



Winter Illnesses Can't Wait, We Provide Fast, Expert Care!

Starting January 20, 2026, we will be launching early morning Winter Express Sick visits!

During the winter sick season, on our busiest days for illness, we hope to provide you access to have your child evaluated before the start of the work and school day!

Hours: Mondays and Tuesdays 7am - 10:30am

Location: Vienna 410 Maple Avenue W, Suite 5 & 6, Vienna, VA 22180

How to Schedule: [Self-Schedule Express Sick](#) through our website. No walk-ins accepted.

Our other 5 offices will still continue with normal hours:

8:30am - 8:30pm Mondays - Thursdays

8:30am - 5pm on Fridays

9am - 12:30pm on Saturdays and Sundays (select offices)

With our extended hours, visit CAP over urgent care. Familiar face, familiar history, and expert care!

As a reminder, Express Sick visits are for established patients:

- With a single symptom lasting less than 3 weeks
- With multiple mild symptoms requiring school/ daycare clearance (i.e. Sore throat, ear pain, congestion, pink eye, vomiting, diarrhea, and fever)
- With a self-scheduled appointment time (no walk ins)

Examples of problems NOT for express sick: pain for more than 3 weeks (headaches, abdominal pain, back pain), wheezing, concussion, mental health evaluations and emergencies, and emergency room follow up. In cases like these, we would like to provide you and your child more time for a thorough evaluation. Please call the office or [click](#) the pink "Other Appointments" button to request an appointment.