

Friendship Peak : 5n/6d

EMI Option available

(Starting from 24500 INR)

📅 Sat, 3rd Oct

📅 Sun, 4th Oct

📅 Wed, 7th Oct

📅 Thu, 8th Oct

📅 Mon, 12th Oct

📅 Tue, 13th Oct

📅 Sun, 18th Oct

📅 Mon, 19th Oct



Friendship Peak : 5n/6d

Introduction

OVERVIEW

Prepare for an exhilarating climb to Friendship Peak, nestled at an elevation of 5289 meters in the Pir Panjal range. Surrounded by towering peaks of the Dhauladhar and Pir Panjal ranges, this short yet challenging expedition promises breathtaking views of iconic mountains like Mt. Hanuman Tibba, Shitidhar Peak, Mt. Deo Tibba, and more. Prior high-altitude climbing experience and proficiency in snow trekking are prerequisites, as you'll navigate snow-covered terrain and employ basic mountaineering equipment under expert guidance.

SUMMARY

Trek Start Location	Manali
Trek End Location	Manali
Base Camp	Dhundi
Trek Start Time	10:00 AM on Day 1
Trek End Time	3:00 PM on Day 6
Trek Duration	5 Nights / 6 Days
Trek Difficult	Moderate to Difficult
Trek Distance	38 Kilometers approx
Trek Height	5289 Meters
Best time to do this trek	May, June, August to October
Temperature	Day time- 12 degrees to 18 degrees, Night- (-7 to 3 degrees)
Age Group Required	Between 16 to 45 Years (No age bars for champions)

Booking Link : <https://trekotrip.com/trek/friendship-peak-5n-6d-015028>

Price

Type	Price
Friendship Peak 5n/6d	INR 26000
Friendship Peak 4n/5d	INR 24500

SHORT ITINERARY

Day 01: Arrival in Manali and Drive to Solang Valley Camp
Day 02: Drive from Solang Valley to Dhundi and Trek to Bakarthach/Luhali thach
Day 03: Trek from Bakarthach/Luhali Thach to Lady Leg Base Camp
Day 04: Trek from Lady Leg Base Camp to Summit Camp
Day 05: Trek from Summit Camp to Friendship Peak Summit and Back to Lady Leg Base Camp
Day 06: Trek from Lady Leg Base Camp to Dhundi and Drive to Manali

DAY WISE ITINERARY

Day 01: Arrival in Manali And Drive to Solang Valley Camp

Drive Distance: 14 Km | Drive Duration: 30 Mins

- **Meeting Point:** Manali Mall Road
- **Pickup Time:** kindly confirm one day before travel date if we are staying in Solang or Manali

- All the trekkers will meet at Manali Mall Road and drive to Solang Valley campsite.
- During the Friendship Peak Expedition we have luxury camps, 12x12 rooms with a bedding system, attached washroom and balcony, and an allotment of tents so that you can relax and freshen up.
- After taking some rest, our instructor will brief you about the whole upcoming journey. In the Friendship Peak Expedition you can **clear all your doubts** regarding the expedition. Check all important **equipment mandatory for trekking**.
- After lunch go for a hike to **Anjani Mahadev waterfall**. This will be followed by an acclimatization walk as it is important to acclimatize the body for the upcoming days of the Friendship Peak Expedition.
- After the hike of 2 hours head back to the campsite
- **Meals** : Tea, snacks & dinner
- **Overnight Stay**: Manali / Solang Valley.

Day 02: Drive from Manali / Solang Valley to Dhundi and Trek to Bakarthach/Luhali thach

