

Glucose Log

Chart your blood glucose and insulin doses daily as noted below:

*Please Note: It is important to check your glucose levels **before** each timeframe.*

Date	Breakfast		Lunch		Dinner		Bedtime		Comments
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McCandless Office
9104 Babcock Boulevard, Suite 3111
Pittsburgh, PA

Heyl Family Practice
412.931.3066
genesismedical.org

West View Office
1020 Center Avenue
Pittsburgh, PA 15229



HEYL FAMILY PRACTICE

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