

Rudranath With Kalpeshwar Yatra (4N/ 5D)

(Starting from 12499 INR)

📅 Fri, 9th Oct 📅 Wed, 14th Oct



Rudranath With Kalpeshwar Yatra (4N/ 5D)

Introduction

Overview

Experience the divine pilgrimage of two sacred Panch Kedar temples in just 5 days. Rudranath at 3,547 meters represents the face of Lord Shiva, while Kalpeshwar at 2,089 meters represents his matted locks (jata). This compact journey combines pristine alpine meadows, spiritual significance, and authentic Himalayan culture. Start your overnight journey from Delhi and arrive at Sagar village. Trek through the stunning Lyuti Bugyal and Panaar Bugyal meadows to reach the sacred Rudranath Temple. Experience the least-crowded Kedar shrine with its peaceful atmosphere and ancient architecture. Complete your darshan and return to Sagar. Continue your pilgrimage to Kalpeshwar, the only Panch Kedar temple accessible year-round, nestled at a lower altitude with lush green valleys. This combination trek offers the best of both worlds: the high-altitude spiritual experience of Rudranath and the accessible sacred shrine of Kalpeshwar.

Summary

Trek Start Location And Time Ex Delhi	Delhi 8:00 pm Approx
Trek Start Location And Time Ex Rishikesh	Rishikesh 7:00 am Approx
Base Camp	Sagar Village
End Time	Reach Rishikesh by 7:00 pm / Delhi 11:30 pm Approx
Trek Duration	4 Nights / 5 Days
Trek Level	Moderate
Trek Distance	38 kilometres Approx
Max Altitude	3547 m
Best time to do this Trek	May- June / Sept - Mid Oct
Age Group Required	Between 16 to 60 Years (No age bars for champions)

Booking Link : <https://trekotrip.com/tour/rudranath-with-kalpeshwar-yatra-4n-5d-600753>

Price

Type	Price
Rudranath 4n-5d (Ex Delhi)	INR 12499
Rudranath 4N/5D (Ex Rishikesh)	INR 12499

Short Itinerary

Day 00: Drive from Delhi to Sagar Village
Day 01: Drive from Rishikesh to Sagar Village
Day 02: Trek from Sagar Village to Lyuti Bugyal
Day 03: Trek from Lyuti Bugyal to Rudranath Temple
Day 04: Trek from Rudranath Temple to Sagar Village
Day 05: Drive from Sagar to Helang. Shuttle from Helang to Kalpeshwar back to Helang. Drive from Helang to Rishikesh/ Delhi.

Day Wise Itinerary

Day 00: Drive from Delhi to Sagar Village

Drive Duration: 510 km approx | Drive time:12 hrs approx

- Overnight journey from Delhi.
- Pickup at 9 PM from Akshardham Metro Station, Delhi.
- Drive through the night towards Sagar village in the Garhwal Himalayas.

Day 01: Drive from Rishikesh to Sagar Village

Drive Durations: 6-7 hrs | Drive Distance: 220 KM.

- Pickup at 6 AM from the 60's Cafe, Tapovan, Rishikesh (or arrive from Delhi).
- Drive to Sagar via Devprayag, Dhari Devi and Rudraprayag.
- Witness the beauty of the Garhwal region as you journey towards the foothills of the Himalayas.
- Arrive at Sagar in the evening and check-in at your designated hotel.
- Meals: Dinner
- Stay: Stay at Sagar Homestay.

Day 02: Trek from Sagar Village to Lyuti Bugyal

Trek Distance: 10km Approx | Trek Time: 5 to 6 hrs | Altitude: 2500m

- Start your trek from Sagar after breakfast and commence the uphill trek to Lyuti Bugyal, passing through Pung Bugyal & Mauli Karak.
- These meadows offer stunning views and are home to alpine flora.
- Reach Lyuti Bugyal in the afternoon and check-in at your assigned camps.
- Meals: Breakfast and Dinner
- Stay: Stay at Lyuti Bugyal.

