



West Region Sleep Center

15805 Puritas Avenue
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www.wrsleepcenter.com

SLEEP MEDICINE

Basma Ricaurte, MD, FCCP
MEDICAL DIRECTOR

Robert B. Gerber, MD, FCCP

Linus F. Vaitkus, MD, FCCP

Siarhei Ramaniuk, RPSGT
TECHNICAL DIRECTOR

Dear Patient:

Your appointment has been scheduled at West Region Sleep Center. There is well lit parking at the main entrance in front of the building. Our facility is handicap accessible. You will be coming in through the main entrance where the sleep technician will greet you in the lobby and show you to your private room for the study.

Technicians arrive at the building at 8:30 p.m., no earlier. Please arrive at your appointed time. Wake-up time is approximately 5:00-5:30 a.m. Please have transportation arranged before study if you are not driving yourself.

- Be sure your hair is clean and DRY.
- Hairpieces, wigs, braids or weaves are not to be worn at time of study. Electrodes will be placed on your scalp.
- Bring loose fitting, comfortable sleep apparel.
- Take all medications as prescribed and bring any that you will need for the night or in the morning.
- No caffeine after 12 noon on the day of the study.
- All bedding is provided by sleep center.
- If you need to stay for a daytime study the next morning, breakfast and lunch will be provided.
- **Most important, if you need to cancel or reschedule your appointment, we need at least 24-48 hours notice or a \$100.00 “non-cancellation” fee will be charged.**

If you have any questions, please call us at 216-267-5933.

Sincerely,

Scheduling Coordinator