## Child Caregiver Survey for children 1 to 6 years

## Please remember that the answers on this form are completely anonymous. <u>Be sure to deposit your survey sheet in</u> <u>the designated box in the front lobby.</u> Thank you and have a great day.

Please answer the following questions to the best of your ability. If there is any question you choose not to answer feel free to skip and continue the survey.

What is the age and gender of the child you have in mind as you complete this survey?

Do you currently have medical insurance? \_\_\_\_\_ Are you the primary caregiver of this child? \_\_\_\_\_

Has your family ever received any government assistance? (i.e. WIC)

What is your level of education? <ul> <li>at least some high school</li> <li>high school</li> <li>associates degree</li> <li>bachelor's degree</li> </ul>	🗆 a student	e 🗆 Native American / American Indian 🗆 Asian / Pacific Islander
graduate level degree	□ retired or unable to work	<ul> <li>Hispanic or Latino</li> <li>Other</li> </ul>
What is your net household income?	Marital status?	What is your age?
Less than \$25,000	single / never married	vounger than 20 years old
🗆 \$25,000 - \$34,999	marriage or domestic partnership	□ 21 – 29 years old
□ \$35,000 - \$49,000	□ divorced	□ 30 – 39 years old
□ \$50 <i>,</i> 000 - \$74,999	widowed	40 – 49 years old
□\$75 <i>,</i> 000 - \$99, 999	separated	□ 50 – 59 years old
🗆 greater than \$ 100,000		Older than 60 years old

Please select the response to the following statements that represents your child.

1. The best way to make a child stop crying is to feed him or her. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 2. A child should never eat sugary food like candy, ice cream, cake and cookies.  $\Box$  agree strongly  $\Box$  agree  $\Box$  neutral  $\Box$  disagree  $\Box$  strongly disagree 3. A child should never eat fast food.  $\Box$  agree strongly  $\Box$  agree  $\Box$  neutral  $\Box$  disagree  $\Box$  strongly disagree 4. It's very important that a child finish all the food that is on his or her plate. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 5. A child should be able to eat whatever she or he wants for snacks. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 6. A healthy child is a fat child. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 7. A child should never eat junk food like potato chips, Doritos, and cheese puffs. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 8. It is important for parents to have rules about when a child eats meals or snacks. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 9. It is okay to offer food as a reward to a child for being good. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 10. It is important for a parent to have rules about how much a child eats. VCOM-New Beginnings CHILD Caregiver Nutrition Survey

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 $\Box$  agree strongly  $\Box$  agree  $\Box$  neutral  $\Box$  disagree  $\Box$  strongly disagree 11. A child should be able to eat whatever she or he wants when eating at a restaurant. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 12. A child who eat all his or her vegetables can have a sweet like candy, ice cream, cake or cookies. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 13. A child should only eat healthy food. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 14. I let my child decide how much to eat. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 15. I keep track of how much my child eats. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 16. I try to get my child to eat even if she/he is not hungry. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 17. If my child will not try a new food that I give him/her, I will work hard to have him/her try it during that meal. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 18. I am very careful not to feed my child too much. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 19. When I need advice about feeding my child, I read books and magazines. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 20. I try to get my child to finish her/his food. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 21. When my child cries I immediately feed him/her. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 22. If my child seem full, I encourage her/him to finish her/his food anyway. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 23. I keep track of how much sugary food like candy, ice cream, cakes and cookies my child eats. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 24. I keep track of how much high fat food (like French fries, hamburgers, pizza) my child eats. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 25. When I need advice about feeding my child, I ask my friends who have children. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 26. I allow my child to eat when she/he is hungry.  $\Box$  agree strongly  $\Box$  agree  $\Box$  neutral  $\Box$  disagree  $\Box$  strongly disagree 27. I keep track of how much junk food (like potato chips, Doritos and cheese puffs) my child gets. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 28. I feel uncertain about feeding my child. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 29. I let my child eat junk food like potato chips, Doritos and cheese puffs. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 30. I let my child eat sugary food, like candy, ice cream, cakes or cookies. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 31. I let my child eat fast food. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 32. I make sure my child does not eat sugary food, like candy, ice cream, cakes or cookies. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree 33. I make sure my child eats fruits and vegetables every day. □ agree strongly □ agree □ neutral □ disagree □ strongly disagree

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