Day 03: Trek from Lyuti Bugyal to Rudranath Temple

Trek Distance: 09km Approx | Trek Duration: 5 to 6 hrs | Trek Altitude: 3547m

- Wake up early and trek towards the beautiful meadows of Panaar Bugyal.
- Hike on gradient paths with level walks and downhill descents after Pitradhar.
- Reach the sacred Rudranath Temple and spend time for darshan (worship) at this ancient shrine dedicated to Lord Shiva's face.
- Experience the spiritual energy of this sacred pilgrimage site.
- Meals: Breakfast and Dinner
- Stay : Stay near Rudranath Temple

Day 04: Trek from Rudranath Temple to Sagar Village

Trek Distance: 19km Approx | Trek Time: 08 hrs | Altitude: 1800m

- After breakfast, start your trek down to Sagar.
- The descent is easier than the uphill trek but requires careful foot placement on rocky terrain.
- Enjoy the fresh mountain air and forest surroundings as you make your way down.
- Reach Sagar by afternoon, check-in at your hotel, and rest after the trek.
- Meals : Breakfast and Dinner
- Stay: stay at Sagar.

Day 05: Drive from Sagar to Helang. Shuttle from Helang to Kalpeshwar back to Helang. Drive from Helang to Rishikesh/ Delhi.

Drive Distance: 265 / 510 km Approx | Drive Duration: 7 / 12Hrs | Altitude: 340m

- Start your day with early breakfast at Sagar.
- Board your vehicle and drive towards Helang.
- Drop off at Helang and take shuttle to Kalpeshwar Temple.
- After darshan at the sacred Kalpeshwar Temple, take shuttle back to Helang and board your vehicle to Rishikesh / Delhi.
- Reach Rishikesh around 7 pm and onward journey to Delhi, reach by 12:00AM.
- Meals: Breakfast
- Note :Shuttle charges from Helang to Kalpeshwar and back to be paid by customer.

Inclusions

- **Stay:** Accommodation for 4 Nights on sharing basis
- **Transport:** Transportation from Delhi to Delhi. Pickup 9 PM Akshardham Metro Station, Drop 4 AM Akshardham Metro Station
- **Meals:** 4 Dinners & 4 Breakfasts - starting from dinner on Day 1 to breakfast on Day 5
- **Trek Staff:** Mountaineering-certified trek leader, guide, and support staff
- **Emergency Kit:** First aid medical kits

Exclusions

- **Meal** – This package does not include lunch; you will need to arrange it .
- **Travel / Health Insurance** (TrekOTrip strongly recommends carrying your own) Any medical expenses
- **Food or drinks** outside the package (beverages, snacks, meals during transport)
- **Personal expenses:** tips, laundry, mineral water, camera/forest fees
- GST @5%
- Cost of Emergency/ Evacuation charges
- Any other expenses not mentioned in itinerary.
- Dining during Transit
- Insurance Policy
- Forest fee, EDC fee, Shuttle charges - to be paid by customer (approx 1000)
- Extra costs from natural disasters (landslides, roadblocks) - paid by customer
- Fee or Permit for non Indians

Things To Carry

Clothes

- Full-sleeve base layer (modest & comfortable)
- Fleece mid-layer
- Waterproof outer shell / jacket
- Comfortable trekking trousers (2 pairs)
- Thermal innerwear
- Warm cap / beanie
- Light gloves
- Shawl or stole (for temple entry and prayer)
- Sunglasses
- Sun hat
- Optional :Down jacket (for higher-altitude shrines)



Footwear

- Sturdy waterproof trekking shoes
- Trekking socks — woollen (3–4 pairs)
- Comfortable slip-on sandals (for temple courtyards)
- Gaiters (for snow-covered approaches)

Gear And Equipment

- Daypack (30–40L is usually enough)
- Rain cover for backpack
- Trekking poles
- Headlamp + extra batteries
- Quick-dry towel
- Sunscreen (SPF 50+)
- Small lock for locker/storage at dharamshalas
- Portable power bank
- Optional: Lightweight packable bag (for day offerings/shopping)

Food And Hydration

- Reusable steel or copper water bottle
- Water purification tablets
- Dry fruits, nuts, energy bars
- ORS sachets
- Electrolyte powder

- Optional: Light sattvic snacks (chikki, puffed rice)

Medicines And First Aid Kit

- Diamox (for shrines above 3,500m — consult doctor)
- Paracetamol / Ibuprofen
- Antacids
- Antiseptic cream + bandages
- Blister pads
- ORS sachets (double up here)
- Cold & cough tablets
- Optional: Muscle relief spray

Personal Care

- Biodegradable soap & shampoo
- Toothbrush & toothpaste
- Hand sanitiser
- Wet wipes
- Personal hygiene items
- Toilet paper + trowel
- Small pouch for puja offerings (flowers, prasad, etc.)

