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ORTHOPEDIC SPORTS MEDICINE SURGEON

COLLAGEN DRESSING CHANGING INSTRUCTIONS

This package of supplies has been assembled directly based on Dr. Rotstein's prescription for your care. The supplies were chosen from a wider selection of available, expressly to maximize your healing. Per insurance requirements, this package contains a quantity of each supply that is required to complete this 5–30-day course of treatment.

Collagen dressings create a moist wound environment for optimal healing. They create a barrier to bacteria and other contaminants to help prevent wound infections.

Application Process:

1. Remove the Aquacel / initial post-surgical dressing on the 7th day after surgery.
2. Rinse the wound. Sterile or saline water is preferred, but lukewarm water may be used as well.
3. Pat the wound with a clean towel to remove excess fluids and or water.
4. Cut the collagen sheet to the size of non-adhesive section of the adhesive island dressing.
5. Apply the collagen sheet white side down on the skin by rolling from one end to the other to reduce trapped air and maximize contact.
6. If supplied with a composite island dressing: Remove from sterile wrap and place over the collagen dressing by rolling from one end to the other, securing the collagen dressing in place over the wound.
7. Repeat the process each day until wound supplies are exhausted, or the doctor tells you that you can stop. Please note that if the bandage should get wet, remove the dressings, and reapply new dressings immediately.

If you have any questions, please contact our office or 513-202-3019. Thank you for entrusting us with your surgical care.

Sincerely,

Your Surgeon @
Barrington Orthopedic Specialists