

# Beacon of Light on Lung Cancer BENEFIT WALK

## **INDIVIDUALS, TEAMS AND GROUPS WELCOME!**

**COME OUT AND WALK TO ACHIEVE BETTER LUNG HEALTH FOR EVERYONE!** 

## Saturday, November 21, 2020 9:00 AM - 10:00 AM INSIDE THE LOGAN VALLEY MALL

**Sponsored by:** 

Official Kick-off for the 4th Annual





10:00 am - 2:00 pm

- Join walkers across
   Central PA to raise money
   to help local Lung Cancer
   patients.
- Registration only \$10.
   Additional Walker pledges appreciated.
- Walkers receive a free t-shirt and chances to win a prize.



For more information call Sherri Stayer at 814-946-2845. www.thelungspecialists.com

# OUR EFFORTS WOULD NOT BE POSSIBLE WITHOUT YOUR HELP

### Registration forms available at:

- Altoona Mirror
   301 Cayuga Ave., Altoona, PA
- Lung Disease Center of Central PA 800 Chestnut Ave., Altoona, PA
- Select Specialty Hospital "Admissions"
   320 Main Street, Johnstown, PA
- Lung Disease Foundation of Central PA's Website www.lungdiseasefoundation.org
- Request a form by email: sherris@altoonalungspecialsts.com



#### Sponsored by:



# **Saturday, November 21, 2020** 9:00 A.M. TO 10:00 A.M.

Inside Logan Valley Mall
Official Kick-Off to 2020 Healthy Resolutions Expo
Register August 14 – November 20 and Day of Walk

#### OFFICIAL REGISTRATION FORM/PLEDGE SHEET

REGISTRATION FEE: \$10.00 (INCLUDES T-SHIRT)

**ADDITIONAL WALKER PLEDGES APPRECIATED!** 

PLEASE MAKE CHECKS PAYABLE TO:
Lung Disease Foundation of Central PA

| Walker Name:   |                |   |   |                         |  |  |  |  |
|--|----------------|---|---|-------------------------|--|--|--|--|
| Address:   |                |   |   |                         |  |  |  |  |
| Phone:   | Gender: M      | F | Birthdate:  | Age:                    |  |  |  |  |
|  |                |   |   |                         |  |  |  |  |
| WAIVER I hereby waive all claims against the Lung Disease Center of Central PA, Select Specialty Hospital, and the Altoona Mirror, or any personnel for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotion of this event. |                |   |   |                         |  |  |  |  |
|  |                |   |   |                         |  |  |  |  |
| Signature of walker  |                |   | Signature of parent/legal guardian if under 18 years of age |                         |  |  |  |  |
| ADMIN USE ONLY   |                |   |   |                         |  |  |  |  |
| Walker's Number:   |                |   | Card #  |                         |  |  |  |  |
| T-Shirt Size: 🗆 S 🗆 M 🗆 L 🗆 XL 🗆 XXL   |                |   | Exp. Date/  | Security Code (3 Digit) |  |  |  |  |
| # of full laps   | # of half laps |   | Name on Card:   |                         |  |  |  |  |
| Fee \$10 + Pledges \$  | = Total \$     |   | Billing Address if different from above:                    |                         |  |  |  |  |
| Cash Check# Charge \$  |                |   |   |                         |  |  |  |  |
| CC □ Visa □ MC □ Discover  |                |   | Signature:  |                         |  |  |  |  |

#### **WALK PLEDGES**

|              | Name | Address | Pledge \$ | \$ Per Lap | Total |
|--------------|------|---------|-----------|------------|-------|
| 1            |      |         |           |            |       |
| 2            |      |         |           |            |       |
| 3            |      |         |           |            |       |
| 4            |      |         |           |            |       |
| 5            |      |         |           |            |       |
| 6            |      |         |           |            |       |
| 7            |      |         |           |            |       |
| 8            |      |         |           |            |       |
| 9            |      |         |           |            |       |
| 10           |      |         |           |            |       |
| Subtotal     |      |         |           |            |       |
| TOTAL RAISED |      |         |           |            |       |