Drive Distance: 7 Kms | Drive Duration: 30 Mins | Altitude: 2560 M to 3280 M

Trek Distance: 3.5 Kms | Trek Duration: 2.5 – 3 Hrs

- **Trail Type**: A bit steep in the beginning followed more or less moderate hike until the base camp
- **Difficulty Level**: Easy
- **Water Source**: Fewer sources therefore its recommended to carry 2 liters water per person
- We start our drive to Dhundi after breakfast.
- The trek for the Friendship Peak Expedition begins at Dhundi where we leave the road at Dhundi hydro project and start hiking through the right bank of beas river.
- The trail takes us to a plain meadow after about a 10-15min hike from where the pathway starts getting steep until we reach the ridge line which is covered with deodar forest.
- It is then followed by small **ascends and descends through bushes** further leading to open grasslands with Beas flowing on the left in the Friendship Peak Expedition.
- Following the same trail on this narrow pathway surrounded by wild strawberries to munch on while hiking, we then come across a small river crossing across which lies our **first base camp, Luhali thach**.
- Enjoy a delicious lunch in the lush **green valleys of Beas** and soak in nature during the Friendship Peak Expedition.
- Rest for a while in the assigned tents or relax around nature after which everyone will be gathered for acclimatization walk/ height gain.
- **Acclimatization plays the most vital role** in succeeding to summit any peak or complete any trek as it helps the body to adjust and synchronize with that particular temperature, climate and environment in the Friendship Peak Expedition; without which one's body may react adversely to the altitude gained and one may feel unpleasant, nauseous, headaches and unfit to continue with the expedition/trek.
- Hence, it's mandatory for all the participants to participate actively in all the activities being conducted throughout the course of the expedition.
- Dinner at base camp and sleep under the blanket of million stars as part of the Friendship Peak Expedition.

Day 03: Trek from Bakarthach/Luhali Thach to Lady Leg Base Camp

Trek Distance: 4 kms Approx | Trek Duration: 3-4 Hrs | Altitude: 3280 M to 3840 M

- **Trail Type**: Steep climb
- **Difficulty Level**: Easy to moderate
- **Water Source**: 1-2 seasonal sources
- Wake up to birds chirping and the river mildly roaring to a view of lush green surroundings walled up by mighty Dhauladhar with its enormous snow capped peaks kissing the heavens. During the Friendship Peak Expedition, enjoy breakfast in the wild, pack up and begin with today's hike through the **beautiful meadows**.
- The climb keeps getting more and more steep with every progressing step. After an hour or two of climbing through this section on the Friendship Peak Expedition, we come across a small rocky patch which leads us to the **base of the lady leg ridge**.
- Keep following the trail up to the ridge line and we're now faced **with plain meadows**, hike for 5-7 more minutes and you will see your campsite. On the Friendship Peak Expedition, enjoy lunch with a magnificent view of the summit surrounded by 6000er peaks all around.
- Establish/ check into the tents, rest for some time and get ready for introduction to the equipment, mountain terminologies and **do's & don'ts of mountains and camping followed by an integrated acclimatization walk and snow training**. The Friendship Peak Expedition encourages you to hydrate yourselves with some hot soup and delicious dinner.

Day 04: Trek from Lady Leg Base Camp to Summit Camp

- **Trail Type:** Steep climb through rocky section and barren ridge line
- **Difficulty Level:** Easy to moderate
- **Water Source:** 2-3 streams in first stretch of the climb

- Leave for advance base camp after breakfast. During the Friendship Peak Expedition the path is through **moraines** and goes across several small streams for about 200 Mts after which the trail starts getting steep.
- The trail is well distinguished and leads to a huge cairn on the top of the ridge, behind which is the base camp.
- In the Friendship Peak Expedition establish tents and settle in. Lunch is served; make sure not to skip meals as otherwise one might not feel strong enough to push for the summit at midnight. For the Friendship Peak Expedition get ready for the last acclimatization walk and training.
- Equipment is assigned and everyone is trained well enough for the last time about how it is to be utilized. In the Friendship Peak Expedition today dinner will be served early at around 5-6pm after which we sleep for 5-6 hrs.
- Wake up at around 11:30pm and get ready with all the equipment, have a light meal and get ready for summit push **by at least 12- 12:30am.**

Day 05: Trek from Summit Camp to Friendship Peak Summit and Back to Lady Leg Base Camp

Trek Distance: 12 Kms Approx | Trek Duration: 10-12 Hrs | Altitude: 4300 M to 5289 M

