

## **Greetings!**

There are 3 little words every woman likes to hear: "You look beautiful."

But for all WE can do for YOU, it starts with what YOU can do for YOU. And the answer is simple - wear sunscreen every day - especially now that summer is here. The most legendary beauties are those who maintain their beauty long after the spotlight has

That's what Rejuvaderm MediSpa is all about - making you look your most beautiful.

faded for their contemporaries. From the ageless, porcelain complexions of a past generation's Catherine Deneuvre and Loretta Young to today's starlets like Charlize Theron or Halle Berry, the secret is protecting yourself from the sun's damaging rays. We pride ourselves on helping you "Turn Back the Hands of Time" with the most remarkable,

breakthrough procedures and treatments. But time waits for no one. So, the best time to treat fine lines, wrinkles, spots and other visible signs of aging is when they first appear.

This summer, we have several procedure specials and savings on revolutionary new products to keep you ahead of the aging curve so you can continue to hear those 3 precious words, "You look beautiful."



sunscreen.

face makes on a regular basis.

Dr. Frankel "Protect your birthday suit...wear your sunscreen daily!"

# Don't Forget Your LIPS



know that sun exposure destroys collagen, so it thins the lips over time. And because they have no melanin, they are left unshielded. Applying a 30 SPF or higher lip balm every day protects the skin and the collagen beneath it in

exactly the same way regular sunscreen use prevents skin damage and eventual sagging and aging of the skin on your face and body. Less than 25% of Americans use some form of lip protection. When you're in direct sun - on the

beach, at the park, out walking or in your convertible - wear a lip balm with a broad-spectrum

While some lipsticks and glosses contain an SPF, most don't include a UVB filter and provide no UVA protection at all. Indeed, it's even been shown that shiny lip gloss attracts light and increases a person's risk of skin cancer. So, if you prefer lipstick over SPF lip balm, read the label carefully.

# "Preventive" Botox is Now a Trend



treatments to stop wrinkles before they start is growing. Preventative Botox is used to retrain facial muscles and improve facial posture that can cause wrinkles. Botox is FDA-approved for people who are 18 and older. And now, 20- and 30-

Dysport in their 40s, 50s or 60s. But today, the number of young people turning to these

somethings are turning to the treatments for prevention. People develop wrinkles because, over time, skin weakens and can't effectively bounce back from folding caused by laughing, smiling, furrowing your brow, and all the other motions your

Botox specifically targets dynamic wrinkles, or wrinkles caused by muscle movements. Very precise placements of the injections at an early age can affect certain muscles to pull in a specific direction and age the face more evenly.

Doctors and aesthetic nurses can usually tell if and where you might benefit or need preventive Botox just by looking at your face. Using Botox can totally reverse mild lines and prevent them from developing at all. While wrinkles can be treated at any age, the best time to start is when they first appear.

these resting wrinkles, make an appointment to consult with us about preventive Botox. **Botox & Dysport Special** 

If you're doing everything right to avoid the signs of aging but find that you're starting to develop

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The official blog of Dr. Ellen Frankel This month's topic:

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