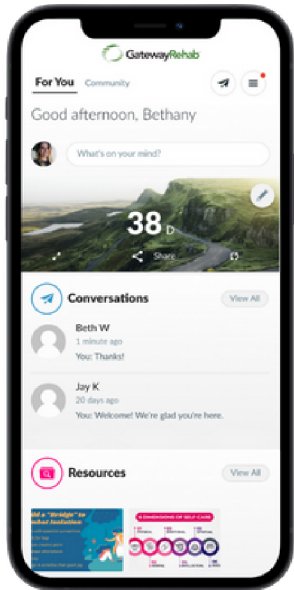


# SPRING 2023 VOLUNTEER NEWSLETTER

Thank you for volunteering with Gateway Rehab! You are the very heart of our Recovery Community!



## GATEWAY ALUMNI APP

Gateway Rehab has launched a FREE App to help alumni stay connected with fellow alumni and Gateway staff!

- Track your recovery milestones
- Keep a gratitude journal
- Offer and receive peer support
- Access recovery resources: articles, podcasts, videos, and more
- Participate in a safe and supportive recovery community
- HIPAA compliant, private, and secure

**SCAN THE QR CODE  
TO REQUEST AN  
INVITATION TO JOIN:**



**Must be an alum of a  
Gateway Rehab or  
Greenbriar program to  
join this app.**

**SAVE THE DATE!**

**ALUMNI PICNIC  
AUGUST 3, 4PM-7PM**

**GATEWAY REHAB MAIN CAMPUS**

**=STAY=  
TUNED**

**SCAN THE QR CODE  
TO STAY UPDATED AND  
REGISTER FOR EVENTS:**



**QUESTIONS?**

**Amy Metz**

**amy.metz@gatewayrehab.org**

**412-604-8900x1230**



## VOLUNTEER APPRECIATION

"I cannot express enough gratitude for the men and women who continue to spread the message of hope to our client population in early recovery. They are an invaluable part of our treatment program who's work is instrumental in helping those still in need."

**Charles M. - Therapist, Green Tree**

## AMAZON WISHLIST

Gateway Rehab provides treatment to people in need no matter where they come from. Often patients come to us with very little, or with nothing but the clothes on their back. We provide these patients with basic clothing and hygiene items to ensure they can stay in treatment comfortably. Wishlist donations make a big impact!

**Scan QR Code to Shop:**

amazon  
wishlist



ACTIVE  
VOLUNTEERS:  
**30**

2022  
HOURS:  
**1,622**

2023 YTD  
HOURS:  
**495**

## VOLUNTEER HONOR ROLL

### 50 Hours

Donna M.

### 100 Hours

Justin K.

Tina M.

Leonard P.

Dan T.

### 200 Hours

Pamela A.

Susan B.

Stephen H.

### 300 Hours

Theresa L.

### 500 Hours

Scott B.

James G.

### 600 Hours

Greg L.

### 700 Hours

Andy S.

### 900 Hours

Steven K.

Brian T.

### 1,100 Hours

Steve E.

### 1,500 Hours

Jerry C.

### 1,600 Hours

Jack R.

### 1,700 Hours

Ron S.

### 2,900 Hours

Mary S.

## SPRING BIRTHDAYS

**Happy Birthday!**



### March

Susan B.

Jerry C.

Jack R.

Ron S.

### April

Steven C.

Joseph S.

Maresa S.