

## Client Rights & Responsibilities

As a client receiving behavioral health services at the Cognitive Behavior Institute, you have the right to:

- Be treated with dignity and respect from all staff.
- Access treatment regardless of race, color, religion, national origin, age, sex, sexual orientation, gender identity, marital status, familial status, disability, veteran status, or any other legally protected group status.
- Every consideration of privacy concerning your care as outlined in our Privacy Practices.
- Information regarding diagnosis and treatment provided in terms that are easily understood.
- Ask questions and get appropriate answers about services.
- Participate fully in all decisions about treatment or services, which includes informed consent to all services. In the event the client is unable to give informed consent, a legally responsible party has the right to be advised regarding treatment recommendations.
- Understand your financial obligations for treatment.
- Request changes in treatment or services. This includes the right to a new intake with another clinician should you feel a second opinion is needed or you desire another clinician.
- Refuse assessment and/or treatment unless ordered by the Court to participate.
- Participate fully in decisions regarding your discharge from treatment including planning for continued care if needed.
- Have your family involved in your treatment as well as refuse participation if you choose.
- Request to review your records as well as decide who else may do so with appropriate prior written authorization

It is our expectation that you will assume responsibility for the following:

- Participate in your treatment in a cooperative and respectful manner. Clinicians reserve the right to terminate therapy due to the patient's failure to comply with treatment recommendations and/or failed appointments. Be courteous to other clients and staff.
- Respect the property of the Cognitive Behavior Institute, including the parking lot, waiting area, restrooms, and any assessment or treatment materials utilized during your services.
- Maintain financial responsibility for all payment of services. This includes following no-show and cancellation policies set forth by the Cognitive Behavior Institute as well as fees for other services as outlined in our informed consent.
- Protect your belongings. Cognitive Behavior Institute is not responsible for any lost or stolen client belongings.
- Arrange for transportation to and from services.
- Communicate with our staff. Staff are committed to best practice. You are responsible to let our staff know if you have any questions or problems.
- Refrain from utilizing alcohol or drugs prior to or during assessment or treatment sessions or engaging in an illegal activity while on the premises. Cognitive Behavior Institute reserves the right to contact authorities if a client presents in a manner that poses a concern for safety to our staff and/or other clients.