

Kailash Mansarovar Yatra Ex- Kathmandu

(Starting from 220000 INR)

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|---|---|---|---|--|---|
|  Sun, 10th May |  Sun, 24th May |  Fri, 12th Jun |  Tue, 23rd Jun |  Sun, 5th Jul |  Wed, 22nd Jul |
|  Sun, 9th Aug |  Fri, 21st Aug |  Fri, 4th Sep |  Tue, 15th Sep | | |



Kailash Mansarovar Yatra Ex- Kathmandu

Introduction

Overview

Kailash Mansarovar yatra by overland start from Kathmandu, you will travel by road throughout the journey. Mount Kailash isn't only a mountain, it is a symbol of belief & faith among four religions: Hinduism, Buddhism, Jainism & Bon. The mountain lies near Lake Mansarovar and Lake Rakshastal. It is the source of four major holy rivers in Asia: the Indus, Sutlej, Brahmaputra and Karnali. People who aren't able to perform a holy bath at Lake Mansarovar go into the above rivers with the same belief and faith.

Mansarovar is another holy place which lies north of Mt. Kailash. Like Mt. Kailash also has its own religious value among some religions. They have their own beliefs and faith about Kailash Mansarovar Yatra as per their devotional texts.

Summary

Start Point	Kathmandu, Nepal
End point	Kathmandu, Nepal
Travel Type:	Kailash Mansarovar Yatra (KMY) by Overland
Trek Distance	42 KMS
Duration	13N/ 14D
Mt. Kailash Height:	6,638 meters from sea level
Highest point on trek:	Dolmala Pass (5,600 meters)
Best time	May, June, July, Aug, Sept

Booking Link : <https://trekotrip.com/tour/kailash-mansarovar-yatra-ex-kathmandu-13n-14d-442930>

Price

Type	Price
Mansarovar Yatra Ex Kathmandu	INR 220000

Short Summary

Day 01 : Kathmandu Arrival (1400m) - Overnight in Kathmandu
Day 02: Kathmandu Sightseeing Half Day Temple Tour
Day 03: Drive from Kathmandu to Kodari
Day 04: Drive Kodari – Nyalam
Day 05: Free day at Nyalam for acclimatization
Day 06: Nyalam – Saga
Day 7: Drive to Mansarovar Lake (4550m)
Day 8: Drive to Darchen (4650m)
Day 9: First Day of Outer Kora - Trek to Dirapuk (4860m)
Day 10: Second Day of Outer Kora - On to Zuthulphuk (4670m) with Trek to Dolma La Pass
Day 11: Drive Back to Saga
Day 12: Drive from Saga to Nyalam / Kerung
Day 13: Nyalam/ Kerung - Kathmandu
Day 14: Transfer to Kathmandu Airport

Day Wise Itinerary

Day 01 : Kathmandu Arrival (1400m) - Overnight in Kathmandu

- Welcome to Nepal, a representative from Trekotrip will be there at the Tribhuvan International airport to meet & greet you and transfer you to the hotel by private vehicle.
- Hotel: Deluxe Hotel – Hotel Tibet/ Holiday Inn Express
- Meal: Dinner Only at Hotel

Day 02: Kathmandu Sightseeing Half Day Temple Tour

- 08:00 AM - After Breakfast - sightseeing of Pashupatinath Temple, Shakti Peeth, Boudha Stupa and Budhanilkantha.
- **Meal: Breakfast, Lunch and Dinner**

Day 03: Drive from Kathmandu to Kodari

Distance covered: 100kms | Altitude : 1760 m

- After breakfast drive to Kodari by bus. The drive to Kodari is not long in distance but the road and traffic conditions can make it tiring and time taking.
- Upon reaching Kodari stay in a lodge/guesthouse.
- Dinner and stay at the guesthouse.
- Hotel: Guest House-Multiple Sharing
- **Meals Included : Breakfast, Lunch, Dinner**

