

Ali Bedni Trek (5N/6D)

EMI Option available

(Starting from 8800 INR)



Ali Bedni Trek (5N/6D)

Introduction

OVERVIEW

Embark on an enchanting journey to the Ali Bedni Bugyal meadows, elevated at a mesmerizing 11,686 feet above sea level. These alpine landscapes grace the northern fringes of renowned hill stations like Almora, Nainital, Gwaldam, and Kausani. Against the backdrop of the clear azure skies, the mighty Mt. Trishul stands as a majestic sentinel, forming a picturesque vista that's nothing short of a masterpiece.

What truly sets this trek apart is the breathtaking panoramic views it offers. As you navigate through dense forests, a world of surprises unfolds before you. The experience of wandering amidst this emerald wilderness is nothing short of astonishing. Transitioning from the cool, shaded greenery of the forests, you'll find yourself traversing vast open expanses—endless stretches of vibrant green carpets that seem to stretch beyond the horizon.

The Ali Bedni Bugyal trek promises not just an adventure, but an immersion in nature's grandeur, a symphony of colors and textures that will etch unforgettable memories in your heart.

SUMMARY

Trek Start Location	Rishikesh
Trek End Location	Rishikesh
Base Camp	Lohajung
Trek Start Time	6:00 AM on Day 1
Trek End Time	07:00 PM on Day 6
Trek Duration	5 Nights / 6 Days
Trek Difficult	Moderate
Trek Distance	40 Kilometers approx
Trek Height	12500 ft.
Temperature	22°C max. during Day to -2°C min. during Night
Best time to do this trek	Mid-March to June and September to Mid-November
Age Group Required	Between 16 to 45 Years (No age bars for champions)

Booking Link : <https://trekotrip.com/trek/ali-bedni-trek-5n-6d-382269>

Price

Type	Price
Ali Bedni (Ex - Rishikesh)	INR 8800

Short Itinerary

DAY 1: Drive from Rishikesh to Lohajung
DAY 2: Trek from Lohajung to Didna Village
DAY 3: Trek from Didna To Abin Kharak / Khobal Tal via Ali Bugyal
DAY 4: Trek from Abin Kharak / Khobal Tal to Bedni Bugyal and back to Ali Bugyal
DAY 5: Trek from Ali Bugyal to Wan. Drive from Wan To Lohajung
DAY 6: Drive from Lohajung to Rishikesh

Day Wise Itinerary

DAY 1: Drive from Rishikesh to Lohajung

Drive Distance: 260 km | Drive Duration: 10 hours | Pick Up point: Will be shared a week before starting day | Pick up Time: 6.30 am | Altitude: 7650 ft

- Drive 260 km from Rishikesh to Lohajung.
- Lohajung serves as the base camp for the trek.
- Enjoy a scenic drive with mountain roads and forested landscapes.
- Arrive in Lohajung with a view of the Nanda Ghunti peak.

DAY 2: Trek from Lohajung to Didna Village

Trek Distance: 5.5 km | Trek Duration: 4-5 hours | Altitude: 8,050 ft

- Trek approximately 5.5 km from Lohajung to Didna Village.
- Trek through forests along the Neel Ganga River.
- Cross the river via a metal bridge and climb for about 2 hours.
- Stay overnight at a homestay / tent in Didna.

DAY 3: Trek from Didna To Abin Kharak / Khobal Tal / Ali Bugyal

Trek Distance: 9.5 km approx | Trek Duration: 7-8 hours | Altitude: 11,350 ft

- Embark on an exhilarating 9.5 km trek.
- Begin your day early to savor the breathtaking views.
- Trek through the enchanting Ali Bugyal, where you'll be captivated by the grandeur of Nanda Ghunti & Trishuli.
- Traverse flat terrain and gradual inclines, allowing for leisurely exploration.
- Set up camp between Ali and Bedni Bugyal, a picturesque spot also known as Abin Kharak or Khobal Tal.

