

# Grand Rapids Pain

## Patient Information – PLEASE PRINT

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Last First MI

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work/Other Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_ Social Security Number \_\_\_\_\_ Driver's License # \_\_\_\_\_

Race/Ethnicity \_\_\_\_\_ Primary Language \_\_\_\_\_

Employer \_\_\_\_\_ Marital Status \_\_\_\_\_ Male/Female  
mandatory for worker compensation patients

Referring Physician \_\_\_\_\_ Primary Care Physician \_\_\_\_\_  
First Last First Last

### Emergency Contact Information:

Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ Relationship \_\_\_\_\_

### Insurance Card Holder's Information

Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Last First MI

Date of Birth \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_ Cell/Work/Other Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer \_\_\_\_\_ Employer Phone Number ( ) \_\_\_\_\_

Employer Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Primary** Insurance Carrier \_\_\_\_\_ Insurance Card Holder \_\_\_\_\_

Policy No \_\_\_\_\_ Group No \_\_\_\_\_ Phone No ( ) \_\_\_\_\_

**Secondary** Insurance Carrier \_\_\_\_\_ Insurance Card Holder \_\_\_\_\_

Policy No \_\_\_\_\_ Group No \_\_\_\_\_ Phone No ( ) \_\_\_\_\_

I understand according to the State of Michigan, Department of Health, Act 488 of 1988 that if a health care professional in this practice sustains a mucous membrane or open wound exposure to blood or other body fluids from myself that a HIV and Hepatitis-B (HBV) blood test will be performed.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I authorize payment of medical benefits by the insured directly to Grand Rapids Pain. I also request payment of government benefits directly to the party who accepts assignment. I understand that I am financially responsible for payment of all services or materials provided to myself, including deductible, insurance co-payments, or extended office visit charges, that may be necessary for my care. I understand this agreement authorizes Grand Rapids Pain to appeal my denied pre-service request (pre-auth) on my behalf to my designated insurance carrier. I agree to pay all services within 30 days unless a payment plan is negotiated in advance. I authorize Grand Rapids Pain to release any information required to process my claim. This request shall remain in effect until revoked by myself in writing.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Grand Rapids Pain

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Patient ID: \_\_\_\_\_  
Last First MI

## Authorization for Specific Confidential Communications

I authorize my physician and/or administrative and clinical staff to disclose the following protected health information to:

Name: \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Select the Protected Health Information to be used or disclosed to the above listed individual(s) from the list below:

- Medical Care / Treatment: Yes \_\_\_ No \_\_\_ Level of Information \_\_\_\_\_
- Billing Information Yes \_\_\_ No \_\_\_
- Pick up PHI: (such as prescriptions, billing statements, labs etc.) Yes \_\_\_ No \_\_\_
- Other (specify in detail – such as date of service, type of service, level of detail to be released, origin of information etc.) \_\_\_\_\_  
\_\_\_\_\_

This authorization shall be in force and effect and does not expire until it is revoked in writing. I understand that I have the right to revoke this authorization, in writing, at any time by sending such written notification to the practice's Privacy Contact at: Grand Rapids Pain, 4024 Park East Court SE, Grand Rapids, MI 49546. I understand that a revocation is not effective to the extent that my physician has relied on the use or disclosure of the protected health information or if my authorization was obtained as a condition of obtaining insurance coverage and the insurer has a legal right to contest a claim. I understand that information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by federal or state law.

I request that all communications to me (by telephone, mail, etc.) by Grand Rapids Pain and/or its staff be handled in the following manner:

- \* For **written** communications: Address to: \_\_\_\_\_
- \* For **oral** communications: Call: \_\_\_\_\_ May we leave a message? YES  NO   
(telephone number)

If the above address is not a street address or is not your home address, please provide us with a (home) street address for purposes of ensuring payment:

\_\_\_\_\_  
(street number and address) City State Zip

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

*\*Needed for alternative written or oral communication listed in above box only.*

**For Practice Use Only:** Practice: Accepts  Denies

Privacy Officer's Signature \_\_\_\_\_ Date: \_\_\_\_\_



Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

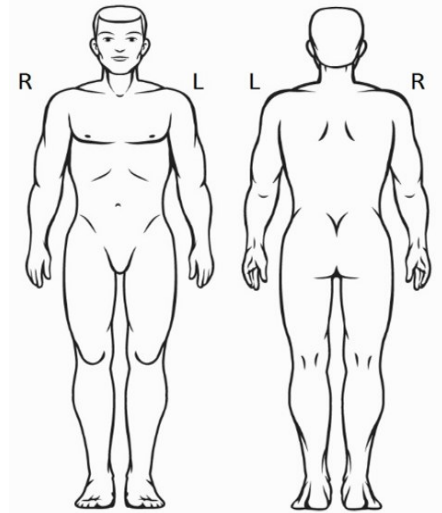
Primary Care Dr. \_\_\_\_\_ Referred by \_\_\_\_\_

<b>For intake staff only</b>	BP	HR	RR	T	Wt.	Ht	O2
------------------------------	----	----	----	---	-----	----	----

Where is your pain today?

