www.surgical-spine-associates.com

Telephone: 412.275.0227 Fax: 412.291.2111

### **Office Locations:**

Greensburg
One Aesthetic Way
Greensburg, PA 15601

Scheduling Soon!
Cranberry
One Adams Place
310 Seven Fields Blvd
Seven Fields, PA 16046

### **Procedure Locations:**

Greensburg
One Aesthetic Way
Greensburg, PA 15601

Fox Chapel 107 Gamma Drive Pittsburgh, PA 15238

South Hills 100 Trich Drive Washington, PA 15301

### **New Patient Packet**

Welcome to Surgical Spine Associates. We are pleased that you have entrusted us with your health care needs. Please carefully review the packet and answer <u>all</u> questions to the best of your knowledge. We appreciate your compliance with completing all forms <u>prior</u> to your office visit so that we can develop the best plan of care for you.

### **How to Best Prepare for Your Appointment:**

- 1. Please arrive **15 minutes** prior to your scheduled appointment time.
- 2. You must present with a photo I.D. (driver's license, passport, government issued I.D. card) and medical insurance card in order to be seen.
- 3. Complete all forms included in your New Patient packet **before** your appointment.
- 4. Bring all imaging studies (MRI, CT scan, X-rays, Nerve Studies EMG/NCV) and radiology reports that pertain to your problem. Please be aware that Surgical Spine Associates is a private practice and cannot access your records from outside facilities without a record request.
- 5. Wear comfortable clothing. You will be asked to remove your shoes for a Neurologic examination.

### PATIENT HEALTH HISTORY

In order for us to obtain a complete medical history, it is important for you to fill out this form as completely as possible. This is very important information. **Please fill out every item.** It is important for your doctor to know you have carefully reviewed every area of this form. It will be entered into our electronic health record to ensure the best possible care for you.

| tient's Last Name                              | First                               | MI  |  |  |
|--|-------------------------------------|---|--|--|
| x Male Female Date                             | of Birth:                           |   |  |  |
| me of Primary Care Physician:                  |                                     | Phone # of PCP:                                   |  |  |
| me of Referring Physician:                     |                                     | _Phone # of referring:                            |  |  |
| me of Emergency Contact:                       | Phone #Phone #                      |   |  |  |
| armacy Preference (include location            | on):                                | Phone #   |  |  |
| ASON FOR TODAY'S VISIT:                        |                                     |   |  |  |
| EASE LIST ANY MEDICATION                       |                                     |   |  |  |
|  | Dosage                              |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
| E VOI ALLEBOIG TO ANY S                        |                                     | NI IC 1 11 1 1                                    |  |  |
| E YOU ALLERGIC TO ANY MI<br>Name of Medication |                                     | No. If yes, please list below:  Type of Reaction* |  |  |
| Name of Medication                             |                                     | Type of Keachon                                   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
|  | TV (                                |   |  |  |
| Latex Allergy: □Yes □No                        | IV C                                | Contrast Allergy: □Yes □No                        |  |  |
| RGERIES, HOSPITALIZATION                       | S AND MEDICAL CONDITI               | ONS. If yes, please list:                         |  |  |
| RGERIES:                                       |                                     |   |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
| OSPITALIZATIONS:                               |                                     |   |  |  |
|  |                                     |   |  |  |
| EDICAL CONDITIONS:                             |                                     |   |  |  |
|  |                                     |   |  |  |
| CENT DIAGNOSTIC TESTS, M                       | RI'S X-RAV'S EMC'S (Place           | se indicate when/where these were n               |  |  |
| CENT DIMENTOLIC LESIS, IV.                     | ici o, zi ici i o, mio o (i icas    | a marcace when where these were p                 |  |  |
|  |                                     |   |  |  |
|  |                                     |   |  |  |
| we you ever had any problems with a            |                                     | tt to sleep)? □Yes □No                            |  |  |
| ve you ever been hospitalized for <b>no</b>    | <b>n-surgical</b> reasons? □Yes □No |   |  |  |