- **Trail Type:** Steep climb through moraine and snow
- **Difficulty Level:** Moderate to difficult
- **Water Source:** Fewer sources therefore carry at least 2lt per person
- This is the last climb and therefore the most grueling part of the expedition. The initial section during the Friendship Peak Expedition is through moraines (June-October) which further advances into snow.
- The climb is long and demands a strong body as well as mind. After traversing in the snow for about 3-4 hrs during the Friendship Peak Expedition, we reach the first Col at almost sunrise. **Col is a viewpoint from where we can enjoy the mesmerizing beas valley in the south to shimmering dhauladhar range in the south east.**
- **Hanuman Tibba** during the Friendship Peak Expedition is standing tall in all its glory in the west turning from orange to yellow as the sunlight fills. Enjoy the once in a lifetime opportunity to experience the sunrise from 4800+ mt altitude.
- Resume the trek by climbing up the ridge in the north for about 100 Mts, **then start traversing left for another 300 mts** during the Friendship Peak Expedition. Here we again start climbing up after crossing the first crevasse very carefully. It is at this point during the Friendship Peak Expedition that the summit, our desired destination, comes into sight. After climbing for another hour, we reach the shoulder from where we again traverse a bit Head left and climb the ridge, continuing on the ridge that takes you to the summitsummit.
- Enjoy your time at the summit during the Friendship Peak Expedition; relish the surroundings and a panoramic view of the peaks of lesser Himalayan ranges. Capture some memories and descend back to the lady leg base camp during the Friendship Peak Expedition. Rest and rejuvenate in the base camp.

Day 06: Trek from Lady Leg Base Camp to Dhundi & Drive To Manali

Trek Distance: 7.5 Km Approx | Trek Duration: 3-4 Hours

Drive Distance: 22 Kms | Drive Duration: 1-1.5 Hrs

- **Trail Type:** Steep descend
- **Difficulty Level:** Easy to Moderate
- **Water Source:** 2-3 water sources
- Today is our last wrap up day of the expedition. Wake up early and delight in the serene surroundings for one last time during the Friendship Peak Expedition. Collect as many memories as possible as that is all that remains after the actual experience ends.
- Descend **back to Dhundi by 1-2pm** where the cabs are waiting to be boarded to drive you back to Manali after completing the Friendship Peak Expedition.
- Our journey ends here at **approx 2-3pm.**

INCLUSIONS

- Permissions of local authorities and entry fees fees.

- Trekking insurance of our Trekkers.
- Permission of IMF.
- Hygienic food during the Expedition from day 1 Lunch to last day breakfast in lady leg Campsite, We offer veg and eggs as per trekkers choice.
- Well-trained and certified climbing instructors.
- Transportation from Manali to Dhundi and Dhundi to Manali as per we mentioned in itinerary.
- Comfortable stay in some/alpine tents during the expedition.
- Camps will be provided on 3 sharing basis, we also provide tents on 2 sharing basis with some additional fees.
- Oxygen cylinders and fully equipped first aid box.
- All the important trekking things such as sleeping bags, mattresses, tents, dining tents, utensils, and kitchen tents.
- Mule/porter for common equipment.
- TrekOTrip will provide Achievement Certificates to the participants who summited Mt. Friendship Peak.
- Lifetime sweet memories with team TrekOTrip

Included technical equipment that we provide:

- Climbing ropes, Static and dynamic.
- Helmet for head protection.
- Ice Axe for balance, cutting, probing, extra security, support.
- Harness, Carabiners for extra safety
- Mountaineering Boots And Crampons to improve mobility on snow and ice during ice climbing.
- Descender, Jumar, Pitons, siling (if required)

EXCLUSIONS

- Any personal expenses.
- Stay of last day in Manali hotel.
- Porter for personal belongings.
- Any item not mentioned in includes section.
- Personal trekking equipment like, trekking pole, trekking shoes, jacket, trek pants, and backpack etc.
- Any Sightseeing
- Taxes @5% extra.

THINGS TO CARRY

- Wind & Waterproof Jacket 1, Down Jacket 1, Fleece Jacket 3, Collared Full Sleeve T-Shirt 3.
- Warmer / Thermal 1 (Top & Lower)
- Woolen Cap 1, Sun Cap/Hat 1, Neck Warmer 1, Woolen Gloves 2, Waterproof Gloves 1, Working Gloves 1.
- Warm socks 3, Woolen Socks 2, Trek Socks 2,
- Poncho / Rain suit 1 (Mandatory)
- Waterproof Trekking Shoes with good grip .high ankle.
- Sunscreen Lotion, Lip Balm/Lip Guard.
- Personal Medicines, please take advice from medical practitioners, Inhalers if any suffer from asthma or other.
- Water Bottle 2 (Mandatory) 1 Thermos flask if possible.
- Head Lamp 2 with 4 extra pairs of Batteries (Mandatory).
- Power Bank to charge your Mobile phone and Digital Camera.
- Personal Toilet Kit, Early Towel and Toilet Paper, etc.
- UV-protected Sunglasses (Mandatory).
- Trekking Pant 2, Climbing Pants 1 (both Mandatory).
- Rucksack (Min 70 liters) with rain cover.
- Daypack 15 Ltrs for day usage.
- Dry Ration you can take (Protein Bars, Dry Fruits, Chocolates, etc) most important the Adventure Spirit.