Mark all areas of pain on the diagram

How long have you had this problem?



Describe how your pain first began?

How often do you have pain? (Select all that apply)

- constantly  comes and goes  daily  once in a while  other \_\_\_\_\_

My pain is? (Select all that apply)  sharp  dull  aching  throbbing

- burning  shooting  electrical  other: \_\_\_\_\_

Do you have any of the following?

Numbness or tingling  yes  no Swelling in affected area  yes  no

Muscle weakness  yes  no Muscle spasms or cramps  yes  no

What makes your pain worse? (Select all that apply)  sitting  standing  walking

- lying down  bending  climbing stairs  lifting  squatting  other \_\_\_\_\_

What are you doing to reduce your pain? (Select all that apply)  medication  massage  physical therapy  ice  heat

- walking  chiropractic care  avoiding activity  rest more  weight loss  stretching  other \_\_\_\_\_

Is your pain worse at night?  yes  no New loss of bowel or bladder function?  no  yes

If yes, please explain: \_\_\_\_\_

Are you on any anti-coagulants or any blood thinning medicines?  yes  no

If yes, please list? \_\_\_\_\_

Please list Allergies: \_\_\_\_\_

PREVIOUS TREATMENTS	YES/NO	WHEN/WHERE?	HOW HELPFUL WAS THIS?
Nerve Blocks			
Surgery			
TENS Unit			
Physical Therapy			
Chiropractic			
Biofeedback/Hypnosis			
Previous Pain Doctor			
Other Treatment			

What pain medication have you trialed, include the length of trial & when? \_\_\_\_\_

---



---

Please list your current medications (Antibiotic, over the counter, Vitamins/Herbal Supplements and prescription) Include dose and how often you take them, why you take them:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please explain how pain affects the activities of daily living/function in your life?

If you are going to be treated for more than one area, please document separately	Pain Area 1 (Example: low back pain)	Pain Area 2 (Example: neck pain)
List Pain Area Here? →		
What is your pain TODAY on a scale of 1 out of 10 (see pain scale/severity scale for reference on page 3??)	/10	/10
What is your current severity of pain (see pain scale/severity scale for reference on page 3)?	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Moderately Severe <input type="checkbox"/> Severe	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Moderately Severe <input type="checkbox"/> Severe
What is your current activities of daily living that you have difficulty with? (select all that apply)	<input type="checkbox"/> sitting <input type="checkbox"/> standing <input type="checkbox"/> walking <input type="checkbox"/> lifting <input type="checkbox"/> bending <input type="checkbox"/> twisting <input type="checkbox"/> self-care <input type="checkbox"/> sleeping <input type="checkbox"/> job activities <input type="checkbox"/> school activities <input type="checkbox"/> exercise <input type="checkbox"/> recreational activities <input type="checkbox"/> none	<input type="checkbox"/> sitting <input type="checkbox"/> standing <input type="checkbox"/> walking <input type="checkbox"/> lifting <input type="checkbox"/> bending <input type="checkbox"/> twisting <input type="checkbox"/> self-care <input type="checkbox"/> sleeping <input type="checkbox"/> job activities <input type="checkbox"/> school activities <input type="checkbox"/> exercise <input type="checkbox"/> recreational activities <input type="checkbox"/> none
What is your current <u>severity</u> of difficulty with activities of daily living (see pain scale/severity scale)? →	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Moderately Severe <input type="checkbox"/> Severe	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Moderately Severe <input type="checkbox"/> Severe

What activities/hobbies not listed above would you like to start doing again, once you are feeling better?

---



---

List any tests/imaging you have had done?

Test	Date/Place	Results
X-Rays		
CT Scan		
MRI		
EMG		
Bone Density		
Other		

Please list any surgeries you have had?

Surgery	Date/Surgeon

Review of Systems/Medical History: Please check any that you currently have or had in the past

**Constitutional**

- Recent fever/sweats
- Unexplained weight loss/gain
- Unexplained fatigue/weakness

**Eye/Ear/Nose/Throat**

- Vision changes
- Difficulty Hearing
- Hay fever/allergies
- Difficulty swallowing

**Endocrine**

- Cold/Heat intolerance
- Increased thirst/appetite
- Thyroid problems
- Diabetes
- Severe Diabetes

**Genitourinary**


- Painful/bloody urination
- Night-time urination
- Discharge: penis or vagina
- Unusual vaginal bleeding
- Kidney problems
- Concern with sexual function

**Gastrointestinal**

- Stomach/intestinal problems
- Nausea/Vomiting/diarrhea
- Changes in bowel movement
- Blood in stool