Day 04: Drive Kodari – Nyalam

Altitude: 3750 m Distance: 55 Km | Duration: 1 hrs

- After breakfast- immigration formalities the group will cross the border on foot to reach China side.
- The pilgrims are then transferred on their Chinese bus for onward drive to Nyalam (55 Km). We travel in sturdy and comfortable vehicles that are controlled and guided by Tibetans.
- The accompanying Nepalese Sherpas get into the coaches after loading the food materials, water etc and the onward journey into the Tibetan/Chinese region continues toward the town of Nyalam.
- On arrival, check into room and take rest for today.
- Overnight stay will be in a guesthouse at Nyalam in dormitory style.
- Hotel: Guest House-Multiple Sharing
- **Meals: Breakfast, Lunch, Dinner**

Day 05: Free day at Nyalam for acclimatization

Altitude: 3750 m

- This day is reserved for rest for acclimatization in Tibet's tough climate.
- Our tour manager will assist you for a short Local walking at Nyalam for warming up your body to adjust with Tibet's high altitude.
- Also, you can enjoy the day with chanting Bhajan or Katha in the guesthouse.
- Hotel: Guest House-Multiple Sharing
- **Meals: Breakfast, Lunch, Dinner**

Day 06: Nyalam – Saga (235 KM / 4-5Hrs.)

Altitude: 4300 M | Distance: 235 Km | Duration: 4 to 5 Hrs. Drive

- After an enjoyable drive through the mountainous terrain, the plain provides a sense of comfort.
- The Yarlung Tsangpo (Brahmaputra River) is crossed over on, past the turn off for the northern route, and arrive at settlement of Saga (4840m).
- The landscape gradually changes to the high plains of Tibet, soft, beautiful and photogenic.
- Stay overnight at guest house.
- Hotel: Hotel Saga
- **Meals: Breakfast, Packed Lunch, Dinner**

Day 7: Drive to Mansarovar Lake (4550m)

Altitude : 4550M

- 08:00 AM - Drive towards Mansarovar Lake (390 Km / 8 hrs) and stay at the shore of the Lake.
- Fill spiritual water and perform a half day Parikrama of Mansarovar Lake on a local vehicle.

- Stay : Mud House
- **Meals: Breakfast; Lunch & Dinner**

Day 8: Drive to Darchen (4650m)

Altitude : 4600 M

- Most of the day - Perform Puja (prayer ritual) at Mansarovar Lake
- After Lunch - We will do rest of Mansarovar parikrama & drive to Darchen (35 km - 1hr)
- Stay : Hotel
- **Meals: Breakfast, Lunch & Dinner**

Day 9: First Day of Outer Kora - Trek to Dirapuk (4860m)

Altitude : 4900 M

- 10:00AM - After a short drive, we will reach Tarboche and visit Yama Dwar.
- This is the starting point for Kora. We will trek to Dirapuk (4860 m) which is a 12 km trek (5-6 hrs). You will visit the North face of Mt. Kailash.
- Travelers who do not want to trek around (Parikrama) Kailash can go back to Darchen and wait for the rest of the group to arrive from Parikrama.
- (If you are not doing Parikrama, you will be waiting at Darchen - Mud Guest House multiple sharing (if using hotel Himalaya /any Chinese Hotel with attached bathrooms then Cost Difference of USD 50 per person for 2 nights to be paid directly by guest) till Group return from Parikrama; we will arrange accommodation & Meals.)
- Stay : Mud Guest House
- **Meal: Breakfast at Darchen, Packed Lunch, Dinner.**

Day 10: Second Day of Outer Kora - On to Zuthulphuk with Trek to Dolma La Pass

Altitude : 4790 M

- 07:00AM - Trek from Dirapuk to Dolma La Pass and proceed to Zuthulphuk (22 km trek for 10-12 hours trek).
- This is the most difficult part of the yatra since you have to trek up to 5700 ft and descend to Gaurikunda then further trek to Zuthulphuk.
- Thinking of going for Charan Sparsh / 4 Km one way? The Chinese Government has closed since August 2024. You can do so only if the authority allows.
- Stay : Mud Guest House
- **Meal: Breakfast, Packed Lunch, Dinner**

Day 11: Drive Back to Saga (4550m)

- 8:00AM - After a short Trek (8kms - 2 - 3hrs) and reach the point where the coach will be waiting, we will drive to Darchen and merge with other members and drive to Saga. (480 KM - 9-10 hrs)
- **Meal: Breakfast, Lunch, Dinner**

