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PROGRAM OVERVIEWS

(Updated December 1, 2024)

Advanced Practice Registered Nurse (APRN) Primary Care Fellowship.

Peak Vista welcomed the first class of Primary Care Fellows in 2015. The Primary Care Fellowship is a 12-month, full-time employed and benefited position for transitioning or recently graduated, licensed APRNs who desire to increase their family practice competence and confidence in a progressive, collaborative learning environment. The Primary Care Fellowship has been accredited since 2017 through the ANCC Practice Transition Accreditation Program® (PTAP). The program boasts a 50% provider retention rate and welcomed its 10th class in 2024.

APRN Psychiatric Mental Health Nurse Practitioner (PMHNP) Fellowship Program.

In 2023, Peak Vista announced the APRN PMHNP Fellowship Program, a 12-month program designed to mentor and support nurse practitioner graduates through problem-based learned and hands-on clinical experience. The program addresses the growing need for access to psychiatric and mental health care services impacting our communities. It is one of only four in the state and 39 in the nation. In 2024, Peak Vista welcomed the first class of PMHNP Fellows.

Cardiovascular Risk and Diabetes Center.

The Cardiovascular Risk and Diabetes Center (CRDC) supports Peak Vista providers when caring for patients with diabetes or elevated blood lipids. Pharmacists in the Center are specially trained to provide this service within Peak Vista. The CRDC is designed to help empower patients to engage in their diabetes and cholesterol management, through intensive education, counseling, education, medication management and the development of patient-centered goals. This clinic is focused on supporting patients who need the most intensive management (A1c >9%).

Care Coordination and Resource Navigation.

Good health extends beyond the walls of the exam room. To address the social determinants of health and access barriers to care that many patients face, Peak Vista developed the Care Coordination and Resource Navigation teams. Care coordinators and resource navigators connect patients with local, community resources; help patients manage their care and appointments; and provide educational information.

Children Youth and Family Services 0-3 Program.

Peak Vista partners with the El Paso County Department of Human Services (DHS) to provide care to families and children who may be experiencing abuse or neglect. A

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provider from Peak Vista joins the DHS caseworker on their house calls and completes a medical checkup on the entire family. They then work with the family to schedule appointments with providers, call in medication prescriptions, and connect to other community resources. The program was awarded an Achievement Award from the National Association of Counties (NACo) in 2021, honoring innovative, effective county government programs that strengthen services for residents.

Collaborative Clinic at Academy.

Peak Vista's Collaborative Clinic at Academy (CCA) provides a streamlined approach to care for those living with HIV or AIDS. The CCA started in 2008 and is made possible through partnerships with Infectious Disease Specialists, the Colorado Department of Public Health and Environment, and Southern Community Health Network.

Community Health Workers.

In 2023, Peak Vista built a team of Community Health Workers (CHWs) who move beyond the walls of our health centers and into the community to provide resources and services. Working in both urban and rural areas, CHWs help reduce disparities in underserved communities. The team provides guidance and counseling on health behaviors; access to regular health screenings and health care services; and connections to local community resources like food, job placement, childcare and housing.

Convenient Care Center (CCC)

The Convenient Care Center offers after-hours and weekend care for patients with busy schedules.

Developmental Disabilities Health Center (DDHC).

In 2011, Peak Vista opened the DDHC to provide health care for adults with intellectual and developmental disabilities (IDD), including Down Syndrome, Autism Spectrum Disorder, Cerebral Palsy, Fetal-Alcohol Syndrome (FAS), Fragile X and other cognitive disabilities. This innovative health home model features multidisciplinary, integrated primary care that is customized to the needs and experiences of people with IDD.

First Visitor Program.

In 2003, Peak Vista adopted the First Visitor Program to work with parents of children ages zero to five to teach parenting skills, promote positive caregiving and maternal/child health, and establish links to other community resources, with the goal of preventing child abuse and neglect. Staff from the program meet families where they are, including in their homes. This service is offered free of charge. The First Visitor Program also offers classes on safe sleep, shaken baby syndrome, and car seat safety.