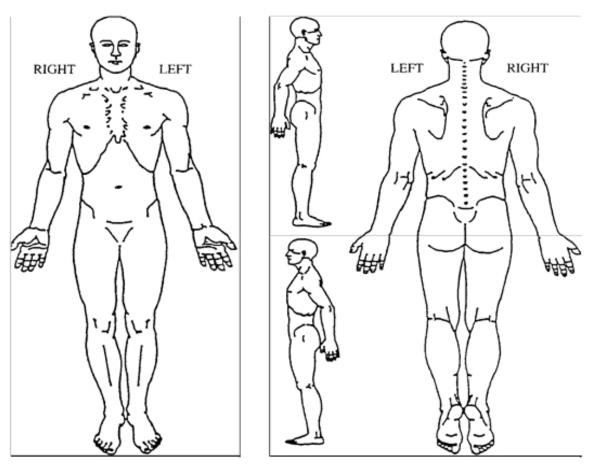
# **Surgical Spine Associates**

One Aesthetic Way, Greensburg, PA, 15601 Phone: (412) 275-0227 Fax: (412) 291-2111

| 1. | Name:             |       |                |       |              |
|----|-------------------|-------|----------------|-------|--------------|
|    |                   | First | Middle Initial | La    | st           |
| 2  | Social Security # |       |                | 3 Dat | te of Birth: |

#### Characteristics of Pain

- 1. What is the main complaint for which you are seeking treatment at Surgical Spine Associates?
- 2. On the diagram, shade in the areas where you feel pain. Put an "X" on the area that hurts the most.



- 3. How long have you had the pain problem you are currently experiencing (in months and years)?
- 4. What caused your current pain?

| 5. Describe the characteristics of your pain (circle each that describes your pain). |   |                             |   |                    |                |  |  |
|--|---|-----------------------------|---|--------------------|----------------|--|--|
|  | Piercing  | Throbbing                   |   | Numbing            | 1              |  |  |
|  | Stabbing  | Cramping                    |   | Itching            |                |  |  |
|  | Shooting  | Aching                      |   | Tingling           |                |  |  |
|  | Burning   | Stinging                    |   | None               |                |  |  |
|  | Grinding  | Squeezing                   |   |                    |                |  |  |
| 6.   | Please circle all associated symptoms of your pain:   |                             |   |                    |                |  |  |
|  | Numbness  | Incontinence of bowel       |   | Cool, pale skin    |                |  |  |
|  | Weakness  | Tenderness of affected      | area  | Swelling           |                |  |  |
|  | Urinary Incontinence  | Pain with only a light tou  | ch  | Redness            |                |  |  |
| Otl  | ner:  |                             |   |                    |                |  |  |
| Ra   | te your pain by placing an "X" on the l   | line to best describe your  | pain at its WORS                                      | ST in the past mor | nth.           |  |  |
|  | No  |                             |   |                    | Pain as bad    |  |  |
|  | Pain  |                             |   |                    | as it could be |  |  |
| 7.   | Rate your pain by placing an "X" on the line to best describe your pain at its LEAST in the past month. |                             |   |                    |                |  |  |
|  | No  |                             |   |                    | Pain as bad    |  |  |
|  | Pain  |                             |   |                    | as it could be |  |  |
| 8.   | How often do you have pain?   |                             |   |                    |                |  |  |
|  | a. □ Constantly (80-100% of the time)   |                             | c. ☐ Intermittently (25-50% of the time)              |                    | time)          |  |  |
|  | b. $\square$ Nearly constantly (50-80% of the time)   |                             | d. $\hfill\Box$ Occasionally (less then 25% of the ti |                    | of the time)   |  |  |
| 9.   | What kinds of things make your pain   | feel better? (example: sit  | tina, sleepina, etc                                   | 2.)                |                |  |  |
| ٥.   | Timat tunde er umige mane year pam  | Tool Dottor : (oxampio: oil | g, 0.00pg, 0.0  | ··)                |                |  |  |
|  |   |                             |   |                    |                |  |  |
|  |   |                             |   |                    |                |  |  |
|  |   |                             |   |                    |                |  |  |
|  |   |                             |   |                    |                |  |  |
| 10.  | What kinds of things make your pain   | feel worse? (example: sta   | anding, lifting, etc                                  | c.)                |                |  |  |