**Other**

- Implantable Device

	0 Pain Free	N/A	
	1 Very Mild	MILD PAIN	Nagging, annoying, but doesn't interfere with <u>most</u> daily living activities
	2 Discomforting	MODERATE PAIN	Interferes moderately with daily living activities. Requires <u>some</u> lifestyle changes.
	3 Tolerable	MODERATELY SEVERE	Interferes significantly with daily living activities. Requires <u>many</u> lifestyle changes, but patient remains independent.
	4 Distressing	SEVERE PAIN	Disabling, unable to perform daily activities, unable to engage in normal activities, patient is disabled and unable function independently.
	5 Very Distressing	EMERGENCY ONLY	Not usually Chronic: Acute Pain experienced during Severe Car Accident, Severe Broken Bone, Giving Child Birth, Being Crushed by a Truck, etc...
	6 Intense		
	7 Very Intense		
	8 Utterly Horrible		
	9 Excruciatingly Horrible		
10 Unimaginably Unspeaking			
JPI'S PAIN & SEVERITY SCALE	PAIN SCORE	SEVERITY SCORE	With Definitions

Review of Systems Continued

**Respiratory**

- Emphysema/COPD
- Asthma
- Coughing/wheezing
- Coughing up blood
- Communicable disease-TB

**Skin**

- Sores
- Psoriasis
- Eczema
- Rash
- Communicable disease-MRSA

**Blood /Lymphatic**

- Unexplained lumps
- Easy bruising/bleeding
- Cancer
- Communicable disease (HIV,AIDS, Hep B or C)
- Other: \_\_\_\_\_

**Musculoskeletal**

- Arthritis
- Muscle/Joint Pain
- Recent back pain
- Muscle weakness
- Osteopenia

**Psych/Behavioral**

- Anxiety/stress
- Depression
- Substance abuse/addiction
- Sleep problems
- Other: \_\_\_\_\_

**Neurological**

- Headaches
- Numbness
- Tremors
- Poor balance
- Epilepsy

**Neurological** (continued)

- Stroke
- Loss of balance
- Other: \_\_\_\_\_

**Cardiovascular**

- Chest pain/discomfort
- Shortness of breath
- Heart attack
- High blood pressure
- Palpitations/irregular heart
- Pacemaker/defibrillator
- Other: \_\_\_\_\_

Please give further detail on selection listed above? \_\_\_\_\_

How often do you drink alcohol?  Never  Monthly # of drinks \_\_\_\_\_  Weekly # of drinks \_\_\_\_\_  
 Daily # of drinks \_\_\_\_\_  Other: \_\_\_\_\_

Have you felt you ought to cut down on your drinking?

Have people annoyed you by criticizing your drinking?

Have you felt bad or guilty about your drinking?

Have you ever had a drink first thing in the morning to steady your nerves, get rid of a hangover, or as an eye opener?

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Grand Rapids Pain Patient Policies

## Prescription Renewal Policy

If a medication refill is needed, please contact our office during regular business hours, which are 8:30 AM to 5:00 PM, Monday – Thursday, and 8:30 AM to 12:00 PM on Friday. Leave a message on the prescription line or send a request through the Patient Portal. Please note our office will not call to notify patients when a prescription is ready for pick-up, unless there is a problem or issue with the request. **We ask patients to give us 24-48 hours to process their request. Renewal requests will not be processed outside of normal business hours.**

Patients are advised to call the nursing line if they have questions about how to take a prescription. If you are prompted to leave a message, one of our staff members will call you back within 24-48 hours.

## Designated Driver Policy

Patients may be offered sedation to make them more comfortable during procedures. In order for a patient to receive sedation, an adult designated driver, must be present during the patient's entire appointment.

## Payment Policy

Payment is expected at the time of a patient's visit in the office. As a courtesy to patients, if the physician participates with the patient's insurance policy and the visit is a covered benefit under the policy, our office will submit any charge(s) to their insurance carrier for payment. Any co-payment and/or deductible amount will be collected prior to your appointment. Cash and credit card are accepted for your convenience.

## No Children in The Exam Rooms

For many reasons we had to make it a policy that children are not allowed into our exam rooms. Due to the type of specialty there may be a considerable amount of time spent waiting, and the Grand Rapids Pain is not very enjoyable for young children. If there is no other alternative and a patient must bring child(ren) to their appointment, they will need to make prior arrangements to have their adult driver care for their child(ren) while in the waiting room. If a patient comes to an appointment and does not have an adult to supervise his/her child(ren), they will have to reschedule their appointment. We are not able to make exceptions to this. We are sorry for any inconveniences this may cause.

## Lost/Stolen Property

GRP is not responsible for lost or stolen items and we recommend that valuable items be left at home or with the adult driver.

## Inappropriate Behavior

GRP's mission is to provide a safe environment for care in our office. We have a **Zero Tolerance** for inappropriate or threatening behavior towards staff, patients, or visitors.