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Health Care for the Homeless

Health Care for the Homeless (HCH) is a designation within the federal health center program through the Health Resources and Services Administration (HRSA). About 300 of the nearly 1,400 health centers are HCH grantees, sometimes referred to by their reference in the Public Health Service Act, as 330(h). Peak Vista provides primary medical, dental, and behavioral health services to individuals without regard to their residence. At the Health Center Downtown and the embedded clinic at Springs Rescue Mission, the care teams specialize in supporting unhoused populations and providing the necessary linkages to care. In addition to whole-person health care, Peak Vista provides substance abuse treatment and counseling (in-house and through referral), inpatient detoxification and treatment (referral), and connections to community-based organizations – including Marion House and Soup Kitchen social outreach team, Catholic Charities, Urban Peak, El Paso County Department of Health and Environment, and more.

Medicaid and CHP+ Application Assistance.

Everyone deserves access to exceptional and affordable health care. Peak Vista's Enrollment Services team helps patients apply for Medicaid and CHP+ – assisting with the application, providing paperwork, and monitoring the status of the application. In 2023, 60% of Peak Vista patients used Medicaid and CHP+ as their primary insurance.

Patient Assistance Program.

Pharmacy program that educates and assists patients with navigating the many programs of pharmaceutical companies to help patients receive free and/or discounted prescriptions.

Prenatal Plus.

Peak Vista offers Prenatal Plus, a Medicaid-funded program designed to increase positive birth outcomes. If a woman qualifies, she can choose to sign up to be seen at each prenatal visit by a care coordinator who provides education, resources and support throughout her pregnancy. Education includes information on baby's development, changes the expectant mom can expect in her body, breastfeeding, and information about labor and delivery.

Refugee and Immigrant Health Services.

Refugee care, provided at the Logan Center on the Myron Stratton campus, handles both the intake process and medical care. With an estimated 150 refugees annually, Peak Vista works with Lutheran Family Services as its community partner in this effort. Peak Vista also serves as the point of contact regarding the refugee population for the state health department, the University of Denver Infectious Disease Department, and the El Paso County Department of Health and Environment.

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Specialized Pediatric Care

Peak Vista offers specialized medical, dental, and behavioral health care to children ages zero to 17. Pediatricians are located across Peak Vista's health centers, with the hub of pediatric care located at the Pediatric Health Center at International Circle in Colorado Springs.

Teledental Program.

In 2023, Peak Vista expanded its telehealth services to include teledentistry. Peak Vista teledentistry providers offer risk assessment, oral exams, motivational interviewing, preventive treatment, self-management goal setting, oral hygiene instructions, and emergency care triage – all over a brief video call. Teledentistry also allows patients to see a dental provider during their medical visit, reducing the number of visits and appointments needed.

For patients, teledentistry offers a lower-cost, more convenient, and less intimidating option for approaching their dental care. Patients who have participated in teledental visits at Peak Vista have shown increased engagement with their home care oral health routines as well as an increased rate of attending their in-person dental visits.

Warfarin Center.

Warfarin Center pharmacists help patients who take the anticoagulant drug warfarin (Coumadin) closely manage their international normalized ratio (INR) with education and medication management.

Well-Child Waiting Areas.

In 1989, Peak Vista opened its first Well-Child Waiting Area to remove a common access barrier to care: someone to watch over your child while you attend an appointment. The Well-Child Waiting Area attendants watch over patients' healthy children while they attend their appointment. Children are entertained with educational activities, and parents and caregivers can focus on their care – or the care of their sick child – wholly. Today, Peak Vista has a Well-Child Waiting Area located at its Union, International Circle, and Academy campuses.

Women's Health Services.

Peak Vista has provided women's health services since 1989 and has a dedicated Women's Health Center in Colorado Springs. The Women's Health Center provides general OBGYN care, as well as pregnancy and childbirth support through physicians, nurse practitioners, and certified nurse midwives.

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Women's Wellness Connection.

The Women's Wellness Connection (WWC) helps women receive free breast and cervical cancer screenings. The goal of this program is to detect breast and cervical cancer through the promotion of routine screenings and timely diagnostic evaluations. This program also funds and facilitates care and treatment for abnormal breast and cervical cancer testing.

About Peak Vista Community Health Centers. Peak Vista Community Health Centers is a nonprofit organization providing exceptional health care to people facing access barriers through clinical programs and education. Celebrating over 50 years of community health service, Peak Vista offers primary medical, integrated behavioral health and dental care services. We proudly serve over 74,000 patients annually through 22 outpatient centers in Colorado's Pikes Peak and East Central regions. To learn more about Peak Vista, visit PeakVista.org.

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