

# **High-Altitude First Aid Kit Contents**

**1 Triangular Bandage**  
**1 2" ACE Wrap**  
**1 2" Roll Gauze**  
**2 4x4 Gauze**  
**2 3x3 Gauze**  
**2 2x2 Gauze**  
**Role 1" Tape**  
**6 Alcohol pads**  
**3 BZK Towlets**  
**4 Iodine Swabs**  
**4 Packs Ibuprophen/Advil**  
**3 Pack Aspirin**  
**3 Packs Sinus Tabs**  
**3 Packs Acetaminophen/Tylenol**  
**3 Packs Bismuth(Pepto-Bismo)**  
**4 ¾" BandAid**  
**2 2"x4" BandAid**  
**2 Packs Hydrocortisone Cream**  
**3 Bacitracin Antibiotic Ointment**  
**2 Packets Burn Cream**  
**4 Throat Lozengers**  
**4 Benadryle Caps**  
**2 Pair Gloves**  
**2 Refresh Eye drop ampules**  
**All kits include Prescription Anti-biotics**  
**Doxycycline**  
**Azithromycin (Z-pack)**  
**Cipro**

**High Altitude/Mountain (over 8000ft) includes: Acetazolamide**

**Female Kit Add: Pregnancy test and phenazopyridine Tablets.**