## **SECTION MUST BE COMPLETED.**

Lung Disease

| 1 – Worsened Pain   | 2 – No Relief   | 3 – Partial Relief  | 4 – Complete Relief   |          |
|---|---|---|---|----------|
| DATE  |   | DATE  |   | DATE     |
| Acupuncture   | Hospital I  | Bed Rest  | SI joint injection  |          |
| Biofeedback   | Hypnosis  |   | Spinal Cord Stimulato   | or       |
| Chiropractor<br>Epidural Steroid Inj  | Nerve Bid   | ock<br>Therapy  | TENS (Elect Stim)<br>Traction   |          |
| Exercise  | Psychoth  | erapy   | Facet Rhizotomy   |          |
| Hot/Cold Tmts   | Surgery _   |   | Pain Pump   |          |
| If you have had prior neck or back  | surgery, please indic   | ate the surgery performe  | d:<br>  |          |
|   |   |   |   |          |
|   |   |   |   |          |
|   |   |   |   |          |
|   |   |   |   |          |
|   |   |   |   |          |
| Past Medical History  |   |   |   |          |
| Past Medical History  1. Aside from your pain problem   | ı, how is your genera   | health? (please check o   | one item)   |          |
| •   | ı, how is your genera<br>□Minor Heal  | "   | one item)<br>□Major Health Problems   |          |
| Aside from your pain problem     □Excellent   | □Minor Heal   | th Problems   | □Major Health Problems  |          |
| <ol> <li>Aside from your pain problem         Excellent     </li> <li>Have you had any of the follow</li> </ol>   | □Minor Heal   | th Problems   | □Major Health Problems  |          |
| <ol> <li>Aside from your pain problem         Excellent     </li> <li>Have you had any of the followadaches/Migraines</li> </ol>  | □Minor Heal   | th Problems ? (please circle all that a   | □Major Health Problems  |          |
| <ol> <li>Aside from your pain problem         Excellent     </li> <li>Have you had any of the followadaches/Migraines</li> <li>urologic Disorder</li> </ol>   | □Minor Heal wing health problems Obstructive Asthma or  | th Problems ? (please circle all that a e Sleep Apnea Wheezing  | □Major Health Problems  oply)  Fractures  Blood Disorder  |          |
| <ol> <li>Aside from your pain problem         Excellent     </li> <li>Have you had any of the follow         adaches/Migraines         urologic Disorder         izures or Epilepsy     </li> </ol>   | □Minor Heal wing health problems Obstructive Asthma or Chronic Co                                     | th Problems ? (please circle all that aperiods e Sleep Apnea Wheezing bugh  | □Major Health Problems  oply)  Fractures  Blood Disorder  Anemia  | monary/i |
| <ol> <li>Aside from your pain problem</li></ol>   | □Minor Heal wing health problems Obstructive Asthma or Chronic Co                                     | th Problems ? (please circle all that appeared the Sleep Apnea Wheezing bugh  | □Major Health Problems  oply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul                            | monary/l |
| <ol> <li>Aside from your pain problem         Excellent     </li> <li>Have you had any of the follow         adaches/Migraines         urologic Disorder         izures or Epilepsy         ansient Ischemic Attack/Stroke         est Pain     </li> </ol> | □Minor Heal wing health problems Obstructive Asthma or Chronic Co Stomach L History of F              | th Problems ? (please circle all that appeared the Sleep Apnea Wheezing ough licer Polyps   | □Major Health Problems  oply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul  Cancer                    | monary/l |
| 1. Aside from your pain problem  Excellent  2. Have you had any of the follow adaches/Migraines surologic Disorder izures or Epilepsy ansient Ischemic Attack/Stroke est Pain gh Blood Pressure   | □Minor Heal wing health problems Obstructive Asthma or Chronic Co Stomach U History of F Liver Disea  | th Problems ? (please circle all that appeared and the second and | □Major Health Problems  pply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul  Cancer  Depression        | monary/I |
| 1. Aside from your pain problem  Excellent  2. Have you had any of the follow eadaches/Migraines eurologic Disorder eizures or Epilepsy eansient Ischemic Attack/Stroke est Pain gh Blood Pressure eart Attack  | □Minor Heal wing health problems  Obstructive Asthma or Chronic Co Stomach U History of F Liver Disea | th Problems ? (please circle all that appeared that appeared that appeared the Sleep Apnea wheezing ough alloer Polyps ase/Hepatitis/Cirrhosis or High Blood Sugar  | □Major Health Problems  oply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul  Cancer  Depression  Mania | ·        |
| Aside from your pain problem     □Excellent   | □Minor Heal wing health problems Obstructive Asthma or Chronic Co Stomach U History of F Liver Disea  | th Problems ? (please circle all that appeared that appeared that appeared the Sleep Apnea wheezing ough alloer Polyps ase/Hepatitis/Cirrhosis or High Blood Sugar  | □Major Health Problems  pply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul  Cancer  Depression        | ·        |
| 1. Aside from your pain problem  Excellent  2. Have you had any of the followed adaches/Migraines eurologic Disorder eizures or Epilepsy ansient Ischemic Attack/Strokenest Pain gh Blood Pressure eart Attack  | □Minor Heal wing health problems  Obstructive Asthma or Chronic Co Stomach U History of F Liver Disea | th Problems ? (please circle all that appeared and the second and | □Major Health Problems  oply)  Fractures  Blood Disorder  Anemia  Blood Clots: Pul  Cancer  Depression  Mania | ·        |