Documents Required

- Original Government-issued photo ID
- Photocopy of ID
- Yatra Registration Card (Char Dham biometric card if applicable)
- Trek/yatra booking confirmation
- Emergency contacts (printed)
- Passport-size photos (2–4 copies for registrations)
- Travel insurance documents

Terms & Conditions / Cancellation / Refund Policy

• TrekOTrip – Terms & Conditions

1. Booking & Confirmation

- Booking is confirmed only upon receipt of the required advance/payment as communicated by TrekOTrip.
- Full payment must be completed prior to departure as per the payment schedule shared.
- All passengers must provide valid ID proof and required documents at the time of booking.

2. Non-Refundable Service Fee (Mandatory Clause)

A fixed amount of INR 3,500 (Rupees Three Thousand Five Hundred only) per person shall be charged as a non-refundable service and processing fee for this tour.

This amount is strictly non-refundable under any circumstances, including but not limited to:

- Cancellation initiated by the client (voluntary cancellation)
- Medical reasons, personal emergencies, or inability to travel
- Delay, cancellation, or rescheduling due to weather conditions
- Natural disasters such as landslides, floods, earthquakes, or cloudbursts
- Force majeure events, including war, political unrest, strikes, government restrictions, pandemics, or travel bans
- Cancellation or disruption of flights, permits, or accommodations by third-party vendors

The above amount of INR 3,500 per person shall be deducted first and in full, before applying any other applicable cancellation/refund policy.

3. Cancellation & Refund Policy

Apart from the non-refundable amount mentioned above, remaining refunds (if any) shall be processed as per the standard cancellation policy :

- Cancellation before 25 days of the travel date a deduction of ₹3,500 per person will be applied from the booking amount. The remaining balance will be refunded.
- Between 24 and 15 days of departure - 50% of tour cost
- Between 14 and 10 days of departure - 80% of tour cost
- Between 09 and prior to date of departure - 100% of tour cost
- In case of no show - 100%

- Tour Date Change / Batch Shifting Policy: Any request by the client to shift or postpone the booked tour to another date will incur a non-refundable charge of ₹3,500 per person.
- Refund timelines may vary depending on third-party vendors and banking processes.
- No refund shall be provided for any unused services after the commencement of the tour.
- It is understood that any expenses e.g. hotels, meals, transport, telephone calls, repairing of vehicle etc) relating to the unscheduled extensions like natural calamity, break down of vehicle, any other delays which is beyond our control will be bear by the passengers and no refund will be given in any such scenario.

4. Force Majeure Clause

- TrekOTrip shall not be held liable for any cancellation, delay, or alteration caused by events beyond its control, including but not limited to:
- Natural calamities
- War, civil unrest, or terrorism
- Government orders, restrictions, or regulatory changes
- Epidemics or pandemics
- In all such cases, the non-refundable amount of INR 3,500 per person remains applicable without exception.

6. Health & Fitness / Insurance

- Any medical condition must be disclosed in advance. TrekOTrip shall not be responsible for health-related issues arising during the tour.
- In case of any injuries/illness during the trip/activity, TrekOTrip as a Tour operator or any of our local staff will not be responsible
- **We do not have any Insurance policy covering the expenses for accident, sickness**, loss due to theft or any other reason. Guest are advised to seek such Insurance in advance.

7. Responsibility & Liability

- TrekOTrip acts as a facilitator between clients and service providers (hotels, transport, etc.).
- We shall not be held responsible for any loss, injury, delay, or damage caused due to third-party services.

8. Itinerary / Tour Trek Price Changes

- The itinerary is subject to change due to weather, operational feasibility, or government regulations.
- Clients are required to remain flexible and cooperative in such situations.
- Please note that after the finalization of the Tour/ service Cost, if there are any hike in entrance fees of monuments / museums, Taxes, fuel cost or guide charges - by Govt., the same would be charged as extra.
- All the sightseeing is strictly subjected to weather condition and guidelines issued by the government or local authorities.

9. Acceptance of Terms

- By confirming the booking, the client acknowledges that they have read, understood, and agreed to all the above terms and conditions, including the mandatory non-refundable fee of INR 3,500 per person.





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