

Sacroiliac Joint Injection

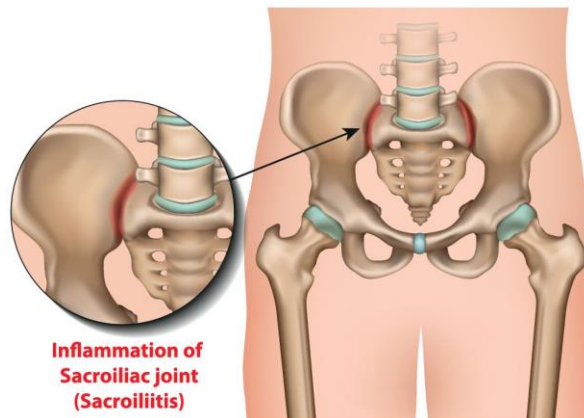
What is a sacroiliac joint injection?

A sacroiliac joint injection (SI) is a shot of an anti-inflammatory medication and an anesthetic into the joint capsule of the SI joint to treat the pain in your low back, buttock, hip, or upper leg. This joint is the place where your spine connects to your pelvis.

Goals of the SI joint injection

SI joint injections are used for one or both of the following purposes:

- Diagnostic purposes: To help whether the SI joint is the lower back pain. This injection performed using only a local anesthetic. If the patient experiences pain relief immediately after injection, it's a strong indicator that their SI joint is likely the source of their pain.
- Treatment: To help provide relief from SI joint pain. Depending on the mixture of medications used, the duration of pain relief varies but can last anywhere from several days to months.



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When used as a treatment, the goal of this injection is to provide relief from lower back pain caused by SI joint dysfunction and improve the patient's quality of life by improving function in the affected joint.

If these injections do not relieve pain for a long period of time. Other options are available. Ask your provider for more information.



<u>Pain Scale</u>
Pre procedure: _____
Post procedure: _____
Duration: _____