

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Active Aging</b>	7:15 AM Adv. Balance/Core (AR) 8:15 AM Adv. Balance/Core (AR) 9:15 AM Basic Balance/Core (AR) 10:15 AM Basic Balance/Core (AR) 12:15 PM Aqua Walking/Laps (PL) 2:15 PM Chair Yoga (AR) No Chair Yoga on June 3 and 17	8:15 AM Tone it Up (AR) 9:15 AM Aquacise (PL) 11:00 AM Tai Chi Chih Practice (AR) 2:15 PM Sit 'N Fit (AR)	<ul> <li>8:15 AM Walk Through the Woods (ML)</li> <li>9:15 AM Strength &amp; Balance (A)</li> <li>10:15 AM Yoga in the Yard (Courtyard)</li> </ul>	8:15 AM Tone It Up (AR) 9:15 AM Aquacise (PL) 2:15 PM Chair Volleyball (AR)	7:15 AM Adv. Balance/Core (AR) 8:15 AM Advanced Balance (AR) 9:15 AM Basic Balance (AR) 11:15 AM Basic Balance (AR) 12:15 PM Aqua Walking/Laps (PL)	<b>NISS</b> Active Aging
<ul> <li>All events are subject to change</li> <li>All events &amp; activities are not included on this calendar</li> </ul>	Cafe (C) Creative Arts Studio (CA) Card Room (CR)	Room Abbreviations Main Lobby (ML) Minnehaha Fireside Lounge (MFL) Minnehaha Pub (MP) Minnehaha Terrace (MT) Pool Courtyard (PC) Private Dining Room (PD) Pool (PL) Resident Lounge (RL) Service Area (SA) Sun Room (SR) Spiritual Room (SPR)			++	1 2:00 PM Dominoes (CR)
2 Church Services (Schedule a ride in advance) 11:00 AM-2:00 PM Sunday Buffet 2:00 PM Mah Jongg (CR)	3 9:30 AM Men's Group (RL) 1:00 PM Scrabble and Cribbage (CR) 2:00 PM Trillium Woods Chorale Wrap Up (A)	<ul> <li>4</li> <li>9:45 AM Trillium Chimers (CA)</li> <li>1:00 PM Bridge (CR)</li> <li>1:30 PM Art Rolnick: The Economic case for investing in Early Childhood Education (A)</li> <li>4:00 PM TED Talk: Kimberly Noble: How does income affect childhood brain development? (C)</li> </ul>	5 8:00 AM Depart: Ladies Nisswa Trip 10:00 AM The Listening Post (RL) 11:00 AM German Conversation (SPR) 1:00 PM Mah Jongg (CR) 2:00 PM French Conversation (SPR) 3:30 PM Transitions Group (SR) 4:00 PM Tech Savvy (CA) 7:30 PM Poker (RL)	<ul> <li>6</li> <li>9:30 AM Depart: Coffee Concert</li> <li>11:00 AM Stitch Wits (CA)</li> <li>12:30 PM Hand and Foot (CR)</li> <li>1:00 PM Mah Jongg beginner (RL)</li> <li>1:00 PM Blood Pressure (Heath at Home)</li> <li>2:00 PM Mike Patrick's Drawing Class (CA)</li> <li>6:30 PM Roaring 20's Event (A)</li> </ul>	7 10:00 AM Round Table Meeting: Friday with Fetner (A) Followed by Resident Storyteller: George Kelby 11:00 AM Open Art (CA) 2:00 PM Movie: Big Fish (A) 4:30 PM Happy Hour (MP)	8 8:30 AM Depart: Men's Breakfast 11:30 AM Depart: Ladies Luncheon at Nicollet Island Inn 2:00 PM Dominoes (CR)
9 Church Services (Schedule a ride in advance) 11:00 AM-2:00 PM Sunday Buffet 2:00 PM Mah Jongg (CR) 2:00 PM Sacred Music Service (A) 4:30 PM Depart: Boca Chica	<ul> <li>10</li> <li>9:30 AM Men's Group (RL)</li> <li>1:00 PM Resident Council Mtg. (ACR)</li> <li>1:00 PM Scrabble and Cribbage (CR)</li> </ul>	<ul> <li>11 9:45 AM Trillium Chimers (CA)</li> <li>10:30 AM Alise McGregor (A)</li> <li>1:00 PM Bridge (CR)</li> <li>1:00 PM Card Making with Audrey (CA)</li> <li>3:30 PM Forum: James Forman Jr: Crime and Punishment in Black America</li> <li>5:15 PM Depart: Eloise Butler Wild- flower Walk</li> <li>7:30 PM Movie: Big Fish (A)</li> </ul>	<ul> <li>12 10:00 AM The Listening Post (RL)</li> <li>10:30 AM Great Decisions: State of the State Department and Diplomacy (A)</li> <li>11:00 AM German Conversation (SPR)</li> <li>1:00 PM Mah Jongg (CR)</li> <li>2:00 PM French Conversation (SPR)</li> <li>1:00 PM Depart: Alive and Kickin</li> <li>4:30 PM Thumbs