



We are keeping a close eye on measles cases in our area and around the country. There has been a recently confirmed case of measles in our local area. With this one confirmed case, Northern Virginia and the DMV are NOT considered a high-risk location at this time. If this changes, we will update any recommendations.

MMR guidance:

Children 6-12 months of age, traveling to a high risk area or internationally:

Yes, your child can receive their MMR vaccine. Those under age 1 year will still need 2 doses above age 1 year. Please message your provider to approve this and be placed on the nurse visit schedule.

Children 6-12 months of age, NOT traveling:

The first MMR dose is not recommended before 12 months of age unless the child is traveling to a high risk area or internationally. Northern Virginia is NOT considered high-risk at this time.

Children 1-4 years, traveling to a high risk area or internationally:

Yes, your child can receive their 2nd MMR vaccine early. MMR must be given a minimum of 4 weeks from their last MMR. We do recommend they get MMR-V (MMR-Varicella), if eligible, to reduce the number of injections later. Please message your provider to approve this and be placed on the nurse visit schedule.

Children 1-4 years, NOT traveling to a high risk area or internationally:

It is not necessary to get their MMR early, but we will make accommodations if you request so. Please message your provider to approve this and be placed on the nurse visit schedule.