Mandatory Documents

- Government-issued Address Proof (Voter ID, Aadhaar, Driver's License, Passport)
- Signed Disclaimer Form (will be shared after the booking)
- Medical Certificate from any Registered Practitioner (MBBS).
- Passport and visa required for Non-Indians.

TERMS & CONDITIONS / CANCELLATION / REFUND POLICY

1. Booking & Confirmation

- Booking is confirmed only upon receipt of the required advance/payment as communicated by TrekOTrip.
- Full payment must be completed prior to departure as per the payment schedule shared.
- All passengers must provide valid ID proof and required documents at the time of booking.

2. Non-Refundable Service Fee (Mandatory Clause)

A fixed amount of INR 3,500 (Rupees Three Thousand Five Hundred only) per person shall be charged as a non-refundable service and processing fee for this tour.

This amount is strictly non-refundable under any circumstances, including but not limited to:

- Cancellation initiated by the client (voluntary cancellation)
- Medical reasons, personal emergencies, or inability to travel
- Delay, cancellation, or rescheduling due to weather conditions
- Natural disasters such as landslides, floods, earthquakes, or cloudbursts
- Force majeure events, including war, political unrest, strikes, government restrictions, pandemics, or travel bans
- Cancellation or disruption of flights, permits, or accommodations by third-party vendors

The above amount of INR 3,500 per person shall be deducted first and in full, before applying any other applicable cancellation/refund policy.

3. Cancellation & Refund Policy

Apart from the non-refundable amount mentioned above, remaining refunds (if any) shall be processed as per the standard cancellation policy :

- Cancellation before 25 days of the travel date a deduction of ₹3,500 per person will be applied from the booking amount. The remaining balance will be refunded.
- Between 24 and 15 days of departure - 50% of tour cost
- Between 14 and 10 days of departure - 80% of tour cost
- Between 09 and prior to date of departure - 100% of tour cost
- In case of no show - 100%
- Tour Date Change / Batch Shifting Policy: Any request by the client to shift or postpone the booked tour to another date will incur a non-refundable charge of ₹3,500 per person.
- Refund timelines may vary depending on third-party vendors and banking processes.
- No refund shall be provided for any unused services after the commencement of the tour.
- It is understood that any expenses e.g. hotels, meals, transport, telephone calls, repairing of vehicle etc) relating to the unscheduled extensions like natural calamity, break down of vehicle, any other delays which is beyond our control will be bear by the passengers and no refund will be given in any such scenario.

4. Force Majeure Clause

- TrekOTrip shall not be held liable for any cancellation, delay, or alteration caused by events beyond its control, including but not limited to:
- Natural calamities
- War, civil unrest, or terrorism
- Government orders, restrictions, or regulatory changes
- Epidemics or pandemics
- In all such cases, the non-refundable amount of INR 3,500 per person remains applicable without exception.

5. Health & Fitness / Insurance

- Any medical condition must be disclosed in advance. TrekOTrip shall not be responsible for health-related issues arising during the tour.
- In case of any injuries/illness during the trip/activity, TrekOTrip as a Tour operator or any of our local staff will not be responsible
- **We do not have any Insurance policy covering the expenses for accident, sickness, loss due to theft or any other reason.** Guest are advised to seek such Insurance in advance.

6. Responsibility & Liability

- TrekOTrip acts as a facilitator between clients and service providers (hotels, transport, etc.).
- We shall not be held responsible for any loss, injury, delay, or damage caused due to third-party services.

7. Itinerary / Tour Trek Price Changes

- The itinerary is subject to change due to weather, operational feasibility, or government regulations.
- Clients are required to remain flexible and cooperative in such situations.
- Please note that after the finalization of the Tour/ service Cost, if there are any hike in entrance fees of monuments / museums, Taxes, fuel cost or guide charges - by Govt., the same would be charged as extra.
- All the sightseeing is strictly subjected to weather condition and guidelines issued by the government or local authorities.

8. Acceptance of Terms

- By confirming the booking, the client acknowledges that they have read, understood, and agreed to all the above terms and conditions, including the mandatory non-refundable fee of INR 3,500 per person.





CONTACT

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