



Dr. Ellen Frankel Helps You

Turn Back the Hands of Time

# Autumn Specials & Skin Care News



Greetings!

Autumn in New England is different than in any other part of the country. The combination of scenic Fall foliage, cool breezes, mulled cider and family traditions of visiting orchards to pick apples and pumpkins together is a regional hallmark.

Growers have told us that this has been a good year: ample rain, lots of sun, and no damaging storms or infestations. The result: a beautiful apple crop.

Unlike apples, which depend so much on Mother Nature's balance to assure their healthy and flawless appearance, your appearance is always in your control - especially your complexion.

Are you properly hydrating and eating the right foods to keep your healthy glow? Are you wearing sunscreen? Are you getting enough sleep? Are you properly cleaning your face of makeup and environmental build-up during the day?

Despite your best efforts, complexion issues may still arise. That's where we come in. We offer a host of advanced, affordable services and treatments to maintain, restore or enhance your complexion for a more beautiful and confident you.

We invite you to take advantage of these services and our newsletter specials as we head into the holiday season.



*Dr. Frankel*

"Protect your birthday suit...wear your sunscreen daily!"



When it comes to your beauty routine, sleep may be the closest thing there is to a fountain of youth. Your body repairs itself and recovers while you snooze, and that leads to a long list of benefits for your looks. The key is to get enough shut-eye. That means 7 to 9 quality hours each night.

According to sleep specialists, if you're getting fewer than 6 hours, it's likely affecting your appearance. The more hours you can add, the better you will look. They say, "When you snooze you LOSE." However, when it comes to your complexion and facial appearance, "When you snooze, you can actually WIN."

Click [here](#) for our 5 beauty benefits of getting enough rest.



## Try our NEW Rejuvaderm product "Pucker Up"

An easy, do-it-yourself topical that enhances and immediately adds volume for the more plump, defined lips you crave.

- Draws in & seals in moisture - Supports collagen production - Replenishes the skin

**Special Introductory Price Just \$24 while supplies last**

*(Expires Dec 31, 2018. Not combinable with other discounts)*



## Purchase any "Package of 3 Peels" and get a 4th Peel Free!

Improve the appearance of the skin on your face, neck or hands. Choose from a variety of peel options for your individual needs.



**BONUS: SAVE 20% Off Cicalfate Restorative Cream with any peel purchase**

*(Expires Dec 31, 2018. Not combinable with other discounts)*



## Save 20% on "Baby Foot" (Now Just \$20)

Experience this revolutionary spa treatment for men & women in the comfort of your own home. It gently exfoliates and moisturizes your feet - peeling cracked, dead skin away to reveal healthier, more beautiful feet.

*(Expires Dec 31, 2018. Not combinable with other discounts)*

## Buy a Gift! Get a Gift!

### Rejuvaderm Gift Cards

**FREE \$20 Gift Card**

**Oct 1st thru Dec 20th**

with EVERY \$100 worth of gift cards purchased. Good towards all Spa Services & Purchases.



# Refer a Friend



Refer a NEW CLIENT and earn **20% OFF** any service!

Ask us about



Advanced skin needling innovations

Treatment for scars, fine lines and wrinkles



The official blog of Dr. Ellen Frankel

This month's topic: **Get Your "Beauty Sleep"**

[Click here to read more](#)

#### The Fine Print

All specials in this newsletter expire on respective dates and cannot be combined with one another or any other offers. No further discounts apply to prescription products. There are no refunds or substitutions on series or Gift Card purchases. For the safety of our patients, it is not our policy to save vials of toxins or fillers. Don't miss out! Call today as our specials cannot be extended!