

## Allergy Clinic Patient Questionnaire- NEW

Welcome to the Allergy Clinic. Please answer the following questions so we may better assist you.

Name : \_\_\_\_\_ Date of birth: \_\_\_\_\_

Contact Number(s): \_\_\_\_\_

What is your preferred language (written or spoken)? \_\_\_\_\_

What is your preferred method for learning \_\_\_\_\_ Verbal \_\_\_\_\_ Visual \_\_\_\_\_ Other: \_\_\_\_\_

Do you have a learning disability, language barrier, hearing/vision deficit? \_\_\_\_\_ No \_\_\_\_\_ Yes; if so what? \_\_\_\_\_

How often do you need to have someone help you when you read instructions, pamphlets, or other written material from your doctor or pharmacy? \_\_\_\_\_ Never \_\_\_\_\_ Rarely \_\_\_\_\_ Often \_\_\_\_\_ Always

Occupation: \_\_\_\_\_

Hobbies: \_\_\_\_\_

**PLEASE COMPLETE THE FOLLOWING INFORMATION:**

| PAST MEDICAL HISTORY  | PAST SURGICAL HISTORY- INCLUDE YR   | FAMILY HISTORY- INCLUDE WHAT RELATIVE(S)  |
|---|---|---|
| <p>Y N</p> <input type="checkbox"/> <input type="checkbox"/> Asthma<br><input type="checkbox"/> <input type="checkbox"/> Allergies<br><input type="checkbox"/> <input type="checkbox"/> Eczema<br><input type="checkbox"/> <input type="checkbox"/> Food Allergy<br><input type="checkbox"/> <input type="checkbox"/> Insect Allergy<br><input type="checkbox"/> <input type="checkbox"/> Chronic/ Recurrent Hives/swelling<br><input type="checkbox"/> <input type="checkbox"/> Autoimmune Disease<br><input type="checkbox"/> <input type="checkbox"/> Immune deficiency<br><input type="checkbox"/> <input type="checkbox"/> Heart Condition<br>Other: _____<br><br>** Additional details regarding allergic conditions will be asked on the back side** | <p>Y N</p> <input type="checkbox"/> <input type="checkbox"/> Sinus Surgery<br><input type="checkbox"/> <input type="checkbox"/> Tonsil or Adenoidectomy<br>Other: _____ | <p>Y N</p> <input type="checkbox"/> <input type="checkbox"/> Asthma<br><input type="checkbox"/> <input type="checkbox"/> Allergies<br><input type="checkbox"/> <input type="checkbox"/> Eczema<br><input type="checkbox"/> <input type="checkbox"/> Food Allergy<br><input type="checkbox"/> <input type="checkbox"/> Latex Allergy<br><input type="checkbox"/> <input type="checkbox"/> Insect Allergy<br><input type="checkbox"/> <input type="checkbox"/> Chronic/ Recurrent Hives/swelling<br><input type="checkbox"/> <input type="checkbox"/> Autoimmune Disease<br><input type="checkbox"/> <input type="checkbox"/> Immune deficiency<br>Other: _____ |

MEDICATION ALLERGIES: \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, which medication/reaction? \_\_\_\_\_

ALLERGY TO LATEX: \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, what reaction? \_\_\_\_\_

Tobacco Use? \_\_\_\_\_ No \_\_\_\_\_ Yes—How Long/How Much? \_\_\_\_\_ Alcohol Use? \_\_\_\_\_ No \_\_\_\_\_ Yes—How Much? \_\_\_\_\_

**PLEASE LIST OR CIRCLE ALL OF YOUR CURRENT MEDICATION (INCLUDING OVER THE COUNTER):**

Allergy medication: Zyrtec Claritin Allegra Benadryl Atarax Singulair Patanol/Pataday  
 Flonase Nasonex Astelin Nasal saline Afrin Nasal Atrovent Epi-Pen Other: \_\_\_\_\_

Respiratory Medications: Albuterol inhaler/nebulizer Flovent Advair Symbicort Spiriva Asmanex Other: \_\_\_\_\_

