

## Greetings!

Autumn is here! Our favorite season at the MediSpa is even more special this year because it also marks our **10th Anniversary** of "**turning back the hands of time**" for so many of you who have re-discovered your youthful complexion with our advanced services and procedures.

To celebrate, we're offering some exciting Fall specials. Read all the details below!

Autumn is also the perfect time to pamper yourself. "**Repair**" the damage from Summer sun exposure. "**Renew**" with a soothing Facial. "**Refresh**" your dehydrated summer skin, exfoliate and erase unwanted pigment with a variety of rejuvenating Chemical Peel choices.

It's all here for you. This year, as the leaves are changing, take time to "Recharge" and put on a happier face for the winter months and holiday gatherings ahead at Rejuvaderm MediSpa!



Dr. Frankel

"Protect your birthday suit...wear your sunscreen daily!"



Another summer has come and gone. Now it's time to set your sights on a whole new season. Since we know you want to head into fall looking fabulous here are some of our best tips for getting gorgeous as we head into the colder weather season ahead.

## Hydrate inside & out

Staying hydrated through the fall is important for good health and energy and smooth, supple skin. Also, choose a moisturizer that soaks in but provides the skin with a layer of nourishing moisture when the colder temperatures arrive.

## **Exfoliate less**

When your skin begins to get flaky, you may be inclined to exfoliate. Exfoliating every so often is fine, but avoid over-exfoliating as it irritates and over-stimulates the skin. Shorten showers, cool the water down a few degrees and choose gentle non-harsh soaps.

## Switch to a creamy cleanser

As the temperatures inevitably start to dip, the air will start to dry out and harsh wind can wreak havoc on skin. With the arrival of cold weather, creamy formulas are a good cleansing choice.

## Get a post-summer facial

Chlorine, salt-water, sand, sweat, long nights drinking cocktails - they all take their toll on your complexion. If you haven't already done so, we suggest a facial to transition your skin into the new season.

#### Overhaul your makeup bag

The start of a new season is a great time to overhaul your cosmetics bag and make sure anything expired is replaced. While you're at it, do a thorough cleaning of all your makeup brushes with mild, unscented soap and warm water.



## Make SPF your BFF All Year Round

Even though a well-earned tan may boost your self-esteem, unprotected sun exposure can result in some serious damage to your skin. UV radiation alters the DNA of your skin cells, bringing on fine lines, wrinkles, discoloration, and can increase your risk of skin cancer. Think of your skin having a built-in meter, each moment you're out in the sun, your body registers it. Sun protection is crucial, not only in the summer months but all

year-round. Always wear broad-spectrum sunscreen which guards against both UVB and UVA rays) of **at least SPF 15.** 



ISDIN Eryfotona Actinica 50+ SPF works with DNA repairsomes to help address damage and give your skin a new chance.



Our staff's favorite Retinol and Hydroquinone combination is ZO Retinol Skin Brightener 1% & ZO Pigment Control Cream 4% HQ.

To assist in repairing sun damage, we suggest Vitamin A (Tretinoin, Retinol) and Hydroquinone. Together they create a powerful cocktail that can significantly improve pigmentation issues and fine lines. Supercharging cell turnover and stimulating collagen production. It's important to slowly introduce such products into your routine and not use too much, which can result in dry and irritated skin.



**NEW!** 



Peel away sun damage with our new VI Peel! Safe for all skin types, the VI Peel is a blend of five acids: TCA, Retin-A, Salicylic Acid, Phenol and Vitamin- C that works to enrich the skin with vitamins and minerals while your skin sheds away those dead skin cells.









## **Rejuvenating Peels**

Purchase a series of 3 treatments of any chemical peel, receive a **FREE Glycolic Neck/Decolletage & Hand Peel** with Each Treatment. **\$300 Savings!** 

(While supplies last. Must have peels 3-4 weeks apart to receive complimentary Glycolic peels.)

# Sculptra®



Sculptra is a poly-L-lactic acid, which works with your body to help rebuild lost collagen for a more youthfullooking appearance. With multiple treatments, results can last up to two years.

## Receive all the benefits of micro-needling with a serum that promotes faster healing and faster results.



Receive 3 treatments of Sculptra, 60 units of Dysport and ISDIN Photoaging Essentials Kit, Includes FULL SIZED Eryfotona Actinica & Melatonik. AM/PM regimen.

## \$725 In Savings!

(While supplies last. Not combinable with any other inhouse discounts, **Aspire rewards** can be combined.)







Before: Facial scars



After: Facial scars faded (3 treatments)

combines **MICRO-NEEDLING** and a **MATRIX SOLUTION**, a powerful stem cell growth factor serum with anti-inflammatories, vitamins, peptides, antioxidants, and more.

Purchase a series of 3 Treatments Now \$1,400 Receive STEMFACIAL Advanced Cytokine Duo 2-in-1 Growth Factor Serum aftercare product FREE! \$300 Savings.

(Not combinable with any other discount.)

# **Rejuvaderm Gift Cards**

For every \$100 or more gift card purchase, receive a FREE \$20 Bonus Card! Nov 25th - Dec 19th.





Have your referral mention your first and last name. When your referral has a service of \$100 or more, 100 Rejuvabucks will be awarded to your account.



# The Official Blog of Drs. Ellen & Amylynne Frankel

This month's topic: Keeping Your Hands Looking Younger Click here to read more

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The Fine Print

All specials in this newsletter expire on December 31, 2019 and cannot be combined with one another or any other offers. No further discounts apply to prescription products. There are no refunds or substitutions on series or Gift Card purchases. For the safety of our patients, it is not our policy to save vials of toxins or fillers. Don't miss out! Call today as our specials cannot be extended!