Arthritis

# **Review of Symptoms**

| Please <b>circle the symptoms</b> listed below that you have experienced in the past few months. If you are not having any of these difficulties, please check "No Problems."  |
|--|
| Const. (Health in General) ☐ No Problems Lack of energy, unexplained weight gain or weight loss, loss of appetite, fever, night sweats, prior diagnosis of cancer.  Other:   |
| Ears, Nose, Mouth & Throat ☐ No Problems Difficulty with hearing, sinus problems, runny nose, post-nasal drip, ringing in ears, mouth sores, dental problems, ear pain, nosebleeds, sore throat, facial pain or numbness. Other:                         |
| C-V (Heart & Blood Vessels) ☐ No Problems Irregular heartbeat, racing heart, chest pains, swelling of feet or legs, pain in legs with walking. Other:  |
| <b>Resp. (Lungs &amp; Breathing)</b> ☐ No Problems Shortness of breath, night sweats, prolonged cough, wheezing, sputum production, prior tuberculosis, pleurisy, oxygen at home, coughing up blood, abnormal chest x-ray. Other:                        |
| GI (Stomach & Intestines) ☐ No Problems Heartburn, constipation, intolerance to certain foods, diarrhea, abdominal pain, difficulty swallowing, nausea, vomiting, blood in stools, unexplained change in bowel habits, incontinence. Other:              |
| <b>GU (Kidney &amp; Bladder)</b> ☐ No Problems Painful urination, frequent urination, urgency, prostate problems, bladder problems, impotence. Other:  |
| <b>MS (Muscles, Bones, Joints)</b> ☐ No Problems Joint pain, aching muscles, shoulder pain, swelling of joints, joint deformities, back pain. Other:   |
| <b>Integumentary (Skin, Hair &amp; Breast)</b> ☐ No Problems Persistent rash, itching, new skin lesion, change in existing skin lesion, hair loss or increase, breast changes. Other:  |
| <b>Neurologic (Brain &amp; Nerves)</b> ☐ No Problems Frequent headaches, double vision, weakness, change in sensation, problems with walking or balance, dizziness, tremor, loss of consciousness, uncontrolled motions, episodes of visual loss. Other: |
| <b>Psychiatric (Mood &amp; Thinking)</b> ☐ No Problems Insomnia, irritability, depression, anxiety, recurrent bad thoughts, mood swings, hallucinations, compulsions. Other:   |
| <b>Endocrinologic (Glands)</b> ☐ No Problems Intolerance to heat or cold, menstrual irregularities, frequent hunger/urination/thirst, changes in sex drive. Other:   |
| <b>Hematologic (Blood/Lymph)</b> ☐ No Problems Easy bleeding, easy bruising, anemia, abnormal blood tests, leukemia, unexplained swollen areas. Other:   |
| Allergic/Immunologic ☐ No Problems Seasonal allergies, hay fever symptoms, itching, frequent infections,   |

