



# How to Prepare for Your Next Appointment

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## Make a list of questions to ask your doctor

**Many people forget to ask their doctor important questions during their appointment.**

The list below includes example questions that may be helpful to ask. We encourage you to print or write these questions down before your appointment, so you remember to get the answers you need.

1. How advanced is my case of “diagnosis”?
2. How does it typically progress? Am I at risk of going blind?
3. Will controlling my blood sugar levels slow the progression?
4. Would it be helpful to see a specialist?
5. How will you monitor my diagnosis to protect my eyesight?
6. What is the best treatment for my case?



## Gather additional information to share

### Medications

Your doctor may ask how well your medications are working and if you're experiencing any side effects.

If you need a prescription refill, be sure to ask for it.

### Symptoms

Your doctor may ask about symptoms you may be experiencing or have experienced since your last visit.

### Concerns

Share your thoughts, feelings, and concerns with your doctor. Our primary focus is providing you with quality care.

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THIS TOOL DOES NOT PROVIDE MEDICAL ADVICE. It is intended for informational purposes only. It is not a substitute for professional medical advice, diagnosis or treatment. Never ignore professional medical advice. If you think you may have a medical emergency, immediately call your doctor or dial 911.