



## Your Time, Your Schedule, Instantly Booked.

We continue to add self-scheduling appointments for all existing CAP patients! The majority of appointments can be booked online on our website or booked when you are leaving your appointment. Skip the phone tag and book an appointment that works for you!

See <u>CAP Appointments</u> under existing patients.

- Sick visit: Pick the pink express sick visit button. You can choose location and provider or any/ first available provider. These appointments are for patients with a single symptom lasting less than 3 weeks or for mild symptoms requiring clearance from school or daycare. Symptoms such as sore throat, ear pain, congestion, pink eye, vomiting, diarrhea, and fever. Weekday sick appointments are opened 48 hours in advance. Weekend sick appointments are opened at close of business the day prior.
- **Well visit:** Pick the pink self-schedule well visit button. You can search by location, provider and date! Our schedules are open for a year! Scheduling early guarantees your appointment will be at a time and place that works best for you!
- **Specialty Center visit:** If you would like to visit our Vienna location for constipation, headaches, family travel or gynecology, pick the pink specialty center button.
- Medication checks: If you are doing a follow up for a long term condition or medication (i.e. ADHD, mental health, asthma, concussion), pick the pink med check button. Please schedule with the provider that has seen your child for this issue regularly. You can schedule an in person or telemedicine visit.
- Flu and COVID vaccine: As seasonally appropriate, you can book your child and family members in vaccine only clinics.
- Other appointments: New consult? Symptoms longer than 3 weeks? Multiple physical symptoms/ complaints? ER/ hospital follow up? Pick the pink "Other Appointments" and fill out appropriate information. This method allows our schedulers to text you in real time to schedule an appointment rather than play phone tag!

If you are having trouble getting a verification code:

- Verify you are typing in child's full legal name ( and ' where appropriate, no nicknames) and correct date of birth.
- Make sure you are not unsubscribed from our texts. Text "UNSTOP" to 646-863-4452. If you continue to have trouble, please contact the office for further assistance.