



**MEDIA CONTACT:**

Marjorie Noleen, Vice President of Communications  
Peak Vista Community Health Centers  
PH: (719) 344-6577 marjorie.noleen@peakvista.org

**NR 15.16**

**For Immediate Release**

September 14, 2015

**Peak Vista Appoints Director of Behavioral Health Services for East Central Regions**

**LIMON, Colo.** – Peak Vista Community Health Centers (Peak Vista) appoints Cindy Tacha, LCSW as the director of behavioral health for the East Central region (ECR).

“Cindy is an asset to our local leadership and clinical team,” shared vice president of medical services for the ECR, Lisa Ramey, DO. “Her presence in the community increases the amount of behavioral healthcare services we provide.”

Tacha has already begun working with patients and building Peak Vista’s behavioral health program at three of the four Peak Vista East Central locations.

Tacha enjoys spending time with her family and is happy to once again work close to home in Limon, Colo. Tacha explains her care philosophy and approach to caring for her patients, “As a behavioral health clinician, my belief is that I am here to support patients through their journey and offer them new tools to help them achieve their life goals.” Tacha not only cares for the individual, but for the community and families as a whole by working with individuals, families, couples and hosting group therapy sessions.

Tacha started with Peak Vista in 2003, known as Plains Medical Center at that time, as a behavioral health provider and since has held numerous leadership positions within the organization.

For more information on providers and services offered in Limon, please visit [www.peakvista.org/locations/limon](http://www.peakvista.org/locations/limon).

**About Peak Vista Community Health Centers**

Peak Vista Community Health Centers is a nonprofit organization whose mission is to provide exceptional healthcare to people facing access barriers. Established in 1971, Peak Vista now offers primary medical, dental and behavioral health services to more than 82,550 patients annually in the Pikes Peak and the East Central Plains regions. To learn more about Peak Vista, visit [peakvista.org](http://peakvista.org).

###