

## Developmental and Behavioral Pediatrics Staff



### Dr. Polly Panitz

Dr. Polly Panitz, FAAP, is a board certified, fellowship-trained Behavioral and Developmental Pediatrician who practices at the Falls Church office of Capital Area Pediatrics.

Her training consists of:

- ❖ Behavioral and Developmental Pediatrics fellowship at Evanston Hospital at Northwestern University Medical School in Chicago, Illinois.
- ❖ Additional Clinical Academic fellowship with the National Committee on Clinical Infancy programs.
- ❖ Pediatric residency at Children's Memorial Hospital of the Northwestern University Medical School in Chicago, Illinois.
- ❖ Medical School at the Boston University School of Medicine.

Dr. Panitz's background prior to joining CAP includes ten years of general pediatric practice with special interests in the behavioral challenges of young children. Her work focuses on supporting families and promoting healthy parenting styles that allow for optimal outcomes for children both at risk and typically developing. She has specialized in feeding problems and the management of Autistic Spectrum Disorders in young children.

Dr. Panitz works to create a new model of pediatric practice within Capital Area Pediatrics, working alongside the primary care provider to promote the early identification and management of developmental and behavioral issues. Furthermore, she provides support to families as they navigate the challenges and treatment paths appropriate for their children. She is available for consultation on behavioral interventions, on developmental concerns, as well as on the management of children along the Autistic Spectrum. She is familiar with the resources available in the community and works closely with professionals in the mental health and educational fields to provide coordination of care for these families.



### Sharan Milligan, LPN

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Sharon Milligan, LPN has been a nurse with Capital Area Pediatrics since 1999 and in the role of nurse coordinator for the Developmental and Behavioral Department since January 2017.