



## SYMPTOMS of CORONAVIRUS DISEASE 2019 (COVID-19)

- Fever
- Cough
- Shortness of breath

**\*With DIRECT COVID-19 exposure or TRAVEL to high risk areas per CDC alert level 2 or higher\***

## STOP THE SPREAD OF GERMS

- Wash your hands with soap and water for 20 seconds
- Cover your cough or sneeze with your elbow or tissue
- Avoid touching your eyes, nose, and mouth
- Avoid close contact with people who are sick (> 6 feet)
- Clean and disinfect frequently touched surfaces and objects
- Stay home when you are sick

The majority of illnesses are *mild*.

Estimated mortality rates based on current data:

- Average overall mortality rate 2.3%
- History of high blood pressure, diabetes, heart disease, chronic lung disease, cancer 5-10%
- No history of chronic disease <1%
- Overall men 2.8%
- Overall women 1.7%
- By age:
  - > 80 years old 14.8%
  - 40-49 years old 0.4%
  - 30-39 years old 0.2%
  - 10-19 of age 0.0018%
  - 0-9 years of age ~0%

For more information:

[www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>