



IMAGE/VIDEO RELEASE FORM (OPTIONAL)

Balance Boot Camp Image and Video Release Form

I, the undersigned, hereby grant [Your Business Name] permission to take photographs, videos, and/or recordings of me during the Balance Boot Camp program. I understand that these images and recordings may be used for promotional purposes, such as advertising, website content, and social media posts. I acknowledge that I will not receive compensation for the use of these images or recordings.

Participant Signature: _____

Date: _____