



ROHAN GOPINATH, MD
HIP AND KNEE RECONSTRUCTION SPECIALIST

Pain Management Algorithm

Step 1: Post Surgery Regimen for Pain Control	Acetaminophen 500mg	Celebrex 200mg	Gabapentin 300mg or Gabapentin 100mg	Oxycodone 5mg or Tramadol 50mg	ICE & Elevation
	Two tabs twice a day	Twice a day	Every night	As needed, every 6 hours	20 minutes every hour

If Pain not Controlled by Step 1 advance to Step 2

Step 2: Regimen if Step 1 doesn't fully control pain	Acetaminophen 500mg	Celebrex 200mg	Gabapentin 300mg or Gabapentin 100mg	Oxycodone 5mg or Tramadol 50mg	ICE & Elevation
	Increase to two tabs three times a day	Continue at twice a day	Increase to two times a day	Increase to every 4 hours	Continue 20 minutes every hour

If Pain not Controlled by Step 2 advance to Step 3

Step 3: Regimen if Step 2 doesn't fully control pain	Acetaminophen 500mg	Celebrex 200mg	Gabapentin 300mg or Gabapentin 100mg	Oxycodone 5mg or Tramadol 50mg	ICE & Elevation
	Increase to two tabs four times a day	Continue at twice a day	Increase to three times a day	Increase up to two tabs every 4 hours	Continue 20 minutes every hour

Schaumburg Office
929 West Higgins Road
Schaumburg, IL. 60195

Elk Grove Village Office
120 East Higgins Road
Elk Grove Village, IL. 60007

Bartlett Office
864 West Stearns Road
Bartlett, IL. 60103

Buffalo Grove Office
404 North McHenry Road
Buffalo Grove, IL. 60089

Main 847.285.4200
Direct 847.285.4331
www.BarringtonOrtho.com