

REFRESH Study Overview

REFRESH is a study that looks at a sodium oxybate medicine as part of usual care for narcolepsy

REFRESH will look at how well the medicine works for treating narcolepsy, focusing on



Effectiveness



Patient satisfaction



Tolerability



Understand their condition better



Help researchers understand the medicine more



Contribute to science and help other patients

REFRESH Study Population

To join the study, participants must meet these requirements:



Age ≥18 years



Type 1 or type 2 narcolepsy diagnosis



Expected to start treatment within 4–6 weeks



Able to read and understand English



Have a smartphone, tablet, or computer with reliable internet connection



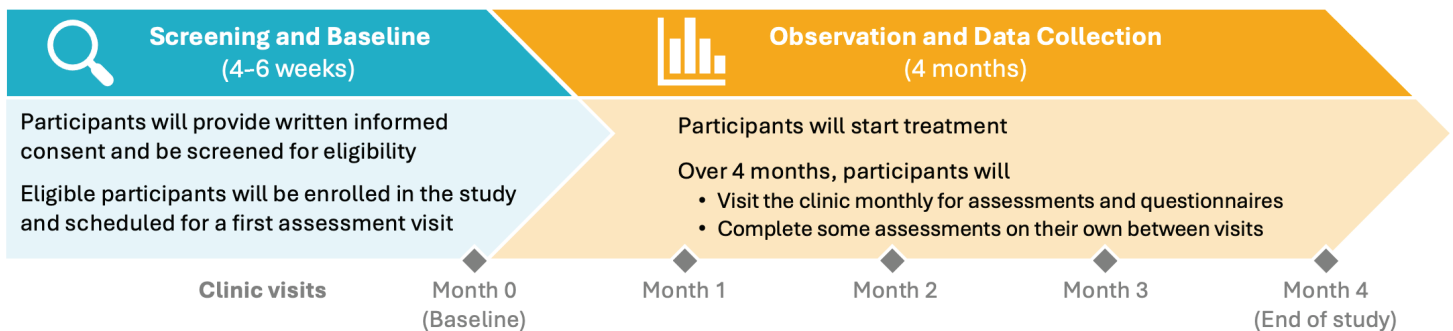
Current or prior use of twice-nightly oxybates or never used oxybates before



Willing and able to sign a consent form and follow the study rules

REFRESH Study Design

Study Periods



Study Medication



LUMRYZ is an extended-release form of sodium oxybate. It is taken as an oral suspension, once at bedtime.

Study Tests and Assessments



- Vital sign measurements
- Questions about narcolepsy symptoms, including daytime sleepiness and quality of life
- Questions about narcolepsy medications, including prior experience with twice-nightly oxybates
- Participant diaries