Up/Thumbs Down (RL)</li> <li>7:30 PM Poker (RL)</li> </ul>	<ul> <li>13 9:30 AM Depart: Coffee Concert</li> <li>10:00 AM Parkinson's Support</li> <li>Group (RL)</li> <li>11:00 AM Stitch Wits (CA)</li> <li>12:30 PM Hand and Foot (CR)</li> <li>1:00 PM Mah Jongg beginner (RL)</li> <li>1:00 PM Blood Pressure (Heath at Home)</li> <li>2:00 PM Mike Patrick's Drawing Class (CA)</li> <li>7:30 PM Bible Study (CA)</li> </ul>	<ul> <li>14</li> <li>10:00 AM Round Table Meeting: Administration (A)</li> <li>11:00 AM Open Art (CA)</li> <li>2:00 PM Michael and Kyung Kim, Piano Duo (A)</li> <li>4:30 PM Happy Hour (MP)</li> </ul>	<b>15</b> <b>2:00 PM</b> Dominoes (CR)
16 Church Services (Schedule a ride in advance) 11:00 AM-2:00 PM Sunday Buffet 2:00 PM Mah Jongg (CR) 12:45 PM Depart: Cantus 4:15 PM Depart: Tim Patrick	<ul><li><b>17</b></li><li><b>9:30 AM</b> Men's Group (RL)</li><li><b>1:00 PM</b> Scrabble and Cribbage (CR)</li></ul>	<ul> <li>18 9:45 AM Trillium Chimers (CA)</li> <li>1:00 PM Bridge (CR)</li> <li>1:30 PM LeeAnn Landstrom:</li> <li>Galapagos Islands (A)</li> <li>3:00 PM Book Club (CA)</li> <li>4:00 PM TED Talk: Matt Walker:</li> <li>Sleep is Your Superpower (C)</li> <li>7:00 PM Benny Weinbeck: Music</li> </ul>	19 9:45 AM Depart: Omnitheater and The Happy Gnome for lunch 10:00 AM The Listening Post (RL) 11:00 AM German Conversation (SPR) 1:00 PM Mah Jongg (CR) 2:30 PM French Conversation (SPR) 3:00 PM Birthday Party (A) 7:30 PM Poker (RL)	<ul> <li>20 11:00 AM Stitch Wits (CA)</li> <li>11:45 AM Depart: Active Adventure: Bryant Lake Regional Park</li> <li>12:30 PM Hand and Foot (CR)</li> <li>1:00 PM Mah Jongg beginner (RL)</li> <li>1:00 PM Blood Pressure (Heath at Home)</li> </ul>	<ul> <li>21</li> <li>10:00 AM Round Table Meeting: The Birches (A)</li> <li>11:00 AM Open Art (CA)</li> <li>2:00 PM Movie: Leave No Trace (A)</li> <li>4:30 PM Happy Hour (MP)</li> </ul>	22 8:30 AM Depart: Men's Breakfast 11:30 AM Depart: Ladies Luncheon at Crossroads 2:00 PM Dominoes (CR)
23 Church Services (Schedule a ride in advance) 11:00 AM-2:00 PM Sunday Buffet 2:00 PM Mah Jongg (CR) 2:00 PM Sacred Music Service (A) 4:30 PM Depart: Boca Chica 30 Church Services (Schedule a ride in advance) 11:00 AM-2:00 PM Sunday Buffet 2:00 PM Mah Jongg (CR)	24 9:30 AM Men's Group (RL) 1:00 PM Scrabble and Cribbage (CR) 1:00 PM Card Making with Audrey (CA)	<ul> <li>25</li> <li>9:45 AM Trillium Chimers (CA)</li> <li>12:30 PM Green Books (A)</li> <li>1:00 PM Bridge (CR)</li> <li>3:30 PM Forum: Ari Melber: Politics, Governing and the Law (C)</li> <li>7:30 PM Movie: Leave No Trace (A)</li> </ul>	<ul> <li>26</li> <li>10:00 AM The Listening Post (RL)</li> <li>10:30 AM Health at Home: Medication Safety (A)</li> <li>11:00 AM German Conversation (SPR)</li> <li>1:00 PM Mah Jongg (CR)</li> <li>2:00 PM French Conversation (SPR)</li> <li>4:00 PM Tom Klein History Lecture (A)</li> <li>6:30 PM Tom Klein History Lecture (A)</li> <li>7:30 PM Poker (RL)</li> </ul>	<ul> <li>27 11:00 AM Stitch Wits (CA)</li> <li>12:30 PM Hand and Foot (CR)</li> <li>1:00 PM Vision Health Fair (A)</li> <li>1:00 PM Mah Jongg beginner (RL)</li> <li>1:00 PM Blood Pressure (Heath at Home)</li> <li>2:00 PM Mike Patrick's Drawing Class (CA)</li> <li>3:00 PM Depart: Skyrock Horse Farm and Antique Carousel Tour</li> <li>7:30 PM Bible Study (CA)</li> </ul>	<ul> <li>28</li> <li>10:00 AM Round Table Meeting: No Round Table (A)</li> <li>11:00 AM Open Art (CA)</li> <li>4:30 PM Happy Hour (MP)</li> </ul>	<b>29</b> <b>2:00 PM</b> Dominoes (CR)