All other medication not listed above: \_\_\_\_\_

\_\_\_\_\_

**\*\*PLEASE SEE REVERSE SIDE FOR ALLERGY SPECIFIC SCREENING QUESTIONS\*\***

**BREATHING CONCERNS** \_\_\_\_ YES \_\_\_\_ NO

Circle all respiratory diagnoses you have: Asthma COPD Reactive airway Disease (RAD) Bronchitis

Symptoms: Cough Wheeze Shortness of breath Chest tightness Can't exercise because of my breathing Wake up at night

Have you gone to the ER or urgent care in past year because of breathing issues? \_\_\_\_ Yes \_\_\_\_ No

Have you ever been admitted to the hospital for breathing issues? \_\_\_\_ Yes \_\_\_\_ No

What triggers your breathing symptoms? Cold symptoms Pollen Animals Exercise Cold air Tobacco smoke Changes in weather  
Strong scents/odors (perfumes) Taking aspirin or ibuprofen

**ALLERGIES (INDOOR/OUTDOOR)** \_\_\_\_ YES \_\_\_\_ NO

How long have you had allergy symptoms? \_\_\_\_\_ How long have you lived in area? \_\_\_\_\_

Circle all allergy symptoms you have:

Nasal symptoms: Congestion Runny nose Sneezing Itching Post-nasal drip Decreased / Loss of sense of smell

Eye symptoms: itching watery redness

Breathing Symptoms: Cough Wheeze Shortness of breath Chest tightness

What seasons do you have allergy symptoms: Year-round Spring Summer Fall Winter

What triggers your symptoms? Pollen Cat Dog Exercise Cold air Tobacco smoke Changes in weather Strong scents/odors

Where are you living: Single Family Home (Yr Built: \_\_\_\_\_) Apartment /Condo Mobile Home Other: \_\_\_\_\_

Present in home: Central heat/air conditioning Wood burning stove/fireplace Mold / water damage Musty smell

Carpeting (bedroom \_\_\_\_ Yes \_\_\_\_ No) Tile Laminate Hardwood

Air purifier Dust mite covers: mattress / pillowcase Humidifier

Pets: Dog Cat Other: \_\_\_\_\_

Are pets allowed in bedroom: \_\_\_\_ Yes \_\_\_\_ No

**FOOD ALLERGIES** \_\_\_\_ YES \_\_\_\_ NO

Which food(s) are you concerned about? \_\_\_\_\_

How long ago was this reaction? \_\_\_\_\_ How soon after you ate the food did you start to have symptoms? \_\_\_\_\_

What symptoms did you have when you ate the food?

Skin: redness itching hives swelling of lips or tongue

Nose/eyes: runny nose stuffiness sneezing eye swelling eye itching

Breathing: cough wheeze shortness of breath chest tightness

Stomach: cramping nausea vomiting diarrhea

Other: passed out change in voice feeling a lump in the back of the throat

**ALLERGIES (INSECT)** \_\_\_\_ YES \_\_\_\_ NO

Which insect(s) are you concerned about? \_\_\_\_\_

How long ago was the reaction? \_\_\_\_\_ How soon after you were stung did you start to have symptoms? \_\_\_\_\_

What symptoms did you have when you were stung?

Skin: redness itching hives swelling of lips or tongue

Nose/eyes: runny nose stuffiness sneezing eye swelling eye itching

Breathing: cough wheeze shortness of breath chest tightness

Stomach: cramping nausea vomiting diarrhea

Other: passed out feeling a lump in the back of the throat metallic taste need to shower

If your Allergy-related concern isn't listed above, please list it here: \_\_\_\_\_

**REVIEW OF SYSTEMS – PLEASE CIRCLE IF YOU HAVE HAD ANY OF THE FOLLOWING IN THE LAST 4 WEEKS:**

FEVER NIGHT SWEATS UNINTENTIONAL WEIGHT LOSS \_\_\_\_ lbs FATIGUE HEADACHE

NAUSEA VOMITTING DIARRHEA ABDOMINAL PAIN

HIVES DRY OR ITCHY SKIN SKIN RASH

**DO YOU HAVE A HISTORY OF RECURRENT INFECTIONS:** \_\_\_\_ YES \_\_\_\_ NO

PLEASE CIRCLE WHICH TYPE: SINUS EAR THROAT SKIN  
PNEUMONIA BRONCHITIS