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**Peak Vista Welcomes New Providers, Chris Adams, DO,  
Meredith Adolf, RDH, and Kirsten Tacha, RDH, to Limon and Flagler Health Centers**

**LIMON, Colo.** – Peak Vista Community Health Centers (Peak Vista) welcomes Chris Adams, DO; Meredith Adolf, RDH; and Kirsten Tacha, RDH to the Peak Vista teams in Limon and Flagler.

“We welcome all three of these talented healthcare professionals,” shared chief medical and dental officer, Michael Welch, DO. “Peak Vista understands how important local access to quality medical, dental and behavioral healthcare is to the Limon and Flagler communities, and we have, consequently, worked diligently to find these qualified professionals for our Limon and Flagler Health Centers.”

Dr. Adams is new to Peak Vista and specializes in sports medicine and osteopathic manipulation. Dr. Adams is enthusiastic in joining the team and his ability to provide patients the tools and care they need to improve their health and well-being. He enjoys spending time in the mountains with his family backpacking and hiking.

Meredith Adolf, RDH is a Virginia native who came to Colorado looking for an opportunity to provide healthcare to communities struggling with limited access to healthcare. Adolf and her husband spent a year in Peru volunteering at a youth transitional home. She hopes to continue to make a strong impact practicing in Flagler.

Kirsten Tacha, RDH is a Colorado native. She understands the need for providers in rural areas and wants to get back to her roots. Tacha, her husband and four children recently moved to the Limon area. She enjoys being active and gardening.

Community members are invited to meet Peak Vista’s local team of providers on Tuesday, August 11 from 4:30 p.m. to 6:00 p.m. in Limon; located at 820 1st St.

For more information on providers and services offered in Limon, please visit [www.peakvista.org/locations/limon](http://www.peakvista.org/locations/limon).



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**About Peak Vista Community Health Centers**

Peak Vista Community Health Centers is a nonprofit organization whose mission is to provide exceptional healthcare to people facing access barriers. Established in 1971, Peak Vista now offers primary medical, dental and behavioral health services to more than 82,550 patients annually in the Pikes Peak and the East Central Plains regions. To learn more about Peak Vista, visit [peakvista.org](http://peakvista.org).

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