

Antihistamines

Stop these medications 10 days prior to appt:

Atarax, Vistaril, Hydroxyzine (Marax)

Stop these oral antihistamines 5-7 days prior:

Allegra (Fexofenadine)	Xyzal (Levocetirizine)
Claritin (Loratadine)	Alavert (Loratadine)
Zyrtec (Cetirizine)	Clarinex (Desloratadine)

Stop these oral antihistamines 5 days prior:

Actifed (Triprolidine)	Antihist
Axid	Azatadine (Optimine, Trinalin)
Bromfed	Benadryl (Diphenhydramine)
Cabinoxamine (Rondec)	Chlopheniramine (Chlortrimeton)
Clemastine (Tavist)	Cyproheptadine (Periactin)
Deconamine	Dimenhydrinate (Dramamine)
Dimetapp	Diphenylpyraline (Hispril)
Doxylamine (Nyquil)	Drixoral
Dura-Tab	Flexeril (muscle relaxers)
Kronofed	Meclizine (Antivert)
Methdilazine (Tacaryl)	Naldecone
Novafed-A	Ornade
Pepcid (Famotidine)	Phenergan (Promethazine)
Phenindamine (Nolamine)	Pheniramine
Poly-Histine-D	Pyrlamine (Kronohist, Rynatan)
Tagament (cimetidine)	Tavist
Trimeprazine (Temaril)	Trinalin
Zantac (Ranitidine)	Valium (Lorazepam, Ativan, sleeping pills)

Stop these Nasal Sprays/Eye Drops 5 days prior:

Afrin	Astepro
Astelin	Azelastine
Dymista	Patanase
Bepreve	Patanol
Pataday	OTC- Eye Drops

*If you are unsure if your medication contains an antihistamine, please contact our office.

The following medications *need not* be stopped:

Oral Corticosteroids (Prednisone, Medrol)

Pseudoephedrine Accolate (Zarfilukast)

Theophylline Zflo (Zileuton)

Singulair (Montelukast) Atrovent (Ipratroprium Bromide)

Nasal Steroids:

Qnasl Nasalide

Fluticasone (Flonase) Nasacort

Inhaled Asthma Steroids/Bronchodilators:

Aerobid Pulmicort

Flovent QVAR

Advair Symbicort

Dulera Aerospan

Alvesco Asmanex

Albuterol Sulfate (ProAir, Ventolin, Proventil)

Levalbuterol (Xopenex)

SSRI Antidepressants:

Paxil (Paroxetine) Zoloft (Sertraline)

Prozac (Fluoxetine) Celexa (Citalopram Hydrobromide)

Lexapro (Escitalopram) Effexor (Venlafaxine)

Proton Pump Inhibitors:

Prilosec Aciphex

Protonix Prevacid

Nexium

**Please note this is not a complete list. If you are unsure if the medication you are taking contains an antihistamine please contact our office or your local pharmacy.*

**Please inform us if you are taking any antidepressants before skin testing as they may interfere with skin testing. Never stop antidepressants without consulting the prescribing physician first.*