Day 12: Drive from Saga to Nyalam / Kerung

Duration: 6/7 Hrs- Drive | Distance: 245Km

- After breakfast we begin our journey towards Nyalam. On the way we pass through the town of Saga, driving on well pitched roads and mountainous terrain.
- Stay overnight in a guest house at Nyalam.
- Hotel: Guest House-Multiple Sharing
- **Meals: Breakfast, Lunch, Dinner**

Day 13: Nyalam/ Kerung - Kathmandu

Altitude: 1400 m | Distance: 175 km | Duration: 6 – 7 hrs. drive

- After breakfast drive from Nyalam towards we walk to the Nepalese immigration control in Nyalam, complete the re-entry formalities and get transferred to our hotel in Kathmandu.
- This should take about 6- 7 hours by bus. Dinner and night stay will be in the Hotel.
- Hotel: Hotel Tibet/ Holiday Inn Express
- **Meals: Breakfast, Lunch, Dinner**

Day 14: Transfer to Kathmandu Airport

- You will be free till your flight time. We will drop you at the Airport 3 hours before flight time (30 mins drive).

Inclusion

- Hotel accommodation at Kathmandu in a 3 star hotel or similar on Twin Sharing basis
- 1 night at Dhunche/ Kodari or Syafrubesi or Timure
- Accommodation at Guest House during Tibet Visit on common sharing basis with Tibetan common toilet.
- Sightseeing of Kathmandu city
- Kathmandu – China Border – Kathmandu by bus
- Chinese visa Fee
- All vegetarian meals (breakfast, lunch & dinner)
- Transportation in Tibet by Luxury A/C Coach
- Supporting truck to carry equipment
- English speaking Tibetan guide
- All necessary travel & trekking permit as per our Itinerary
- Supporting crew members (Cooks, Helpers & Sherpas)
- Oxygen cylinders for emergency use & medical kit bag
- One duffle bag, One backpack, One cap, One passport holders, & Kailash Yatra completion certificate.
- Escort for airport pick up & drop off

Exclusion

- Travel insurance / Rescue and evacuation service
- Entrance fee of Monuments at Kathmandu
- Nepal re-entry Visa fee for NRIs
- To Visit Ashtapath
- Tips for guide & driver and Personal expenses
- Horse riding (Around 4000 Yuan) during the Parikrama
- Air ticket to Kathmandu & return back to home.
- Extra Hotel charge in Kathmandu if early return from Tibet or extra stay at Kathmandu
- Addition cost due to any political disturbances
- Extra accommodation charges if delay in Permit /Visa from Tibet (Please make sure your air ticket is flexible to change dates)
- If pilgrims leave the group early from the Tibet side for non – disease reasons then USD 100 per person per day has to be paid as penalty to the Tibet side – T.A.R. Foreign Exchange Center (FEC). (Visa splitting charge, accommodation, transportation charges will be extra).
- GST @ 5% + 5% TCS
- The porter charges 1500 Yuan for up to 5kg of weight.
- Asthpad Yatra if allowed will be charges 600 Chinese yuan
- INR 6000 per person for 2 nights in Darchen (stay+ meals) if not doing Parikrama

How do I book this tour?

If you are interested in joining one of our Kailash Yatra groups please follow the process mentioned below:

Step 1: Please check the availability of travel date and seats from our website which is below with the cost table.

Step 2: Upon finalizing your dates and other information with our office, please send scanned copy of your passport on Whatsapp : +91-9541122222 (Please note the passport must be valid for minimum 6 months from the date of Yatra)

Step 3: For booking confirmation, please make advance payment of INR 15000/- per person. 50% of the payment can be paid 30 days prior to tour departure date- should reach Trekotrip account by telex transfer with the copy of the passport of the client and balance amount will be collected in CASH in Kathmandu.

Note: Tibet Group Visa (TGV): All travelers from any nation intending to go to Tibet from Nepal must obtain a Tibet Group Visa (TGV) in Kathmandu with the help of a tour operator. To ensure the successful application of the TGV, you should plan to arrive in Kathmandu 6 working days before your travel date.

