

Turn Back The Hands Of Time

Skin Care News & New Years Specials

REJUVADERMTM
MediSpa
Repair. Refresh. Renew.

Greetings!

Welcome to the most wonderful (and cold) time of the year.

When temperatures take a nosedive, so do the moisture levels in your skin. Long, hot showers, sweltering offices, and harsh soaps are also to blame. Luckily, the dangers of developing dry skin can be alleviated.

In this month's newsletter, we offer easy advice on "winterizing" and protecting your face and your body from the ravages of the season. We also offer suggestions on lotions and moisturizers to help you renew your glowing complexion and maintain a skin texture that's soft to the touch and attractive to the admiring eye.

Lastly, enjoy yourself, love one another and be careful what you eat over the holidays. Over-indulgence of alcohol, sugar, and caffeine can be more damaging to your skin, your health, and your self-esteem than that dry patch you may wake up to in the morning.

From all of us at Rejuvaderm MediSpa, here's wishing you a Happy & Healthy New Year!



Dr. Frankel

"Protect your birthday suit...wear your sunscreen daily!"



Winterize Your Face & Body

Protecting your face and body from Winter's chill is easy. Here are a few ways to start.

-Exfoliate. As your skin dries out, dead skin cells stop shedding, keeping moisturizer from fully sinking in. Very gentle scrubbing will help lotions and creams work better.

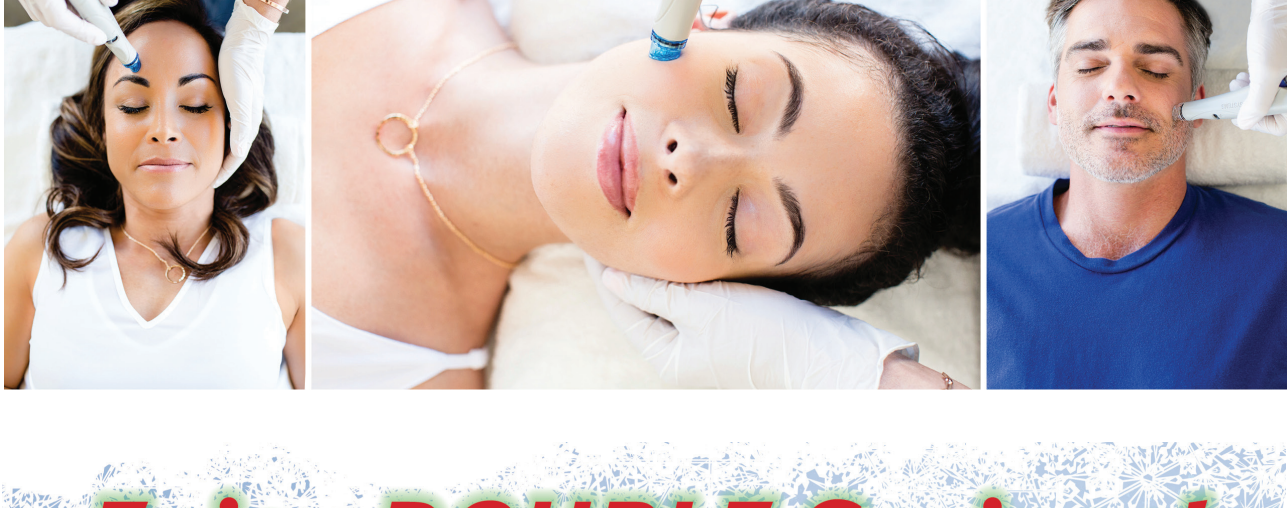
-Upgrade your moisturizer. Many of us need richer face and body creams during the winter. Look for ingredients like glycerin or sorbitol, which help pull moisture from the air into your skin. Our Rejuvaderm "Enriched AM/PM Biotherapy" is the ideal choice.

-Add lotion after you shower. Studies have shown that applying body lotion in the 3-minute window right after you shower is best. Otherwise, moisture starts to disappear from your skin before you can lock it in with lotion. Our popular "ISDIN Lotion 10 Intense Hydration" serves this purpose beautifully.

-Invest in a humidifier. It will replace precious moisture that heating systems suck up. Small tabletop models are ideal for single rooms and small apartments. Be sure to fill them with cold water to prevent bacteria from growing inside.



Sparkling Winter Specials



Enjoy DOUBLE Savings!

SAVE \$50 with the purchase of a series of **2 HydraFacials**

Enjoy clearer, more hydrated, younger-looking skin, PLUS, with each treatment

SAVE 50% on your choice of any of the following add-ons:

Add-On Neck or Back Décolleté Save 50%

Extend the benefits of your **HydraFacial** to reduce and prevent wrinkles on your neck or back by deeply cleansing, exfoliating, extracting and hydrating your skin.

Add-On Red & Blue LED Light Therapy Save 50%

Red Light Therapy is known for its anti-aging benefits. Blue Light Therapy targets and kills acne-causing bacteria to relieve congested, oily skin.

Add-On Dermaplaning Save 50%

Our exfoliating treatment gently scrapes off dead skin cells on the surface of your skin.

Add-On Boosters & Dermabuilder Save 50%

Our Boosters target discoloration to brighten your skin. Our Dermabuilders reduce the appearance of fine lines and wrinkles.

(Expires March 31, 2019. Not combinable with other discounts)

Laser Hair Removal (Save up to \$500!)

PURCHASE a series of 6 Treatments for a single area

- Legs - Bikini (full) - Arms - Chest & Back

RECEIVE a FREE series of 6 Treatments for an additional single area

- Chin - Lips - Areola - Sideburns - Stomach Strip - Unibrow

(Expires March 31, 2019. Not combinable with other discounts)

Brow & Lash Tint (Save \$10 - NOW \$25)

with the purchase of our 60-min Custom Facial.

(Expires March 31, 2019. Not combinable with other discounts)

2019 Skin Care Resolutions & Solutions

January is a time for resolutions. Putting your best face forward in 2019 means resolving to do so and Rejuvaderm MediSpa has all you need to make it happen. Here are some resolutions we can help you keep as easily as scheduling an appointment.

- "I resolve" to pamper myself more. (Schedule a HydraFacial)
- "I resolve" to look as young as I feel. (Remove those fine lines and wrinkles)
- "I resolve" to take more pride in my appearance. (Remove that unwanted hair.)
- "I resolve" to feel better about myself. (Erase that sketchy tattoo.)
- "I resolve" to pay more attention to my skin care. (Schedule a facial peel.)
- "I resolve" to turn back the hands of time. (Discover the magic of Botox & Dysport.)

Refer a Friend

Refer a **NEW CLIENT** and earn **20% OFF** any service!

Ask us about



Treatment for scars, fine lines and wrinkles



The official blog of Dr. Ellen Frankel

This month's topic:
Moisturize to Prevent Dry Skin

[Click here to read more](#)

The Fine Print

All specials in this newsletter expire on respective dates noted and cannot be combined with one another or any other offers. No further discounts apply to prescription products. There are no refunds or substitutions on series or Gift Card purchases. For the safety of our patients, it is not our policy to save vials of toxins or fillers. Don't miss out! Call today as our specials cannot be extended!