

IUI PROTOCOL

IUI (**INTRAUTERINE INSEMINATION**) is used for patients experiencing infertility. IUI has been found to be most effective when combined with ovulation induction with clomid or letrozole (oral medications).

You will take the prescribed dose of clomid or letrozole on **cycle days 3-7 or 5-9**, as instructed by your Physician. Start checking for ovulation with an OTC ovulation predictor kit OR the MIRA OR INITO fertility monitors (they are numerical testing systems that can be purchased online) on **CYCLE DAY 11 or 12**. Most women ovulate between cycle days 12-18. CALL our office **724-941-1866 option #5** to speak with our GYN Nurse when you get a positive ovulation result or an LH > 20. **If it is after normal business hours MONDAY – THURSDAY, call the office FIRST THING IN THE MORNING the next day so we can arrange time for your IUI.**

If you think you will be surging on the weekend and/or holiday, PLEASE CALL OUR GYN NURSE THURSDAY/FRIDAY during normal business hours to assist us in the scheduling process. If you are surging after normal office hours on Fridays, weekends holidays – you will call our office 724-941- 1866 and speak with our answering service. PLEASE let them know when you are calling about having your surge for the IUI Procedure. They will have the on-call doctor forward the message to Dr. Turner.

Please be respectful of times and only call between 8AM and 8PM, so we can arrange for your IUI within 24 hours of your positive result.

Typical time for the IUI in the office is between 60-90 minutes. This time may vary if it is during normal office hours or after office hours, depending on the doctor and the office schedule.

When calling regarding the IUI, please make sure you provide the following information:

- **What cycle day you are on**
- **What you are using to test for ovulation, ie: OTC OPK, Clear Blue Digital, Mira, Inito, Premom (IF YOU ARE USING THE MIRA OR INITO SYSTEM PLEASE GIVE THE LH NUMBER) A positive surge is an LH>20.**
- **What time you tested and got a positive surge**

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