

Community Resources - Arlington County

HOTLINES

- [CSB Mental Health Emergency Services](#) – 703-228-5160
- [Arlington Detox Center](#) – 703-228-4864, (2120 Washington Blvd, Arlington, VA 22204)
- [Domestic & Sexual Violence Hotline](#) – 703-237-0881, crisis support, options counseling, safety planning and referrals
- [Suicide Prevention](#) – 1-800-273-TALK, or text “connect” to 855-11

POLICE

- Call 911 in a life-threatening emergency
- Non-emergency number: 703 558-2222

BASIC NEEDS (FOOD, EMERGENCY FINANCIAL ASSISTANCE)

Arlington County Community Assistance Bureau (CAB) makes referrals to a wide variety of community organizations that provide short-term, emergency help with basic needs, many of whom are not included below, 703-228-1300

- AFAC (Arlington Food Assistance Center) 2708 South Nelson Street Arlington, VA 22206 (703) 845-8486 <https://afac.org/>
- Capital Area Food Bank Hunger Lifeline – emergency food assistance referral service, 202-644-9800, capitalareafoodbank.org
- Food for Others – 703-207-9173, weekly food distributions – call for sites or go to <https://www.foodforothers.org/neighborhood-sites/>
- Catholic Charities – hot dinner (Alexandria), food pantry, assistance with one-time financial emergencies, 703-841-2531, ccda.net

HOUSING

- Salvation Army Emergency Assistance – 703-979-3380, <http://salvationarmynca.org/gethelp/>
- New Hope Housing – emergency shelter and supportive housing programs, 703-799-2293, newhopehousing.org
- Pathway Homes – housing and supportive services for adults with serious mental illness and co-occurring disabilities, 703-876-0390, pathwayhomes.org

SHELTERS

Comprehensive information on all Arlington County shelters is available at <https://health.arlingtonva.us/cit-resources/> Families with minor children should call the Arlington Co Community Assistance Bureau (CAB) first (703-228-1300) before contacting shelters. Individual adults may also start the process by first calling CAB to learn about all resources.

HELPFUL WEBSITE: WWW.AUNTBERTHA.COM- search by zip code to find free or low cost services like food, medical care and job services.