

DOT Exam Information

No refunds will be given once you complete the registration process, if you fail to provide the examiner with the required supporting documentation (*within 45 day window of initial exam date*) and/or fail the requirements of the physical exam.

The information provided below are guidelines only and not meant to be all inclusive or as a guarantee of passing the exam. Your DOT examiner may require additional testing and/or information. *If you are uncertain if you will qualify for a DOT card, you may want to schedule a visit with your primary care or specialty physician BEFORE your recertification date. All examination results, pass or fail, are reported to the Department of Transportation.*

All Drivers:

Bring a list of ALL your medications, including the doses and your doctor's names and contact information. *Medications that may cause sedation or sleepiness or controlled substances (includes narcotics, sleeping pills, anxiety medication, and ADHD medication) will most likely require a letter and medical records from your treating physician regarding the safety of driving a DOT vehicle while using these medications.*

Eyeglasses, contact lenses or hearing aids:

Bring your glasses, contacts or hearing aids. You will be required to pass a vision and hearing test during your exam.

High Blood Pressure:

Your Blood Pressure MUST be below 140/90 on the day of your exam or you may not qualify or have a shorter duration DOT card. It might be a good idea to avoid caffeinated beverages (soda, coffee, energy drinks), Nicotine, and stressors prior to your test. Please take any prescribed medication as directed on the day of your exam.

Diabetes

Your blood sugar should be controlled. Bring the most recent results of your Hemoglobin A1C (HgA1C) and your blood sugar logs or other records related to your diabetes. Also bring a copy of a diabetic retinal exam performed within the last year.

Sleep Apnea & CPAP machine

Bring a reading from your machine documenting your proper use of the machine; bring at least 90 days of data but data from the last year is best. A letter from your sleep speciality may also be required

Heart-related issues (stents, valve replacement, pacemaker, any heart surgery or heart attack)

Bring a letter from your cardiologist that outlines your medical history, current medication and indicates you are safe to drive a DOT vehicle. You may also need to bring the results of a recent stress test, echocardiogram, or other testing completed within the past 1-2 years.

Stroke, brain tumor, seizure disorder or bleeding in the brain

Bring a letter from your neurologist that outlines your medical history, current medications, and current neurologist and psychiatric state.

Coumadin (Warfarin)

Bring a recent INR (blood level and clearance) letter from your doctor.

Permanent loss of use in an arm or a leg

Bring an overview from your physician of the injury and if you have any work restrictions due to the injury. You may need a Skilled Performance Examination in order to qualify for your DOT card.

Mental Health Disease

Bring clearance letter from your psychiatrist that indicates that you are safe to drive a commercial vehicle.