

## Order for One Night Home Sleep Study through Dr. Abaluck

Please gather the information below whenever possible. If the patient is not available to complete the Epworth Sleepiness Scale below, we can contact him or her to complete that scale.

Thank you, Dr. Brian Abaluck. 462 E. King Rd, 1st Floor. Malvern, PA 19355. 484-888-0091. brianabaluck.com

### Patient Section

Patient name		DOB	
Preferred phone		patient email:	
Epworth Scale- How likely are you to doze off or fall sleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you haven't done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation:		0 = would never doze 1 = slight chance of dozing 2 = moderate chance of dozing 3 = high chance of dozing	
situation	chance of dozing (0-3)	situation	chance of dozing (0-3)
Sitting and reading		Lying down to rest in the afternoon when circumstances permit	
Watching TV		Sitting and talking to someone	
Sitting, inactive in a public place		Sitting quietly after lunch	
As a passenger in a car for an hour without a break		In a car, as a driver, stopped for a few minutes in traffic	

### Provider Section

Please select a study type: <input type="checkbox"/> Home sleep test, G0399		Please select a diagnosis code: <input type="checkbox"/> obstructive sleep apnea, g47.33	
Clinical features			Do you want a consult as well? Please select one option below.
<input type="checkbox"/> habitual, loud snoring	<input type="checkbox"/> witnessed pauses in breathing	<input type="checkbox"/> acid reflux during sleep	<input type="checkbox"/> Sleep study, then consult
<input type="checkbox"/> excessive daytime sleepiness	<input type="checkbox"/> sleepiness that interferes with activity	<input type="checkbox"/> inappropriate napping	<input type="checkbox"/> Sleep study, no consult
<input type="checkbox"/> unrefreshing sleep	<input type="checkbox"/> morning headaches	<input type="checkbox"/> memory loss	<input type="checkbox"/> Sleep study, consult if positive
<input type="checkbox"/> insomnia	<input type="checkbox"/> frequent unexplained arousals from sleep	<input type="checkbox"/> erectile dysfunction	Height                      Weight
<input type="checkbox"/> frequent urination at night	<input type="checkbox"/> collar size greater than 17" in male or greater than 16" in female	<input type="checkbox"/> refractory hypertension	BMI
Provider Name (printed)			Today's Date
Provider Signature			

### Office Staff Section

With this form, please send us patient contact information, insurance information, and most recent office note (including medication list). Please fax to 484-253-4407 or send as attachment to [sleepdoctor@brianabaluck.com](mailto:sleepdoctor@brianabaluck.com). Please call 484-888-0091 with questions. If the patient has an HMO, and you are the primary care office, consider a navinet referral for cpt g0399- home sleep test- with Dr. Abaluck, group NPI 1962834077.

Please select one of the following:

<input type="checkbox"/> The patient does not have an HMO and should not need a referral.	<input type="checkbox"/> The patient has an HMO, but we are not the patient's primary care provider. The PCP, if known, is: _____	<input type="checkbox"/> The patient has an HMO, and we placed a referral. The referral number, if known, is: _____	<input type="checkbox"/> The patient has an HMO, and we will place a referral.	<input type="checkbox"/> I'm not sure what kind of insurance the patient has.
---	---	---	--	---

### Section to be completed upon Dr. Abaluck receiving order

<input type="checkbox"/> I, Dr. Abaluck, confirm that this is an appropriate order for a home sleep test. My practice will aim to complete home sleep testing.	
<input type="checkbox"/> We need the following before we can approve this study:	
<input type="checkbox"/> I do not approve this home study. I will inform the referring practice of next steps.	
Dr. Brian Abaluck Signature	Date