



NEWBORN CARE BASICS

With Dr. Priya Gowda-Boylan

As new parents, we understand you may have a lot of questions. At Newborn Care Basics, Dr. Priya Gowda-Boylan will provide clinical and practical information to help new parents confidently care for their newborn.

Topics will include:

- Feeding and Nutrition
- Soothing/Comforting Techniques/Crying/Colic
- Bathing/Skin Care/Rashes
- Sleep
- Development
- Safety
- Red Flags: When to call your pediatrician

 **Capital Area Pediatrics**
your neighborhood pediatrician

Every 3rd Tuesday

1:30-2:30p

Via Zoom

**For existing CAP
Patients**

**To register, please
visit our website
workshop page**

Free!

For inquiries, please
reach out via 703-359-
5160