

## Dear Patient.

Under the Affordable Care Act, most insurance plans are required to cover many methods of contraception, including implantable devices such as intrauterine devices and Nexplanon. However, there are specific insurance plans that are exempt, including plans provided by religious employers and non-profit religious organizations, as well as those enrolled in Medicare, regardless of age. It is important to check with your particular insurance plan to confirm your device is covered in order to avoid costly and unexpected bills. We strongly urge you to call your insurance company and provide the below listed procedure and diagnosis codes for the device you plan to have implanted.

## Nexplanon

Procedure codes:

J7307 - Device; and

11981 – Insertion of drug delivery implant; or

11982 - Removal and insertion of drug delivery implant

Diagnosis codes:

**Z30.017** – Encounter for initial prescription of implantable subdermal contraceptive

**Z30.46** – Encounter for surveillance of implantable subdermal contraceptive

For more information visit https://www.nexplanon.com/insurance-coverage/

## Liletta or Paraguard

Procedure codes:

J7297 – Liletta device; <u>or</u> J7300 – Paraguard device; <u>and</u>

58300 – Insertion of IUD

Diagnosis codes:

**Z30.430** – Encounter for insertion of intrauterine contraceptive device; or

**Z30.433** – Encounter for removal and reinsertion of intrauterine contraceptive device

For more information visit https://www.liletta.com/costs-with-insurance or https://www.paragard.com/cost-insurance-coverage/

Prior to the insertion of any implantable contraceptive device, Advanced Women's Care of Pittsburgh requires the patient to complete a financial responsibility form as well as provide a form of payment for any non-covered charges.

\*Please be advised, insurance plans are always changing, even if the member is unaware of the change, and even if the insurance company remains the same. Coverage of a prior device does not guarantee current coverage. It is also important for the patient to confirm with their insurance company that our providers are *in network* with their insurance plan.

## Before getting an intrauterine device (IUD) or Nexplanon implant inserted, you should:

- Abstain from unprotected sex: You should not have unprotected sex for at least 7–14 days before
  your appointment. If you're using a hormonal birth control method, you should continue to use it until
  your IUD insertion.
- Take medication: Take an over-the-counter pain medication like ibuprofen or naproxen to help with cramping and discomfort during and after the procedure. You can take 800 mg of ibuprofen (Advil or Motrin) 30–45 minutes before your appointment. If you're allergic to ibuprofen, you can take 650 mg of acetaminophen.
- Cytotec: You may be prescribed Cytotec to aid in the IUD insertion. Your provider will prescribe this
  prior to your insertion date. Follow prescribing instructions. Please disregard for a Nexplanon insert.
- You will be required to leave a urine sample before the IUD or Nexplanon can be inserted to check for pregnancy. Please come with a full bladder