# **Family Medical History**

| 1.   | Please list any medical cond                                     | litions that are present | in your family:             |                                       |   |
|--|--|--------------------------|-----------------------------|---------------------------------------|---|
|  |  |                          |                             |                                       |   |
|  |  |                          |                             |                                       |   |
| 2.   | Is there any family history of                                   | anesthesia or surgical p | roblems? □Yes □No           |                                       |   |
| lf y   | es, please describe:   |                          |                             |                                       |   |
|  |  |                          |                             |                                       |   |
|  | Social History   |                          |                             |                                       |   |
| 1.   | Current or previous occupati                                     | ion:                     |                             |                                       |   |
| 2.   | Present employment status:                                       |                          |                             |                                       |   |
|  | □Full Time □Uner   | nployed □Leave of Al     | osence □Student             |                                       |   |
| ^  | □Part Time □Retire   |                          |                             | 6 H                                   |   |
| 3.   | Substance intake per day: (P  a. Caffeine (coffee, tea           |                          | •                           | e following)                          |   |
|  |  |                          | s tobacco, etc)             |                                       |   |
| 4.   | Your present use of alcoholic                                    | beverages is (choose     | one):                       |                                       |   |
|  | □None □Occasionally (less than 1 drink per week) □Daily          |                          |                             |                                       |   |
|  | □Rarely(less than one  | drink per month) □Reg    | gularly (drink 2-3 times pe | er week)                              | · |
|  | Have you ever made a conso                                       | rious effort to decrease | vour drinking? □Ye          | s □No                                 |   |
| Have you ever made a conscious effort to decrease your drinking? □Yes □No  Has anyone ever irritated you by suggesting that you decrease your drinking? □Yes □No |  |                          |                             |                                       |   |
|  |  |                          |                             | . 1103 1110                           |   |
| _  | Have you ever felt bad about                                     |                          |                             |                                       |   |
| 5.   | Have you ever used any of th                                     |                          |                             |                                       |   |
|  | PLEASE INDICATE WHEN   | · ·                      | •                           | Street Drugs                          |   |
|  | □Marijuana   |                          |                             | · · · · · · · · · · · · · · · · · · · |   |
| 6.   | □Amphetamines<br>Marital Status (choose one):                    | ⊔Heroin                  |                             | oi illese                             |   |
|  | □Single  | □Divorced                | □Widowed                    |                                       |   |
|  | □Married   | □Separated               | □Remarried                  |                                       |   |
|  | Number of children:  | <u> </u>                 |                             |                                       |   |
| 8.   | Present living situation:  |                          |                             |                                       |   |
|  | □Alone   | □With Children           | □With friend                |                                       |   |
| 0  | □With Spouse   | □With Parents            | □With other family me       | embers                                |   |
| <b>ઝ</b> .   | Education (check the highest<br>□Less than 8 <sup>th</sup> grade |                          | ea):<br>□Some college       | □Advanced degree                      |   |
|  | _  | _                        | _                           | ⊔∧uvanceu uegree                      |   |
| □Completed 8 <sup>th</sup> grade  □High school graduate □College graduate  |  |                          |                             |                                       |   |

| Signature of Patient:  | Date Completed:                   |
|--|-----------------------------------|
|  |                                   |
| If form has been completed by someone <u>other</u> than the patient, | please print and sign name below: |
| Name:  |                                   |
| Signature:   |                                   |
| Relationship to Patient:   |                                   |
|  |                                   |
|  |                                   |
|  |                                   |
|  |                                   |
| Signature of Reviewer:   | M.D. / NP-C / PA-C                |
|  |                                   |