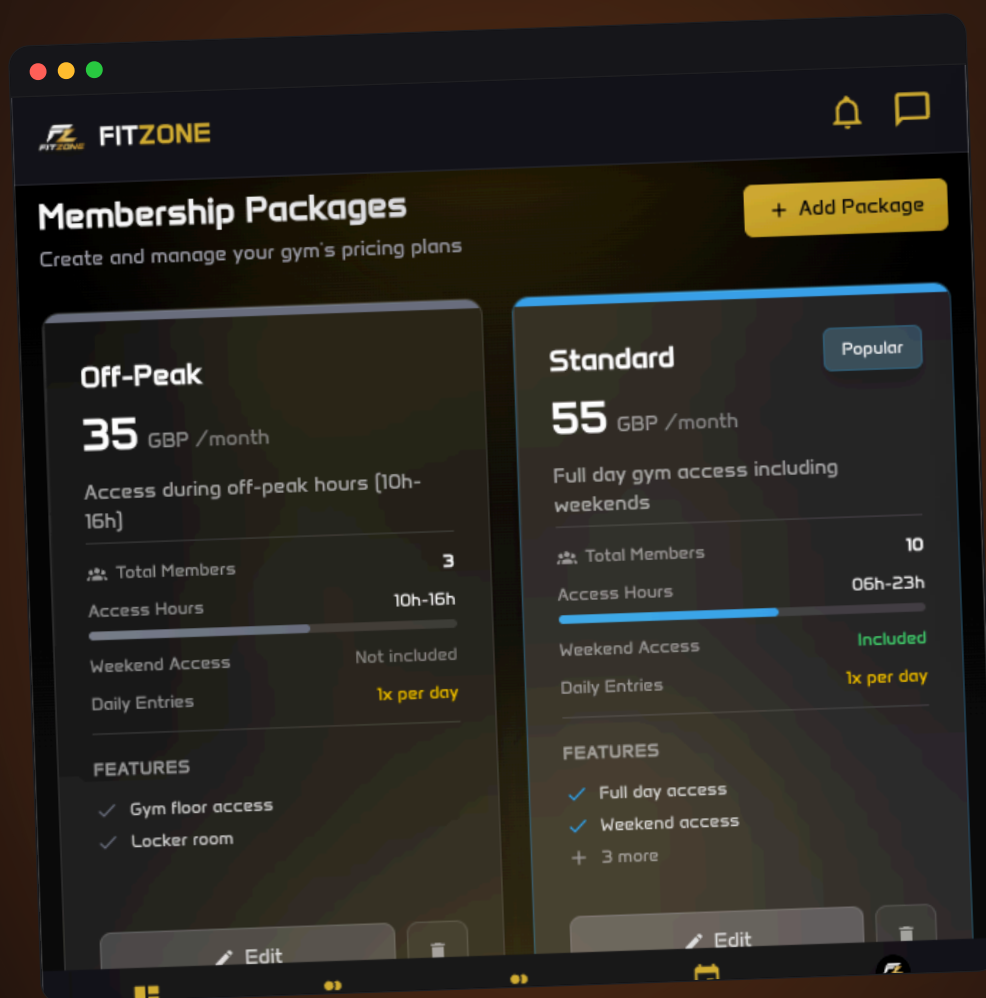
Search Member
 Name...

Package
 All Packages
 

MEMBER	PACKAGE	DESCRIPTION	AMOUNT	DATE
Lucas Young	Premium	Premium membership - Lucas Young	€95	May 21, 2026, 07:16 PM
Benjamin Walker	Standard	Standard membership - Benjamin Walker	€55	May 21, 2026, 07:16 PM
William Brown	Standard	Standard membership - William Brown	€55	May 21, 2026, 07:16 PM
Ethan Miller	Standard	Standard membership - Ethan Miller	€55	May 21, 2026, 07:16 PM
David Perez	Off-Peak	Off-Peak membership - David Perez	€35	May 20, 2026, 07:16 PM
Matthew Carter	Premium	Premium membership - Matthew Carter	€95	May 20, 2026, 07:16 PM
Charlotte Lewis	Standard	Standard membership - Charlotte Lewis	€55	May 20, 2026, 07:16 PM
James Clark	Standard	Standard membership - James Clark	€55	May 20, 2026, 07:16 PM

All revenue, all members — one source of truth

Build packages. Assign them in a click.



✓ Unlimited custom packages

✓ Assign in one click

✓ Each tier unlocks its own features

✓ Clients see entries & perks in-app

Fully digital — from package to entry



TRAINERA.FIT

Thank you.

One platform.
Every side of fitness.