Important Information that you should read.

Documents Required

- Passport (with photocopies)
- Travel Insurance (with photocopies)
- Airline Tickets (with photocopies)
- Some recent two inch colorized photo
- RMB Cash
- Credit or debit card

Foreign Nationals and NRIs

Nepal portion - A valid passport and Visa is mandatory for all foreign nationals and NRIs (Nonresident Indians) to enter Nepal. Nepal immigration offers a Visa on arrival facility at Kathmandu airport against all valid documents and visa fee.

China/Tibet portion – A valid passport, visa and a special permit to visit Kailash region is mandatory for all foreign nationals and NRIs (non-resident Indians) willing to undertake Kailash Yatra.

Travel Insurance

It is strictly advisable and is mandatory to carry a valid Travel Insurance covering the Kailash region. Our trips do not include the price for travel insurance and it is the sole responsibility of the pilgrims/travelers to ensure that they are adequately insured for the full duration of the trip

Medical Certificate

A valid copy of health certificate of the pilgrims issued by their physician mentioning that they are in perfect health condition to undertake yatra to Mount Kailash at a height of above 15000 feet. Medical certificates are not the responsibility of ours and we do not take any liability for any health issue.

Clothing

Casual wear and comfortable walking shoes are recommended to travel to Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to downright cold. Women Pilgrims are strictly advised to not wear Saree. Bring all the film, medicine, cosmetics, personal toiletries, etc. that you will need from home as these are difficult or impossible to obtain on the way. A small first aid kit is also a good idea. It is quite useful to have a route map to know where you are going and have been each day.

What to take

Winter wear: Gore-Tex material though good quality is highly recommended. Down jacket, raincoat or windbreakers, thermal wears/ body warmers, under garments, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, sun glass, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

Health

This is one of the toughest high altitude road journeys on earth. You Must be physically fit. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500 ft during the Parikrama, etc.

Altitude Sickness

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Taklakot before moving on to the higher altitudes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour.

Currency

The unit of Chinese currency is Yuan. USD 1 = 6.00 Yuan. 1 Yuan = INR 10.00 approx. Money can be exchanged at the Nepal Tibet Border. Re-exchange all your remaining Yuan at the end of the trip at the border itself before re-entering Nepal.

Risks and Liability

Trekotrip and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules and regulations of Tibet Tourism Bureau (TTB). Therefore, Trekotrip and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, delay arrival, delay issue of permit and visa, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

Note: the Yatra covers several geographically constrained stops with limited basic amenities like toilet, internet, electricity, as such. Likewise, natural calamities : flood, landslide result in road blocks causing delay in your travel. Additionally, hotels remain crowded during full moons when services will be compromised. We expect your understanding in this regard!

Things to Carry

Packing Essentials

Sometimes, the difference between comfortable and secure journeys and the ones that are not depends on what's inside the backpack. Therefore, you should pack all the essentials before starting your journey towards the Kailash Mansarovar Yatra.

Some of the key things to pack include:

- Waterproof trekking shoes & 1 Normal Shoes
- Waterproof winter jacket with hood
- Waterproof trousers
- Medications
- Local currency
- Walking stick
- Sunglasses
- Torch

- Hot water bottle
- Sunscreen
- Vaseline
- Antifungal powder
- Snacks
- Raincoat
- 1 Towel
- Thermal - 3 Set
- 3 to 4 Set of winter clothes
- Socks - Winter 3 pair & Summer 3 Pair

What are the Cancellation and Refund policies?

- **Cancellation before 35 days of the travel date / before the second installment:** A deduction of ₹5,000 per person will be applied from the booking amount. The remaining balance will be refunded.
- **Cancellation after the second installment (within 35 days of the travel date):** Cancellations made within thirty (35) days of the scheduled travel date, or following the payment of the second installment, are strictly non-refundable. No refunds will be issued for cancellations occurring during this period.
- **Alternative Option (Date Change):** If you wish to avoid the ₹5,000 deduction, instead of cancelling your trip, you may shift your booking to the next month or to any batch in the following year (subject to availability). This option allows you to carry forward your booking without cancellation charges.





CONTACT

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