DAY 4: Trek from Abin Kharak / Khobal Tal / Ali Bugyal to Bedni Bugyal and back to Ali Bugyal

Trek Distance: 10 km | Trek Duration: 9-10 hours | Altitude: 12,500 ft

- Trek from Ali Bugyal to Bedni Bugyal, marking the culmination of your three-day journey.
- Cross expansive alpine meadows that showcase the region's natural beauty.
- Marvel at the profusion of colorful flowers in full bloom at Bedni Bugyal.
- Explore the pristine Bedni Kund, a captivating lake surrounded by a small temple.
- Return to Ali Bugyal for a satisfying dinner and a restful night's sleep.

Day 05: Trek from Ali Bugyal to Wan. Drive from Wan To Lohajung

Drive Distance: 13 km | Drive Duration: 1 hours | Trek Distance: 13 km | Trek Duration: 7-8 hours | Altitude: 7,700 ft

- A picturesque 13 km drive, lasting about an hour.
- An enchanting drive through the scenic landscape.
- A rewarding 13 km trek, taking approximately 7-8 hours.
- A leisurely trek with breathtaking vistas.
- Trekking at an altitude of 7,700 ft.
- A transitional day, moving gracefully toward Lohajung, your base camp

Day 06: Drive from Lohajung to Rishikesh

Drive distance: 250 km | Trek Duration: 10 hours | Drop off Time: 6 pm

- A scenic drive covering 250 km.
- A trekking duration of approximately 10 hours, offering one last chance to soak in the natural beauty.
- Arrive in Rishikesh by 6 pm, concluding your journey on a fulfilling note.
- Go back with memories etched in your heart, as you bid farewell to the Northern Himalayas.

Inclusions

- All Meals from Day 1 Dinner to Day 6 Breakfast
- Stay in Hotel / Guest House / Tents on a triple or quad-sharing basis
- Accommodation: Tents, Sleeping bags, Sleeping Mats
- Gears: Micro-Spikes, Gaiters, Ropes (based on snow conditions)
- All forest and camping permit
- Accompany of expert and certified hiking guide
- Basic First Aid and medical kit

Exclusions

- Cost of emergency.
- Any personal expense.
- Any other expense not mentioned in Itinerary.
- Due to limited inventory if you need anything extra will be chargeable.
- Dining during Transit
- Emergency evacuation charges
- The utilization of the buffer day incurs an additional cost of ₹2,500/-
- Porter charges if required. (maximum 10 kg layoff per person)
- Taxes @5% extra.
- Insurance Policy.
- Any other service not mentioned above in inclusions.
- Fees or permits for non-Indians.

Terms & Contions / Cancellation Policy / Refund Policy

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<https://trekotrip.com/p/terms>

Things to Carry

Footwear

- Non-skid, deep-treaded, high-ankle trekking shoes
- Pair of lightweight Slipper/Sandals

Clothing

- Trekking Pants
- Thermal Body warmer Upper & Lower (Base layer)
- Warm Fleece (Mid layer)
- Down Jacket (Top Layer)
- Full sleeves T-shirts (Quick Dry material)
- Pair of thick woolen socks (1 pair for every two days of trekking)
- Undergarments / Innerwear (Quick Dry material)
- Rainwear/Poncho (Jacket & Pants)
- Pair of waterproof / snow-warm gloves
- Woolen cap
- Sun shielding Hat

Trekking Gear

- Rucksack bag with rain cover
- Day Pack Bag – Recommended for treks with summit days
- Head Torch / Flashlight with spare batteries (mobile flashlight may not be enough)
- UV protection sunglasses
- Water Bottle – 2 (1 liter each)
- Trekking Pole

Personal Hygiene Kit

- Wet Tissue Paper / Tissue Roll
- Personal Towel
- Sunscreen Lotion
- Lip Balm
- Basic Medication for cough, cold, fever, motion sickness, etc

Utensils

- Small size, Lightweight & Leak proof lunch box – 1
- Plate – 1
- Spoon – 1
- Tea / Coffee Mug – 1

Miscellaneous

- Camera (optional), Power Bank (optional)
- Medicines (your regular medicines, plus a few others for emergencies)
- Dry Fruits, snacks, soft drinks, etc

Documents

- Government-issued Address Proof (Voter ID, Aadhaar, Driver's License, Passport) (mandatory)
- Signed Disclaimer Form (will be shared after the booking)





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