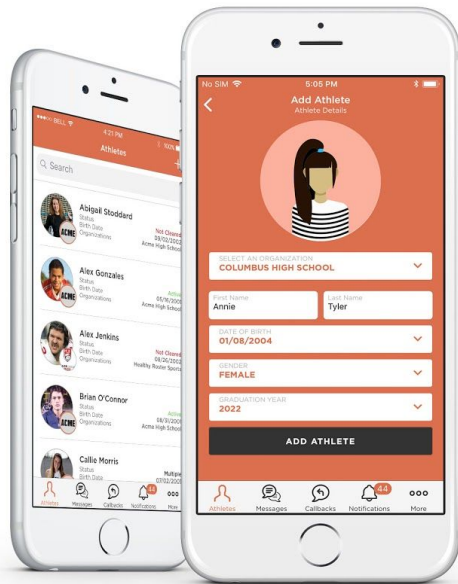


Connecting Parents & Coaches to Licensed Athletic Trainers

Healthy Roster is a FREE mobile app/website program connecting athletes, parents and coaches from **Plum School District** with their Athletic Trainers from **East Suburban Sports Medicine Center - Ryan Klesterholt & Michael Tardio**.

When your child is injured playing sports, help is one tap away!



HEALTHY ROSTER MOBILE APP INCLUDES

- + Access to a Licensed Athletic Trainer via Chat, Voice or Video
- + Injury Tracking and Updates
- + Guardian & Parent Accounts
- + One Account for Multiple Children
- + HIPAA Compliant - Safe & Secure



YOU'RE INVITED
Make sure to check your email!

To get started using Healthy Roster, look for your email invitation coming soon from Plum School District's Certified Athletic Trainers from **East Suburban Sports Medicine Center**. If you do not receive one, please contact Ryan Klesterholt or Michael Tardio to be invited.

Contact Ryan Klesterholt at ryan@essmc.com
Contact Michael Tardio at michael@essmc.com

HR HEALTHY ROSTER
HEALTHY ROSTER.COM

